

Cheryl Carlevato, R.N.
Saginaw County
Community Mental Health Authority
500 Hancock
Saginaw, MI 48602
989-797-3429
ccarlevato@sccmha.org

Barbara Leo, LMSW
Laura Izzo, LLBSW
A & D Home Health Care, Inc.
3150 Enterprise
Saginaw, MI 48603
800-884-3335
989-249-0929

Catherine A. Macomber, MSW
Michigan State University College of Human Medicine
Curriculum Development Specialist
209 Cornell
Saginaw, Mi 48604



Comfort Touch Elder Massage

The Essentials
of
Compassionate
Touch

Eileen Sesko B.S., CMT

Friday,
February 10, 2012
3:00pm-4:00pm

Butman-Fish Library
1716 Hancock Saginaw

Comfort Touch Elder Massage: The Essentials of Compassionate Touch

February 10, 2012

3:00pm - 4:00pm

Butman-Fish Library

1716 Hancock, Saginaw

Meeting Room

Compassionate Touch is a hands on complementary approach for elders combining one-on one individual attention, sensitive massage with specialized communication skills. The goal is to enhance quality of life for those persons in later life stages.

Learning Objectives are:

- Identify the purpose and components of nurturing touch
- Describe how compassionate touch makes a difference in the lives of residents, staff and family
- Identify the benefits of massage
- Identify the impact of Compassionate Touch to persons with challenging behaviors, restlessness, agitation and wandering

Eileen Sesko has a BS from Saginaw Valley University in Sociology & Gerontology. She has 15years experience working with elderly persons as Social Service & Behavioral Management Director in LTC. She is a Certified *Compassionate Touch Practitioner* and a member of the Michigan Hospice and Palliative Care Org. She has provided massage therapy for over 8 years as a Certified Massage Therapist.

This one hour training is appropriate for nurses, social workers, direct care staff, case managers and any other staff working in acute care and long term care settings who would like to learn about nurturing touch principles and concepts.

REGISTRATION INFORMATION

There is no fee for attending this presentation however -

Advance registration is required by 5:00pm Thursday February 9, 2012.

To register by phone:

Cheryl Carlevato - 989-797-3429

To register by e-mail :

ccarlevato@sccmha.org

(Should you require any special accommodations such as mobility assistance, please let us know at time of registration. Every attempt will be made to honor your special needs request.)

AGENDA

2:45pm - 3:00pm

Sign in and welcome

3:00pm - 4:00pm

Presentation

Evaluations

Certificate of Attendance will be provided to each participant. There are no continuing education credits/hours for this program.

The East Central Michigan LTC Best Practice Group is a group of local persons who desire to advance and advocate for the needs of persons residing in long term care facilities. We support *person centered best practices* and programs with strategies that enable residents/customers and staff to have meaningful relationships in a home-like environment created by persons served.

If you would like information on how to become more involved in the ECMi LTC Best Practice Group contact:

Cheryl Carlevato 989-797-3429 or at ccarlevato@sccmha.org

The ECMi LTC Best Practice group does not represent a local agency, facility or any provider of healthcare delivery or long term care services.