

Psychopharmacology
Guidelines for
Individuals with Co-
Occurring Mental
Health and Substance
Use Disorders

January 7, 2009
6:00pm - 8:00pm
Davenport Grill, Saginaw

Please indicate your dinner
choice when you RSVP to
Linda at 989-797-3445 or
by email at
lwilliams@sccmha.org

Breast of Chicken Roulade
with asparagus, shiitake
mushrooms and blue cheese
center finished with a red
pepper and cracked black
pepper hollandaise

Prime Rib of Beef
slow roasted with a pep-
percorn and herb crest, fin-
ished with onion jus

**Wild Mushroom and
Boursin Cheese Cannelloni**
sautéed woodland mush-
rooms, chives and garlic
Boursin filled pasta with sun-
dried tomato and basil
sauce

**Please register by
December 30, 2008**

Davenport Grill is a barrier
free facility.

Saginaw County Community
Mental Health Authority
500 Hancock
Saginaw MI 48602

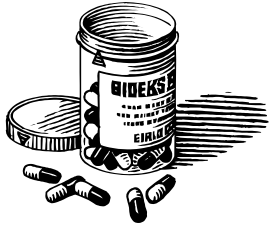
Saginaw County
Community Mental
Health Authority

**Psychopharmacology
Guidelines for
Individuals with Co-
Occurring Mental
Health and
Substance Use
Disorders**

**Presented by
Kenneth Minkoff,
MD**

Wednesday,
January 7, 2009
6:00pm–8:00pm
Davenport Grill
3325 Davenport,
Saginaw, MI

Why you will want to attend this seminar



SCCMHA, in accordance with state and evidence-based practice fidelity standards, requires co-occurring training for all practitioners, including psychiatrists involved in dual disorder treatment. SCCMHA highly recommends ongoing dual disorder or co-occurring education for all physicians associated with mental health service provision.

This two hour seminar will provide psychiatrists with information that includes:

- Principles of successful treatment
- Assessment of individuals with co-occurring disorders
- Determination of treatment needs
- Psychopharmacology practice guidelines
- Safety
- Stabilization of serious mental illness
- Strategies for sobriety

Dr. Kenneth Minkoff, M.D.
Clinical Assistant Professor of Psychiatry,
Harvard Medical School
Senior Systems Consultant, ZiaLogic

Kenneth Minkoff, M.D. is a board-certified psychiatrist with a certificate of additional qualifications in addiction psychiatry; a dedicated community psychiatrist, and currently is a clinical assistant professor of psychiatry at Harvard Medical School. He is recognized as one of the nation's leading experts on integrated treatment of individuals with co-occurring psychiatric and substance disorders, and on the development of integrated systems of care for such individuals, through the implementation of a national consensus best practice model for systems design: the Comprehensive Continuous Integrated System of Care, referenced in SAMHSA's Report to Congress on Co-Occurring Disorders.

Dr. Minkoff is a member of the Committee on Psychiatry and the Community for the Group for Advancement of Psychiatry (1982–present), and chaired the committee for the report entitled: *A Resident's Guide to the Treatment of People with Chronic Mental Illness* (1993). He is also a fellow of the American Psychiatric Association, and a member of the American Academy of Addiction Psychiatrists.



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY

Target Audience

Physicians and others in the medical field interested in becoming more familiar with the successful treatment of individuals with co-occurring mental health and substance use disorders.

Activity Goal and Workshop Description

Provide an overview of the problem of “dual diagnosis” and then identify principles of successful treatment intervention derived from available research on evidence-based best practices.

Based on the principles of successful treatment intervention, and strategies of assessment, this session will describe systematic practice guidelines for psychopharmacologic intervention with individuals with co-occurring mental health and substance use disorders, including both general strategies, as well as strategies for treating various diagnoses and using specific classes of medication such as benzodiazepines.

Learning Objective

1. To become familiar with the eight principles of successful treatment for individuals with COD, and their application to psychopharmacology.
2. To understand how to perform integrated longitudinal strength-based assessments in order to establish diagnoses and treatment strategies.
3. To be able to apply evidence-based strategies for psychopharmacologic practice for individuals with various combinations of psychiatric and substance disorders.

Two AMA PRA Category 1 Credits™ are pending.