

SCCMHA Provider Network Newsletter

OCTOBER 2010 Volume 9, Number 5

SCCMHA vision -- "A belief in potential, a right to dream, an opportunity to achieve"



First Choice of Saginaw Update

The sixth (6th) year fund raising campaign continues until early December 2010. Thanks to all of the supporters of First Choice all year long!

Several fundraising events are still planned yet this year:

- **Sunday, November 7th, 9 am – 9 pm, fundraiser at all three Bob Evans Restaurants** (15% of all sales go to FC including gift cards purchases, you must PRESENT THE FC/BE FLYER!!! from SCCMHA or the FC of Saginaw website (also attached to this newsletter) to get the donation credit, absolutely no solicitations are allowed at the restaurants on the day of the event!
- **Friday, November 19th, 8:30 am – 1 pm, 500 Hancock Lobby - CRAFT & BAKE SALE** (contact Dawn Estrada or Maria Kulick by November 18th if you plan to bring something or can assist during the event)
- **Friday, December 3rd, 12 Noon – 1pm, USED/DONATED JEWELRY SALE, 500 Hancock Lobby** (contact Ginny Reed or Jennifer Tomaszewski if you have donations of costume jewelry in good condition.)

All in-kind donations for these events or financial donations at any time to First Choice of Saginaw are tax deductible. All funds are raised by volunteers and donors. Gift cards are issued to selected adult residential recipients in December each year. Last year 318 persons received gift cards at SCCMHA from First Choice of Saginaw. Case managers, supports coordinators and residential homes will be contacted soon for recommended card recipients before Thanksgiving. Adults living in residential settings are the core recipient group, in the past unsolicited requests for persons living in SIP settings have been received; this year we will formally accept SIP related requests for consideration as well.

Also mark your calendars for **Tuesday, December 14th, 1:30 – 4 pm, SCCMHA lower level, FIRST CHOICE OF SAGINAW ANNUAL GIFT CARD & COOKIES EVENT**, all card recipients who have been notified of their selection and other home consumers and staff are welcome to attend. (If you can assist with this event by donating cookies or with event set up or clean up, contact Jennifer Tomaszewski.)

UPCOMING LEARNING LINKS SESSIONS

Tuesday, November 9th – 10 am, Room 142 – **Autumn Consumer Crafts**, Annie Midcalf

Tuesday, November 23rd – 4 pm, Room 142 – **Winter Consumer Crafts**, Annie Midcalf

(All materials for these sessions will be provided, consumers do not need to RSVP or bring anything with them.)

Tuesday, December 7th, 10 am and 4 pm (2 sessions), Room 142 – **Holiday Greeting Cards**

(Note: December has only one Learning Links date, please only plan to attend one session as both will be the same activity.)

These regular consumer education sessions are sponsored by the Customer Services Department at SCCMHA. Please note that times may vary and the schedule is subject to change so please check before the scheduled event to confirm. Both consumers and staff are welcome to attend.

Whenever flyers are available for the coming sessions' specific topics, they are included with this newsletter for posting. SCCMHA asks that residential providers assist interested consumers to attend these informative and enjoyable sessions. Contact Customer Services at 797-3452 or Mark Leffler at 797-3436 (or mleffler@sccmha.org) directly for details, or to suggest topics or speakers. All suggestions are welcomed!

CONSUMER HOLIDAY EVENTS

In addition to the LL craft events and the First Choice of Saginaw gift card dissemination event described above, other planned consumer holiday events include:

SAID holiday event, Thursday, December 16th, 6 – 8 pm
Celebration Hall on Wheeler

Bayside Clubhouse holiday event, Friday, January 14th, 12 noon
Peace Lutheran Church on Adams

Watch for more details including RSVP contacts soon for both holiday events.

SAGINAW SAMHSA GRANT ANNOUNCED

SCCMHA received exciting word in September that the December 2009 application for a multi-year, multi-million dollar Substance Abuse and Mental Health Services Administration grant for children's mental health was funded beginning October 1, 2010. Along with public and private partners and supports, including Association for Children's Mental Health, and DHS, court, school and law enforcement and family and youth representatives, SCCMHA has been engaged in children's System of Care development for several years. The grant will greatly enhance and support this system, bringing together a broad-based coalition of service organizations, and target 500 Saginaw County children with serious emotional disturbance and their families. The grant will infuse \$9 million in federal funds to move this effort forward, and in the future expand the services and supports available to young people ages 6 to 21, including evidence-based practices focused transformation of local service delivery systems. This grant is one of nine funded across the nation and the only one funded in Michigan this year.

FROM THE CEO DESK

Advocacy Help Mitigates the Size of State Budget Cuts for FY 2011

The friends of SCCMHA and mental health advocates across the state got the job done with regard to blocking the proposed CMH General Fund cuts of \$54 million in the 2011 Michigan Department of Community Health Budget. All of the phone calls, emails and letters really helped and I thank you most sincerely. Our cause was assisted by additional federal stimulus money from Washington DC which plugged holes in the School Aid Fund so that state GF could then be moved over to help other state funded services like CMH. In the end, the 2011 State budget cuts to our CMH system state-wide totaled \$5.4 million, instead of the worst case scenario of \$54 million. In addition, the funding formula to most fairly spread the cut across the 46 Community Mental Health Service Programs that was first used in FY 2010 will be used again for FY 2011 and that is more good news for SCCMHA.

On the Medicaid side of our business, the certified rates for FY 2011 have just been received and the Finance Department is analyzing the rate information to see how we ended up. There was a 1.4% increase state-wide for actuarial soundness as per the federal managed care rules, but complicated formulas applied to the base increase will determine how much, if any we will see of the 1.4% increase. Overall this means that at least for now funding is stable, we have thank goodness, dodged the cataclysmic proposal of a \$54 million dollar GF reduction. Whether or not our new governor will insist upon any new cuts mid FY 2011 remains to be seen. Lansing budget insiders describe the prospects for the FY 2012 state budget forecast as dismal at best and a train wreck at worst. This disturbing state budget forecast, however is a worry for another day.

Balancing the Budget FY 2010 and 2011

With regard to the 2010 SCCMHA Budget, yes we will balance as the *Saginaw*

News reported following our Public Hearing on September 23rd. The SCCMHA Board of Directors has also passed a Preliminary FY 2011 - 2013 Multi Year Budget that also is in balance. However, inside that balanced budget are assumptions about program element changes and utilization that we must make operational, starting in the first quarter of the current year (October – December) or we will not balance and we still have no reserves to fall back on. The bottom line is that we did not go over the cliff as we close 2010 but we are still way too close to the edge. The 2011 program priorities to ensure a balanced budget include aggressive utilization management of 1) state facilities to reduce days of care, 2) local hospitals to reduce days of care, and 3) community living supports.

If you are interested in the presentation from the September 23rd, SCCMHA and TAPS Public Hearing, which includes the budget itself as passed by our Board of Directors and the 2010 SCCMHA Accomplishments and the Values the 2011 Preliminary Budget was based upon and information about future funding uncertainties, you can find the Power Point Presentation on our website at the "From the CEO" page <http://intranet.sccmha.org/from-the-ceo/index.html>

Farewell to Dr. Renee Thomas Clark and Rethinking Psychiatric Service

The biggest change for us at present and I am sure you will agree will take some getting used to, is the departure of our beloved colleague and Medical Director, Renee Thomas Clark, DO. We want to see her happy of course as she heads to Erie, Pennsylvania for her faculty position in a new child psychiatry fellowship. However, we will all miss her more than I can certainly express here. The central Michigan psychiatric community will also miss her leadership and talents without a doubt. However with change comes opportunity.

I have known for the longest time that Dr. Clark was leaving SCCMHA and I had the chance to spend some time thinking and planning for just how we would find a new medical director and what changes we might make simultaneously to evolve the way we use psychiatric services. Together with members of senior management, I wanted to explore specifically how our clinics use doctor time and how our care management functions and others, like behavior and risk management functions maximize the skills of psychiatry in the future. In addition, we have also wanted to improve our relationship with both the general medical community and enhance the presence of psychiatry in our community for some time now and we needed outside help to move this agenda forward.

The solution for a pathway to attend to all of these matters has come in an expanded relationship with the Synergy Medical Education Alliance, most typically referred to as Synergy. The Synergy organization is responsible for the training of physicians in our medical community including subspecialties like psychiatry. In fact, the new psychiatric residency program at Synergy is at present, building a psychiatric faculty of physicians that also will provide psychiatric services to community agencies and hospitals by contract. If you have had the pleasure of meeting or working with Philip Creps, DO, you may know that he is a Synergy child psychiatrist working with us in the children's service area. If you have met nurse practitioner, Kay McLaren, NP, you may not have been aware that she too joins our clinic schedule from Synergy.

Synergy is actively working to recruit new psychiatrists to Saginaw to both teach and deliver services. We want to be a part of that future and once the psychiatric residency program begins in 2012, SCCMHA will hopefully become a teaching site for psychiatry as will the two emergency care centers in Saginaw at St. Mary's and Covenant hospitals and Health Source Saginaw will be the inpatient training site.

The first step in our plan is to cover the clinic hours that were Dr. Clark's will be additional time from Dr. Philip Creps. The other managed care and behavior and risk management committee functions will be covered by Ali Ibrahim, MD who is also our new acting Medical Director. Dr. Abraham is actually the Synergy Medical Director too, but he has agreed to serve in our Medical Director role, while he searches for just the right psychiatrist to fill this position long term. In his role with us, he will get to learn all about the functioning of public community mental health, our mission and core principals and the specific populations that we serve to better understand what we need from a medical director well into the future. His work with us will in turn assist him in understanding and planning for how a residency training site here at SCCMHA would work. Of course, we continue to appreciate the work and partnerships of Gary Vize, MD, and Jae Cho, MD and all of the many psychiatrists throughout our network who provide services and supports for consumers we serve.

SAMHSA Funds Children's Mental Health/System of Care Grant

The very best news of FY 2010 was shared with me in early September when we received written confirmation that Saginaw CMH and our local System of Care partners will become a new federal Substance Abuse and Mental Health Service Administration (SAMHSA) funded site for the Children's Mental Health Initiative/ System of Care (SOC) grant.

Over the next 6 years, starting this month, the plan outlined in our grant application to SAMHSA last December, to further develop the Saginaw Children's Mental Health SOC will commence. SCCMHA Administration together with our new SOC, Acting Director, Brian McHugh, have begun sorting through the start-up details. The funding of \$9 million dollars leveraged by another \$11.5 Million in state and local funds will provide the resources to transform service planning and service delivery with our partners and expand service to 500 kids and their families over the grant period. The targeted population for this project is kids with severe emotional disturbance from 6-17 years of age, involved with multiple service systems and their families.

Our SOC core partner organizations include the Family Division of the 10th Circuit Court, Department of Human Services, intermediate and select local school districts and law enforcement agencies and other human service and contracted treatment agencies. They are as honored as we are, to have had our first SOC application to SAMHSA funded. It is unusual for the first application to SAMHSA for this particular grant funding to be awarded with a first submission and we are subsequently surprised as well as proud because this is such a very rare occurrence. The other really important focus of this project is that it be *family*

driven and youth guided. The strong relationship that we have enjoyed for several years now with the Michigan Association for Children's Mental Health, and in particular our local family and youth leadership groups, really helped our application and these groups will be central to our project success.

An Intense Year of External Audits and Surveys

In addition to budget challenges last year we also were visited by more external audit groups for longer periods of time than ever before this last year and I am pleased and grateful at how well we did across the board. What I will add however is my sincere thanks to all of the staff and providers who led the preparation for these audits and participated in them in both direct and indirect ways. Thank you so much for your help and assistance in preparation and participation with these outside groups.

*With sincerest regards,
SANDRA M. LINDSEY*

Directions At SCCMHA

A brief summary of new projects, events or key notices of potential interest to provider network members:

- The State of Michigan has **restored Medicaid coverage for adult dental, podiatry, and low vision services as well as children's special health care coverage for transportation** for FY 2010 which started October 1, 2010. Consumers are encouraged to seek services this year as needed as soon as possible, as there is some assumption that given the state budget challenges these benefits may not survive into the next fiscal year of 2011 beginning October 1, 2011.
- Contractors are reminded that the end of FY 2010 was September 30, 2010. Now, even more than in the past years, **all service data and claims for FY 2010 need to be submitted to SCCMHA in a timely manner.** Some providers have been financially impacted in the recent past by submitting delinquent claims, where SCCMHA was forced to deny appeals for payment. SCCMHA does not wish to financially harm contractors, but has tight state timelines for both fiscal and service data inclusion after the end of the fiscal year. SCCMHA asks that all contractors take some time to review their completed FY 2010 service data and claims as soon as possible, and routinely do so in 2011 periodically, to ensure that all have been submitted for the fiscal year. SCCMHA, in this critical funding challenged environment, cannot be in a position of attempting to accommodate late claims payments or missing provider service data. Provider attention to this important matter is greatly appreciated at this time of fiscal year end activities, and will ensure good data for SCCMHA and full payments for contractors for authorized services.
- In June, SCCMHA issued the publication, "**A World of Choices**", a guide

to exploring meaningful activities. This guide and workbook is intended to be made available to all consumers of SCCMHA over the coming months. If you would like a copy or copies, you may request hard copies through Dawn Estrada or Linda Williams or print a copy from the SCCMHA website under the community resources tab. Also located on the website under the community resources tab is the revised and updated July 2010 **Licensed Residential Provider Directory**. This is an updated version from the first publication in 2005, and contains not only AFC licensed homes detail for Saginaw County, but also other relevant residential information. Hard copies of this publication are also available from Jennifer Tomaszewski at SCCMHA.

- SCCMHA submitted an update to MDCH on the June 2009 **Application for Renewal (ARR) and Recommitment** September 1; those goals are incorporated in the SCCMHA ongoing strategic plan. As of this progress report, SCCMHA had already partially or fully completed over 50% of the total ARR goals for FY 10 – 14.
- The focus of the recent MACMHB fall conference **included health care reform and integrated health care**. SCCMHA was funded for the adult block grants for FY 2011, including a co-location project with Health Delivery, Inc. the local Federally Qualified Health Center, as well as funds to plan and host a local consumer conference and plan trauma train-the-trainer for the SCCMHA network.
- SCCMHA has been expanding policy detail to better describe **consumer leadership role promotion and development expectations of providers**. During FY 2011 SCCMHA will be expanding audit review tracking of these efforts. All SCCMHA funded teams and program sites are expected to have ongoing and/or ad hoc roles for consumers, that could involve project or topic specific consumer consultation or quality reviews or improvement projects. This was an ARR goal of SCCMHA, to expand such opportunities for consumers, which could include primary or secondary consumers of the SCCMHA network.

Reminders from prior newsletters:

- SCCMHA will publish consumer microenterprise or business advertisements on a regular basis in this newsletter, as well as the SCCMHA Residential News.
- SCCMHA continues to redesign and update the organizational website at www.sccmha.org. While it will continue to be improved upon in the coming months, providers are encouraged to check the website for posted information and news. SCCMHA also welcomes any feedback on any provider document needs that could be accommodated on this website.
- If you have questions or concerns or suspect unethical or illegal behavior in the SCCMHA system, you have an obligation to report such to the SCCMHA Regulatory Compliance HOT-LINE, at 797-3574 or 1-866-223-2435. All providers should have the SCCMHA provided Hot Line notice posted in a visible location for staff information.
- If you have quality concerns or commendations about any service provision area in the network, you should submit a Quality Alert form; you may email jmcculloch@sccmha.org' to submit or request the form.
- All faxed documents for SCCMHA Customer Services or the Office of Recipient Rights (including incident reports) should be sent to 989-797-3595.
- Please direct all inquiries about consumer leadership opportunities at SCCMHA to the Customer Service office.
- All interpretive services needs in the system are to be arranged by SCCMHA Customer Service; while typical SCCMHA prior authorization is not required, Customer Service must verify consumer eligibility for the interpretive services to be paid by SCCMHA.
- Please let SCCMHA know if your contractor contact email address(es) change so that you do not miss any critical SCCMHA notices.
- After business hours, document delivery to SCCMHA is accommodated through the "Drop Box" located directly in front of the 500 Hancock Building. Providers may drop off any sealed and addressed mail at this box which is checked daily by SCCMHA for distribution.
- RSVPs for SCCMHA training may be made to Dawn Estrada; email is preferred at destrada@sccmha.org' or you may leave voice mail at 989-797-3451. Be sure to indicate attendee name, and date and name of training session.
- Please inform SCCMHA when you have changes in key contact person(s), phone numbers, mailing or email addresses, as well as changes in accreditation, licensure or corporate status.
- Check the SCCMHA website, 'www.sccmha.org' for varied information, including past newsletters, forms, etc.
- SCCMHA hosts "Learning Links" generally twice each month. These informational consumer programs are open to SCCMHA providers. Contact the Customer Service office for more information and watch for scheduled topics on a regular basis; times may vary.





SCCMHA supports First Choice of Saginaw - www.saginawfc.org or 989-799-6451

Saginaw County Community Mental Health Authority issues this regular provider newsletter, highlighting areas of importance and interest for all SCCMHA provider network members, including staff and contractors. This bi-monthly newsletter - published in February, April, June, August, October and December - includes important reminders, notices and updates regarding SCCMHA business relevant to all SCCMHA providers of consumer services and supports. Content suggestion or feedback is welcomed from any provider member at any time. Newsletters are also available on the SCCMHA website.

SCCMHA also publishes a bi-monthly newsletter – “SCCMHA Residential NEWS” - in January, March, May, July, September and November for residential contracted providers.

Published by Saginaw County Community Mental Health Authority, 500 Hancock Street, Saginaw, Michigan 48602 ('www.sccmha.org')

*Ginny Reed, Director of Network Services & Public Policy – Editor
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Orientation required for new students & training packets distributed 9am-9:45am</p> <p>Culture Diversity 9:45-10:45am Blood Borne 11am- 12:00pm</p> <p>Recipient Rights 1:00pm - 4:00pm</p>	<p>2</p> <p>Introduction to Residential Services & Person Centered Planning Co-Occurring Disorders 9am-4pm day 1 of 3</p>	<p>3</p> <p>Introduction to Residential Services & Person Centered Planning Co-Occurring Disorders 9am-3pm day 2 of 3</p>	<p>4</p> <p>Introduction to Residential Services & Person Centered Planning Co-Occurring Disorders 9am-1pm day 3 of 3</p>	<p>5</p> 
<p>8</p> <p>Crisis Response Working w/People I, II, Gentle Teaching Trauma Based Services Day 1 of 2 9am-3pm</p>	<p>9</p> <p>Crisis Response Working w/People I, II, Gentle Teaching Trauma Based Services Day 2 of 2 9am-3pm</p>	<p>10</p> <p>Physical Intervention 9am-12 noon Advanced Physical Intervention 1-4pm</p>	<p>11</p> <p>Veteran's Day SCCMHA Closed</p> 	<p>12</p>
<p>15</p> <p>CPR 9am -12:30pm First Aid 1:30-4:00pm</p>	<p>16</p> <p>Blood Borne Pathogens 9am-10am Person Centered Planning 10am-11am Recipient Rights Renewal 11:00am -12:00pm</p>	<p>17</p> <p>Basic Health Day 1 of 2 9am-4pm</p>	<p>18</p> <p>Basic Health Day 2 of 2 9am-3pm Traing Room Reserved</p>	<p>19</p> <p>DC Refresher Pack (PCP, BBP & Rights) Renewals only 9am-12 noon</p>
<p>22</p> <p>Basic Meds Day 1 of 2 9am-4pm</p>	<p>23</p> <p>Basic Meds Day 2 of 2 9am-3pm</p>	<p>24</p>	<p>25</p> <p>Thanksgiving SCCMHA Closed</p> 	<p>26</p> <p>Thanksgiving SCCMHA Closed</p> 
<p>29</p>	<p>30</p>			



S.A.I.D. CHRISTMAS PARTY

**At Celebration Hall
1017 S. Wheeler
Saginaw, MI
Thursday, December 16th, 2010
6:00pm to 8:00pm**

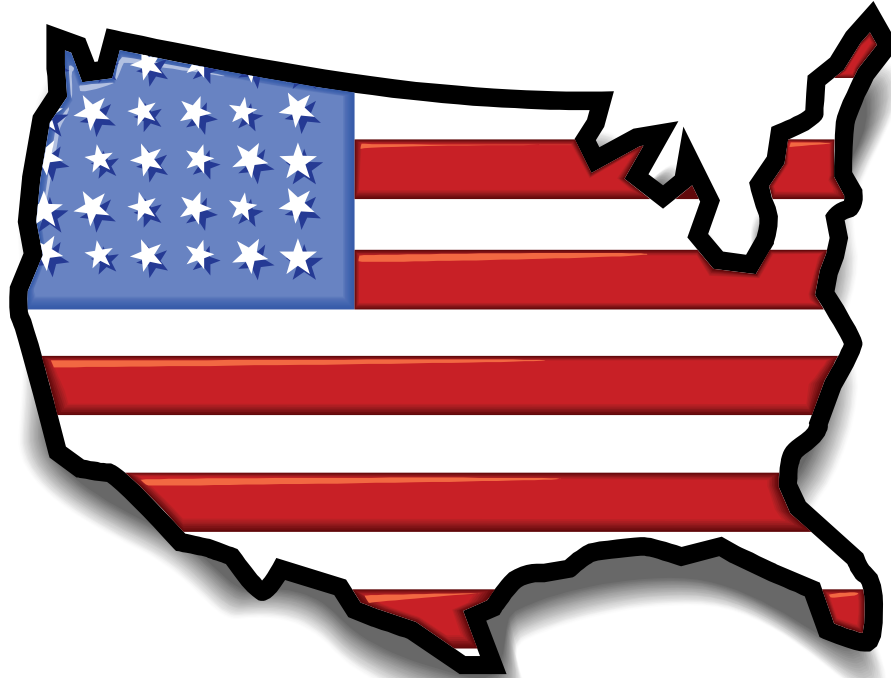
- **Dancing**
- **Dinner**
- **Gifts**

- **A Visit From Santa**

Please have staff or a guardian attend as needed.
There is no transportation provided.

***Must Register by December 10th, 2010 as there are limited spaces available.
To Register call Heather Weiss at (989) 752-6176 ext. 2129***

Election Day



November 2

Don't forget to:

- ***Register to vote before: October 4, 2010***
- ***Apply for absentee ballot before 2 pm: October 30, 2010***
- ***Return your absentee ballot before 8 pm: November 2, 2010***
- ***Get out and Vote (7 am - 8 pm): November 2, 2010***



Friends, Food & Fund Raising!

To Support



Sunday, November 7
9:00 a.m. – 9:00 p.m.

We'll earn 15% of Sales when you present this flier* and dine at

Bob Evans

Birch Run Location

12100 S. Beyer Road

&

Both Saginaw Locations

2832 Tittabawasse Road &

8466 Gratiot Road

on our Community Fun Night.

*Flier must accompany check for donation
Specialty Bread, Whole Pies, Retail items included



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