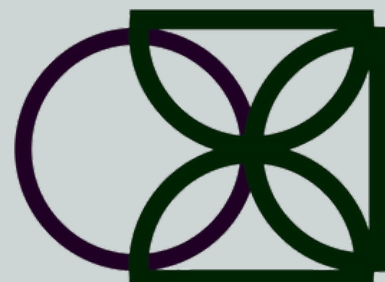


SCCMHA PROVIDER NEWS

March 2024



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A Message from the CEO, Sandra Lindsey

Greetings SCCMHA network members. I hope this message finds you all well. I once again want to thank you all for your efforts and commitment to serving SCCMHA consumers and families as workforce shortages continue. In this issue of our newsletter, I would like to share several updates you may find of interest by subject matter.

SCCMHA Certification by MDHHS as CMHSP

MDHHS recertifies all CMHSPs in Michigan every three years to ensure they meet all of the standards in the Michigan Mental Health Code, under the Administrative Rule 330.2801 for Community Mental Health Service Programs (CMHSP). Our recertification process began many months ago. This process involves the submitting of

SCCMHA policies, procedures, reports, and other documented evidence that we meet all the required standards for CMHSPs.

The Michigan Department of Health and Human Services, Division of Contracts and Quality Management, has reviewed the SCCMHA CMHSP certification renewal application and the related documents we submitted a couple of months ago. On February 22, 2024, we received a letter from MDHHS indicating that our application and the voluminous supporting documentation that we submitted into the MDHHS CRM Portal were determined to meet the specifications for recertification. Related but separate from this activity, but required for full CMHSP Certification, is the successful audit By MDHHS ORR of our Office of Recipient Rights, which will be scheduled by MDHHS ORR sometime next year.

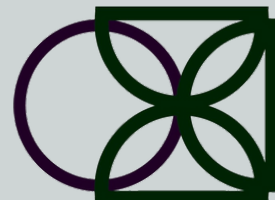
SCCMHA CCBHC Update

The SCCMHA Entitlements Office, the unit responsible for CCBHC consumer enrollment, reported a total enrollment at the end of FY 2023 of 3,810 persons (3,658 Medicaid and 152 Non-Medicaid). The enrollment continues to expand. MSHN pulled enrollment data for the four CMHSP CCBHC-D sites in the region and as of February 13, 2024, the Saginaw CCBHC enrollment had climbed to 4,108 persons (3,697 Medicaid /411 non-Medicaid). The CCBHC demonstration sites in the region are SCCMHA, Clinton-Eaton-Ingham CMH, the Right Door (Ionia CMH) and Lifeways (Jackson Hillsdale CMH).

Besides continuous enrollment of new consumers into CCBHC, SCCMHA has begun work to meet the new SAMHSA CCBHC Certification Criteria by October 1, 2024, for FY 2025. The new certification criteria require Mobile Response and Stabilization Services for all populations to access no matter how they may be insured,

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SUICIDE PREVENTION LIFELINE CALL OR TEXT: 988



new staff training in Evidenced Based Practices, improvements in the timeliness of service access from intake at our Central Access and Intake Department to first service at our treatment teams and into active therapy only, for those with Mild/Moderate conditions. All together the new certification criteria readiness and the documented evidence to support compliance will touch many of our operations and workflows, so there is much for SCCMHA to do in the 7 months remaining of FY 2024.

The SCCMHA Clinical Leaders Team plus Network Business Operations, Finance, Quality, and IT leaders met earlier this month to review and assign responsibility for the 46 pages of CCBHC Certification requirements and related readiness tasks.

The following link contains infographics from slides presented by MDHHS senior officials to the MI Senate Appropriation Committee at the end of last month answering the question, "What is a CCBHC?". In addition, you can find slides that describe MDHHS state run psychiatric hospitals and information and photos of the new state hospital under construction in Wayne County that will replace the old Hawthorne Center for Children.

[FY25 Behavioral Health CCBHC State Hospitals Presentation](#)

SVSU School of Social Work – A Closer Relationship with SCCMHA for SW Practicum Placements

I met with the SVSU Health and Human Services Dean, Marcia Ditmyer, and Professor Catherine Macomber at the Hancock Building on February 21st to provide an orientation to the MI Public Mental Health and SUD System and to the SCCMHA Network. The purpose of this meeting was to highlight the SCCMHA clinical network, as a rich learning environment and experience for social work students at both the BSW and MSW level. The desire is to make SCCMHA and our contracted network a preferred choice for student practicum placement; an important strategy to address workforce shortages in social work network wide. The first step in the plan is to have a member of the SVSU Social Work School faculty join the agenda of the SCCMHA Children and the Adult Clinical Team Supervisors at an upcoming meeting, to discuss practicum placement of social work students, as SVSU is expecting increased enrollment in the next few years and are planning accordingly.

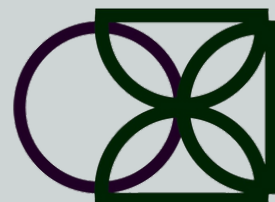
Mobile Response and Stabilization Services Staffing

As mentioned earlier in this report, service from our Mobile Response and Stabilization Services (MRSS) Unit is a requirement of SCCMHA as both a CMHSP and CCBHC. The unit has been struggling to hire clinical staff for the overnight and weekend schedule of this service for over a year. We have used our own staff interested in picking up extra work and contracted contingency staff to cover until 10 p.m. seven days a week since last fall. Recently, we have finally been able to hire after-hours staff full-time. This means that MRSS is available 24/7 to anyone that calls.

The Medicaid requirement for every shift is one MSW and one BSW at a minimum. The duties are to answer Crisis Calls 24/7 via telephone or by way of Telehealth virtually, through our Doxy.me application and to be able to deploy two-person clinical teams to community locations. This unit answers their own **MRSS Crisis Number (989) 272-0275** and serves as the backup for our Crisis Intervention Unit (CIS) at 989-792-9732 or 1-800-233-0022 as advertised. MRSS started as a Medicaid covered service for youth and families several years ago, but now serves adults as well for all matters of behavioral health needs, no matter whether they have an open case in the network. **Under CCBHC, the unit also now serves all callers no matter how they are insured, if at all.**

This is also the unit that accepts the relayed calls from 988/MI MiCAL. The unit just recently received their first

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988/MiCAL relayed call as connections to 988/MiCAL have just become active in the MSHN Region 5, which SCCMHA is a part of.

The staff positions budgeted for this year for the MRSS daytime team include 4 full-time MSW positions and all these positions are filled. The FY 2024 SCCMHA budget for the MRSS night-time team is 2 MSWs and 2 BSWs. We hired a full time MSW in November but could not fill the remaining three vacancies for many months. We were finally able to hire a BSW last month.

Presently, the evening and weekend team continues to be a combination of staffing coming from various clinical staff in the agency that like picking up extra work and contracted contingency staff. MRSS has 13 different MSWs and 10 BSW staff that cover these hours. In addition, we are going to be adding a Peer Support Specialist to this unit later this year.

MRSS also has 3 MSW practicum placement students working in the unit and one of these has already committed to return to the unit next school year. The evening/weekend team is very attractive to SW students because of the availability of evening and weekend hours.

It has been a long time coming, but we can finally offer this service seven days a week, 24 hours a day including all holidays, when the regular non-crisis services of SCCMHA are closed. My congratulations and thanks to the MRSS staff and other staff that have been helping to cover the schedule of the department's operations.

That is it from me for this issue of the SCCMHA Provider Network Newsletter. Thanks for all you do and take care of yourselves.

Regards,
Sandra M. Lindsey, CEO

Cyber Security - Notifying SCCMHA IT Department when Staff Leave



As an important step of keeping consumer information protected, please notify the SCCMHA IT department when a staff member with a Senti account leaves your agency, so that the IT staff may terminate their Senti access. The same form that is used to request Senti access for new employees is the same one you will use to notify IT of a staff departure. This link will take you to the form: [Network Providers I SCCMHA](#)

March Learning Links

Please share the next SCCMHA Learning Links opportunity with consumers!

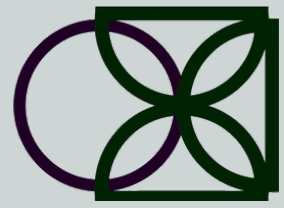
March 26, 2024

Front Porch Roll Call with Lt. David Kendziorski, Saginaw City Police Department
10 A.M. at the Andersen Enrichment Center, 120 Ezra Rust Dr., Saginaw, MI

There will be a door prize and snacks!

Contact Tammy Johnson at 989-797-3436 with any questions.





Being Prepared for an Active Shooter

By: SCCMHA Security Coordinator, Kyle Lipp

Addressing the threat of an active shooter is crucial. Be aware of your surroundings, practice "Run-Hide-Fight" principles, and understand safety measures when law enforcement arrives. These simple steps maximize the chance of survival in an active shooter situation.

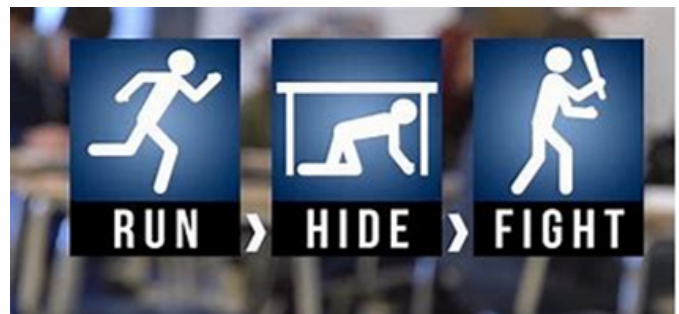
Be aware of your surroundings: When entering an area make sure you observe your surroundings looking for threats. Look for items that can be used for cover (something to hide behind and possibly stop a bullet) and concealment (something to hide behind, but not necessarily stop a bullet). Harder, fiberglass top tables and concrete walls (if possible) make great cover while a wooden table, desk, or bed, would make a great place of concealment. Make sure that you are aware of escape routes to get away from the threat.

Run: When the violence begins, if it is safe run towards the exit, and if safe to do so help others out. Do not take time to gather belongings. Also, do not stop for the wounded or those individuals who don't want to move.

Hide: If you can't run the next choice is to hide. Look for a place that will provide cover or concealment. If possible, hide in a room away from any windows in the door, lock the door, barricade the door, and remain silent. Once you find your place to hide turn off your cell phone noise (including vibration) and if safe call 9-1-1. If you can safely talk give them as much information as possible, if you can't talk leave the line open so they can hear what is happening.

Fight: If you can't run or hide, then you need to prepare to fight. When confronting the attacker act aggressively towards them, throw items at them, improvise weapons, and finally yell loudly. You can use a walker, cane, fire extinguisher, or bedpan as a weapon to defend yourself. If you must fight, commit to it!

Law Enforcement Arrival: The first law enforcement officers are there to stop the shooter, not to help the wounded. EMTs will help the wounded when safe to do so. When interacting with law enforcement make sure to remain calm and follow directions. When moving put your hands up, make sure they are empty, and have fingers spread to show no weapon. Do not move quickly toward the officers and avoid pointing and screaming.



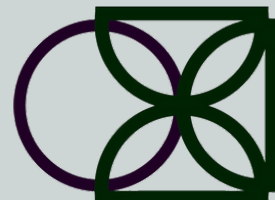
Supported Employment Update

Supported Employment has been a program of SCCMHA since the 1990's. In October of 2022, we became a recognized Individual Placement and Support (IPS) Program. Our Dedicated Team of professionals consists of seven staff providing an array of employment services. Our program is comprised of a Benefit to Work Coach (B2W), a Certified Peer Support Specialist (CPSS), four Supported Employment Specialists, and a Program Supervisor.

Calendar Year 2023 Numbers:

- # of referral received (throughout network): **128**
- # of customers served (including those already on caseloads at the start of the year) **168**
- # of clients working at any time during the year: **65**





Salter Place, Housing Resource Center

By Debbie Jones-Burt

Salter Place Housing Resource Center is a program dedicated to decreasing Saginaw County's homeless population. We manage a \$550,000 annual renewable U.S. Department of Housing and Urban Development (HUD) grant. The grant supports the Shelter Plus Care Permanent Supportive Housing program. A permanent supportive housing program combines non-limited affordable housing assistance with wrap-around supportive services for people experiencing homelessness, as well as others with disabilities. The Shelter Plus Care Program provides rental subsidy much like (BUT NOT) the Section 8 program. The tenant pays 30% of his/her income for rent. There are currently approximately 68 individuals and families participating in our program.

HRC currently has five staff members: Housing Resource Center Supervisor – Debbie Jones-Burt, Path Homeless Outreach Worker & Veteran Specialist – Angela Cannon, Housing Coordinator – Cathy Williams, Healthy Homes Program Coordinator- Cammie Mrugalski, and Peer Support Specialist – Tanara Simpson.

Grant management is not the only thing that the staff here at Salter Place do. We, along with other members of the local Continuum of Care (CoC) and the Saginaw County Consortium of Homeless Assistance Providers (SCCHAP) work with and keep up-to-date information on Community Resources and partners that can assist in all aspects of housing and housing assistance. We keep information on partners that assist with utility bills, food pantries, emergency shelters, legal assistance, etc.

What are the program requirements?

Referrals for housing assistance are made to Salter Place staff by case holders and therapists by sending a Housing Referral. Once we receive a referral, we check it over to assess the needs of that person or family and check for qualifying factors. Those factors are, **1. Homeless according to HUD standards, 2. Verifiable Disability, 3. Receiving SCCMHA Services.**

One Point of Entry Process

Waiting List Prioritization: HUD has implemented strategic priorities that require CoC's to develop a Coordinated Entry process. Originally announced in "Opening Doors: Federal Strategic Plan to Prevent and End Homelessness", HUD has since followed up with two notices addressing the Coordinated Entry process and prioritization.

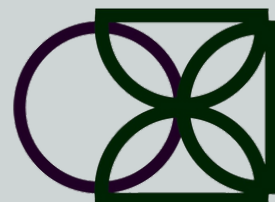
Furthermore, where multiple referrals fit into the same category, order of priority is then determined by the assessment score on the Service Prioritization Decision Assessment Tool – Vulnerability Index (VI-SPDAT). That tool is used to determine the acuity of a referral's homelessness status. A higher score on the VI-SPDAT places that referral higher in the queue when all other circumstances are equal.

Applicant names rise on the waiting list as names ahead of it are removed because of acceptance or denial. When the applicant's name rises to the top of the list, the applicant and the referring service provider will be contacted to schedule an orientation. Priority is given to the following populations:

1. Chronic
2. Non-Chronic
3. Families
4. Individuals
5. Chronic Veterans
6. Non-Chronic Veterans



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Procedure for getting a person into the Shelter Plus Care Program

1. Case Managers and Therapists should use the Housing Referral Forms found on the SCCMHA website here: [Housing Resource Center | SCCMHA](#). You can email the completed forms to Debbie Jones-Burt through Sentri or fax it to her at 790-2370. It is usually better to call first at **(989) 498-2263** to see if there are any slots that are available and to make sure that the consumer qualifies.
2. HRC staff meet with the consumer; give them a written explanation of the Shelter Plus Care (S+C) Program and explain the program; have them sign the necessary release of information authorizations; have them sign the S+C Participant Agreement; give them a list of the steps involved; and give them a list of landlords who have participated in the S+C.
3. After receiving the list of landlords who have participated in the program in the past, it is the responsibility of the consumer to find the apartment. The case manager should assist if the consumer is having a difficult time finding a suitable apartment. The consumer is given 60-90 days to find an apartment.
4. Once the apartment is found and the consumer's application is accepted by the landlord, the Housing Coordinator is notified and request for tenancy is submitted to the landlord. When the request for tenancy is returned, the Healthy Homes Coordinator schedules an initial inspection.
5. If there are no outstanding deficiencies, the tenant and landlord can schedule a date for lease signing.

March is National Social Work Month

March is recognized as Social Work Month to celebrate the profession and the efforts social workers make to break down barriers and help people live rich and fulfilling lives.

Every day, social workers work with individuals to help them overcome crises such as food insecurity, lack of affordable housing, or limited access to health care.

In 2020, there were over 715,000 social workers in the United States and is one of the fastest-growing professions in the country, according to the Bureau of Labor Statistics.

Social workers make efforts to seek equal care and social justice for all peoples, working in a variety of different places – schools, hospitals, mental health practices, veteran centers, child welfare agencies and many others.

Origins of social work can be traced back to as far back as 1899 at Hull House in Chicago, when Jane Addams and Ellen Gates Star provided social services to an area which had a high immigrant population.

Over the years, more examples of social work include women's rights activist Ida B. Wells and co-founder of the National Urban League George Edmund.

Frances Perkins, the first female Labor Secretary during the Great Depression, and others helped secure benefits we continue to use today, such as the 40-hour workweek, minimum wage and Social Security.

We continue to see efforts from social workers today to move our country and our communities forward.

At SCCMHA, we are thankful and greatly appreciate the work our social workers do for our consumers to help better their lives.





Pampered Chef Fundraiser

Purchase an Easter or Mother's Day gift, or treat yourself to something new through the First Choice Link and a portion of sales will go towards purchasing gift cards for consumers!

The link will be live from March 16th - 24th

[Click here to go to the sale](#)

Spring Candy Grams

Place your candy gram order now! Orders due to Jenna Brown by Friday, April 5th. Candy grams will be delivered April 10th-12th.



Pricing is \$2 a gram or:

3 for \$5

5 for \$8

7 for \$11

10 for \$15

Candy donations can be given to Jenna Brown or Jamie Zimmer

Flower Pot Craft



Join us during lunch or use a Better Together Hour on Friday, May 3rd at Hancock from 12 - 2pm to paint a flower "tea"pot and pick a flower to take home in it. \$12 per person - must pre-register with Jenna Brown.

You may also sponsor a consumer to participate!

(Limited spaces available)



Obesity Summit 2024

It's Time to Have Healthy Conversations with Patients About How Weight Impacts Health

April 12, 8:30am-1pm
Saginaw Valley State University, Ott Auditorium
3 FREE CME (and other continuing education) credits



REGISTER HERE (Free Event)

(Scan the QR code or visit

<https://survey.alchemer.com/s3/7708317/2024-obesity-summit>)

AGENDA:

8am-8:30am

8:30am-9am

9am-10am

10am-11am

11am-12

12 noon-1pm

Registration, continental breakfast

Saginaw's Prescription for Improving Healthy Body Status, presented by Delicia Pruitt, MD, Medical Director, Saginaw County Health Department

Keynote speaker Rebecca E Hasson, PhD, FACSM, Associate Professor, Kinesiology, Assistant Professor, Nutritional Sciences, University of Michigan School of Public Health

Obesity Medicine Update, presented by Dafina Allen, MD, Wise Weight Management

Breakout sessions (Choose one)

Exercise is Medicine

– Gena Guerin, PhD, Assistant Professor of Kinesiology, Saginaw Valley State University

Obesity & Mental Health

– Adrian Greene, LMSW, Saginaw Public Schools

Obesity Beyond BMI:

Body Scan – Dafina Allen, MD, Wise Weight Management

Nutrition 201:

Beyond the Basics – Susan Olguin, RD, Saginaw County Health Department

Box lunch (takeout or stay to network with colleagues)

HOSTED BY:



BWELL  *Saginaw*