

Zero Suicide Initiative Trainings Overview and Expectations

For a list of required training for your specific job role, please contact your supervisor.

Training Requirement for ALL Non-clinical Staff & non-billable Bachelor Level <i>(Includes secondary Case Holder Only)</i> Staff			Training Requirement(s) for Master & Bachelor Level Clinical Staff		
Initial and Renewal Training must address cultural competence; person-centered and family-centered, recovery-oriented, evidence-based and trauma-informed care; and primary care/behavioral health integration.					
ALL NON-CLINICAL & NON-BILLABLE BACHELOR LEVEL / SECONDARY CASE HOLDER SCCMHA Network Staff PREVENTION TRAINING- <i>Choose 1 training to meet suicide awareness & prevention requirement</i>					
Course Title= <i>Suicide Prevention</i>	Sponsor	Description	Required	Length	Compliance Date
Suicide Awareness Training – Full Version <i>FREE</i>	Zero Suicide Free online training from Zero Suicide Alliance	A self-led, online suicide awareness training to gain skills and confidence to help someone who may be considering suicide. Will learn the skills and confidence to have a potentially life-saving conversation with someone you’re worried about, how to spot suicide warning signs and where to go for further support.	Choice 1 of 5 / All non-clinical staff & PSS/PSP	20 Minutes	Within 90 days of hire and every 3 years. <i>Renewal from 1 of these 5 sources</i>
QPR Question, Persuade and Refer <i>*Hope Network is providing online training at no charge. **They are also offering private training for up to 30 ppl for a minimal fee</i>	QPR Institute	The Gatekeeper course is self-led, online and takes approximately one hour to complete. KEY COMPONENTS COVERED IN TRAINING: The common causes of suicidal behavior, the warning signs of suicide and how to get help for someone in crisis. How to Question, Persuade and Refer someone who may be suicidal.	Choice 2 of 5 / All non-clinical staff	1-2 Hours	Within 90 days of hire and every 3 years. <i>Renewal from 1 of these 5 sources</i>
Connect Suicide Prevention/Intervention Training <i>*\$19-\$49 pp fee</i>	www.theconnectproject.org	Connect is self-led, online training to prevent suicide by recognizing and responding to individuals at risk. Participants will learn to identify risk and protective factors and respond to warning signs for suicide. Intervening with individuals at risk and connecting the individual with appropriate resources.	Choice 3 of 5 / All non-clinical staff	2-4 hours	Within 90 days of hire and every 3 years. <i>Renewal from 1 of these 5 sources</i>
Mental Health First Aid <i>FREE</i>	National Council for Mental Wellbeing Mental Health First Aid Information SCCMHA	Skills-based training course that teaches participants about mental health and substance-use issues and basic suicide prevention. <i>3-year certification acquired</i>	Choice 4 of 5 / <i>*Encouraged for nonclinical staff supplemental / not required</i>	8 hours, 2 hours self-led pre-work and 6-7 hours virtual, instructor led	Within 90 days of hire and every 3 years. <i>Renewal from 1 of these 5 sources or Supplemental if requested</i>
SafeTALK <i>*possible no cost or \$20-? \$ fee – see website</i>	LivingWorks LivingWorks safeTALK - LivingWorks	Equips people to be more alert to someone thinking of suicide and better able to connect them with further help.	Choice 5 of 5 / All non-clinical staff	4 hours	Within 90 days of hire and every 3 years. <i>Renewal from 1 of these 5 sources</i>

PSS/PSP Staff ONLY:	https://mipeers.org/	**Can complete one of the above or one of these MIpeers trainings**	Peer Support Staff and Parent Support Partners Only	In-Person / 3 days	Within 6 mos of hire and 1 hour annually from any accredited/CCBHC / mipeers approved Suicide Intervention Education source
Crisis Through a Peer Support Len		This training provides information, skills, and practical applications that peer workers can use in various crisis settings. <i>Eligible for 19.5 MDHHS Continuing Education credits.</i>			
Or		Emotional CPR (eCPR) is a public health educational program designed to teach people to assist others through an emotional crisis in three simple steps: Connecting, Empowering and Revitalizing. <i>Eligible for 13 MDHHS Continuing Education credits</i>			
Emotional CPR Two Day Training				In-Person / 3 days	
<u>Master & Bachelor Level Clinical staff</u> training should include training related to suicide care. <ul style="list-style-type: none"> Screening and Assessment (C-SSRS or AMSR as an EBP) Safety Planning (Stanley Brown Safety Plan as an EBP) Means Reduction (CALM or Talking About Lethal Means Course Training <u>or</u> will be completed through ASIST training) 					
MASTER & BACHELOR LEVEL CLINICAL STAFF INTERVENTION TRAINING <i>see below for options to meet training requirement</i>					
Course Title = <i>Suicide Intervention</i>	Sponsor	Description	Required	Length	Compliance Date
Applied Suicide Intervention Skills Training (ASIST) Suicide Intervention Training <i>*this meets both suicide intervention training and lethal means training requirements</i>	Living Works/SCCMHA	Two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk of suicide, work with them to create a plan that will support their immediate safety and how to reduce access to the methods people use to kills themselves. 14 CEs provided	All master level clinical staff	16 Hours	Within 6 mos of hire and 1 hour annually from any accredited/CCBHC approved Suicide Intervention Education source
Counseling on Access to Lethal Means (CALM) <i>FREE</i>	Zero Suicide https://zerosuicide.edu.org/resources/trainings-courses/CALM-course	Self-led, online – Focuses on how to reduce access to the methods people use to kills themselves. Will be able to: Explain that reducing access to lethal means is an evidence-based strategy for suicide prevention. Explain how reducing access to lethal means can prevent suicide. Identify clients for whom lethal means counseling is appropriate. Describe strategies for raising the topic of lethal means and feel more comfortable and competent applying these strategies with clients. Advise clients on specific off-site and in-home secure storage options for firearms and strategies to limit access to dangerous medications. Work with clients and their families to develop a specific plan to reduce access to lethal means and follow up on the plan over time.	All master level clinical staff	1.25-2 Hours	Within 6 mos of hire and 1 hour annually from any accredited/CCBHC approved Suicide Intervention Education source
CHOOSE ONE – THIS OR <i>Talking About Lethal Means</i>					
Talking About Lethal Means <i>FREE</i>	HealtheKnowledge Talking About Lethal Means: A Course for Crisis Counselors	Self-led, online - Participants will learn how to collaborate with individuals in crisis to reduce their access to lethal means during a crisis conversation. The course includes actionable strategies for talking about lethal means, assessing and reducing a person’s access to them, and building rapport. Participants will also learn how lethal means conversations can help decrease the need to involve emergency services.	All master level clinical Staff	2 Hours	Within 6 mos of hire and 1 hour annually from any accredited/CCBHC approved Suicide Intervention Education source
CHOOSE ONE – THIS OR <i>Counseling on Access to Lethal Means (CALM)</i>					

