

Trauma Resources from the National Council of Behavioral Health

- INFOGRAPHIC: 10 Signs A Person May Be Experiencing Trauma (<http://www.thenationalcouncil.org/wp-content/uploads/2016/06/10-Signs-Experiencing-Trauma-1-1.pdf>)
- INFOGRAPHIC: 10 Tips to Help Someone Experiencing Trauma (<http://www.thenationalcouncil.org/wp-content/uploads/2016/06/10-Tips-to-Help-Someone-Experiencing-Trauma-1.pdf>)
- TIP SHEET: Trauma in the LGBTQ Community: What Practitioners Should Know in the Wake of the Orlando Shootings (<http://www.thenationalcouncil.org/wp-content/uploads/2016/06/LGBT-Practitioners-1-1.pdf>)
- FACT SHEET: LGBTQ Mental Health: How the Orlando Shootings Can Broadly Impact This Community (<http://www.thenationalcouncil.org/wp-content/uploads/2016/06/LGBTQ-Behavioral-Health-1.pdf>)

Want even more information? Please head to their [trauma resource page](http://www.thenationalcouncil.org/areas-of-expertise/trauma-informed-behavioral-healthcare/): (<http://www.thenationalcouncil.org/areas-of-expertise/trauma-informed-behavioral-healthcare/>) or check out SAMHSA's [Disaster Distress resources](http://www.samhsa.gov/find-help/disaster-distress-helpline). (<http://www.samhsa.gov/find-help/disaster-distress-helpline>)