

## Diabetes and Nutrition

Join us for this *Learn Together* opportunity. Learn about the impact that diabetes can have on your body and simple diet changes you can make for your long-term health.

Date: Friday, November 17, 2017

Time: 10:30-11:30 AM

Location: 500 Hancock, Room 171

Registration is not required. Classes are open to SCCMHA staff members, consumers and the SCCMHA provider network workforce.

Questions about this class? Contact Jessica Huber at (989) 272-7284.

