



Community Ties North May 2026 Newsletter



Headlines

It seems that Spring is finally here and with it comes rainy weather and changing temperatures. Please make sure that everyone is dressed appropriately and continues to bring a light jacket to program for outdoor activities.

April brought new outing opportunities. We enjoyed Bead Haven, Coy's Comics, Studio 23 Arts Center, and the Ringwood Forest trails. We have brought back American Sign Language classes at the library and look forward to starting Spanish classes in May.

The CTN Easter Egg Hunt was a huge success and everyone found plastic eggs with prizes in them. We now have a post office activity where we can send letters to each other and to our friends at CTS.

Upcoming events include a private car show at CTS on June 3rd and for those that attend on Mondays, we will be having a CTN/CTS Prom on May 18th. This will have a Luau theme, and we will be providing lunch and dessert for everyone.



Program Closures

May 15 – Staff Meeting
May 25 – Memorial Day

Meet Our Participants



Michael enjoys telling his friends about what he did over the weekend and his plans for the next week. He likes arts & crafts and dancing at CTN parties. He also looks forward to his daily sweet treat and a Coke.



Caleb likes to be outside and enjoys the fresh air. He especially likes to take walks and play backyard games. When he goes out, he likes to go to the Humane Society to pet the kitties and to Serenity Farms to feed the horses.



May Birthdays



Melissa Joann Larry
Jenifer Patricia Jesus
Ani (staff) Derric (staff)
Ebony N. (staff)

Meet the Staff



Ebony W., aka "Shirley," is an Activity Aide and she recently relocated back to Michigan. She is excited to be working at CTN and hopes to develop meaningful relationships with our participants. She has been in the medical field for over 15 years and graduated from Oakland Community College, completing surgical technician and sterile processing programs. When not working at CTN, she has her own transportation company that serves mostly women and the elderly.

Contact Us



As always, if you have any questions, comments, or concerns please feel free to contact us. We would love to help!

Main Number
(989) 272-7208

Jennifer (CTN Supervisor)
(989) 793-3600

Melissa (Service Coordinator)
(989) 797-3456

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1
<p>Outings are subject to change due to weather, staffing, and what individuals choose to participate in each day. If there is an outing that requires money, we will send a note home.</p>				7-Eleven for Slurpees Saginaw Children's Zoo Wenonah Park CTN - Outdoor activities
4	5	6	7	8
Cardio Drumming in Chesaning Studio 23 / The Arts Center Fishing Class CTN - Mother's Day cards & All About Feelings discussion	Dow Memorial Library Center Courts Flint Farmers' Market CTN - Hygiene Class	McNally House Japanese Cultural Center First Presbyterian Church clothing giveaway CTN - Backyard games	Grace Exchange Rainbow Park Spanish at Bridgeport Library CTN - Mother's Day craft	Imerman Memorial Park Barnes & Noble Frankenmuth River Place Shops CTN - Crochet Class
11	12	13	14	15
Media Reload Saginaw Children's Zoo Cultivate Coffee & Tea CTN - Painting Class	Stepping Stone Falls Studio 23 / The Arts Center Great Lakes Loons game CTN - Friendship Day games	McNally House Auburn Park Ringwood Forest trails CTN - Cardio Drumming	Grace Exchange ASL at Bridgeport Library Hurley "Miracle Poppers" CTN - Grocery Shop/Cooking Class	CTN Closed 
18	19	20	21	22
CTN & CTS Prom (lunch will be served) 	Humane Society of Bay County Vista Center Bigelow Park CTN - Backyard Yoga	McNally House Fishing Class Haithco Park Splash Pad CTN - Money Management	Delta College Pool Grace Exchange Garage sales in Essexville CTN - Music & Movie Trivia	ASL at Midland Dow Library Sephora / makeovers Garage sales in Essexville CTN - Outdoor activities
Memorial Day 25	26	27	28	29
SCCMHA and CTN Closed 	Basketball at Elm's Park Bay City Riverwalk Center Courts CTN - Card & board games	McNally House Cultivate Coffee & Tea Pom Pom Class at Spaulding Park with CTS CTN - Grocery Shop/Cooking Class	Grace Exchange Spanish at Bridgeport Library Hurley "Miracle Poppers" CTN - Cardio Drumming	Bay City State Park Fishing Class Haithco Park Splash Pad CTN - Tea Party