

SCCMHA-ENDORSED EBPs BY POPULATION (2017)

EBP	ADULTS (MI)	CHILDREN/YOUTH (SED)	I/DD	ADULTS (COD)	SUD	LIC. REQ.	FY 17
5 A's	x			x	x		
7-Touch Protocol	x			x			x
ABA (Applied Behavior Analysis)			x				x
ACT (Assertive Community Treatment)	x			x			x
Active Parenting Now					x		
Adult Drug Court				x	x		x
Adult Mental Health Court	x			x			x
AF-CBT (Alternatives for Families: A Cognitive-Behavioral Therapy)		x				Fee-based individual certification & fidelity requirements	x
All Stars					x		
A Second Look					x		
Auricular Acupuncture (NADA protocol)				x	x		
CBT (Cognitive Behavior Therapy)	x	x	x	x	x		x
CBT for HD (Cognitive Behavior Therapy for Hoarding Disorder)	x		x	x	x		x
CPRMs (Certified Peer Mentors)				x	x		
CHWs (Community Health Workers)*	x			x			x
COD/IDDT (Co-occurring Disorders/Integrated Dual Disorder Treatment)				x			x
Conversation Maps	x			x			x
CTC (Communities That Care)		x			x		
DASH (Dietary Approaches to Stop Hypertension) Diet	x		x	x			x
DBT (Dialectical Behavior Therapy)	x				x	Optional program certification through DBT-Linehan Board of Certification	x
DBT-A (Dialectical Behavior Therapy for Adolescents)		x			x		
Drop-In Center	x			x			x

EBP	ADULTS (MI)	CHILDREN/YOUTH (SED)	I/DD	ADULTS (COD)	SUD	LIC. REQ.	FY 17
EMDR (Eye Movement Desensitization and Reprocessing)*					X		
FFT (Functional Family Therapy)*							
FPE (Family Psychoeducation)	X			X			X
IHC (Integrated Health Care)	X	X	X	X	X		X
IMR (Illness Management and Recovery)	X			X			
LAHL (Learning about Healthy Living: Tobacco and You)	X			X			X
Let's Talk Recovery	X			X			X
LST (Life Skills Training)					X		
Mapping-Enhanced Counseling					X		
MAT (Medication Assisted Treatment)				X	X		X
Meditation	X			X	X		X
MET (Motivational Enhancement Therapy)					X		
MHFA (Mental Health First Aid)	X			X	X		X
Mindfulness Meditation	X	X		X	X		X
Mindfulness Eating Awareness Training	X			X			X
MI (Motivational Interviewing)	X	X	X	X	X		X
MTFC (Multidimensional Treatment Foster Care)		X					
MUTT (Mobile Urgent Treatment Team)		X					X
myStrength™	X			X	X	X	X
Parent-to-Parent Support		X					X
Parenting Now					X		
PATH (Personal Action Toward Health)	X			X			X
Pathways Community HUB Model*	X			X			X
PBS (Positive Behavioral Supports)	X	X	X	X			X
PECS (Picture Exchange Communication System)			X				
Peer Mentors			X				
Peer Health & Wellness Specialists	X			X			X
Person-Centered Planning	X	X	X	X	X		X
Pharmacotherapy	X	X	X	X	X		X
PLL (Parenting with Love and Limits)		X				X	X
PMTO (Parent Management Training –		X					X

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Oregon)							
Positive Action					X		
Project ALERT					X		
Project EX					X		
PSH (Permanent Supportive Housing)	X			X			X
PSR (Psychosocial Rehabilitation/Clubhouse)	X			X		X (Clubhouse International)	X
PSS (Peer Support Specialists)	X			X			X
PTC (Parenting Through Change)		X					X
PTC-R (Parenting Through Change Reunification)		X					X
PW (Parenting Wisely)		X					X
Recovery	X	X		X	X		X
Recovery Coaches				X	X		X
Resource Parent Trauma Training		X					X
Respite*		X	X				X
SE (Supported Employment)	X		X	X			X
Second Step					X		
Seeking Safety	X			X	X		X
Self-Determination	X		X	X			X
Self-Help groups	X	X		X	X		X
SFP (Strengthening Families Program)		X					X
SOC (System of Care)		X					X
STARS (Start Taking Alcohol Risk Seriously)					X		
Spotlight Teaching	X			X			X
T4C (Thinking for a Change)	X			X	X	X Only correctional designees/contracts are allowed to provide T4C	X
Teach-Back	X	X	X	X			X
Teen Intervene					X		
TF-CBT (Trauma-Focused Cognitive Behavioral Therapy)		X					X

EBP	ADULTS (MI)	CHILDREN/YOUTH (SED)	I/DD	ADULTS (COD)	SUD	LIC. REQ.	FY 17
The Seven Challenges		x					
TIC (Trauma Informed Care)	x	x	x	x	x		x
Too Good for Domestic Violence					x		
Too Good for Drugs					x		
Too Good for Violence					x		
TREM (Trauma Recovery and Empowerment Model): B-TREM; G-TREM; M-TREM; W-TREM	x			x			x
YMHFA (Youth Mental Health First Aid)		x			x		x
Yoga*	x			x			x
YPS (Youth Peer Support)		x					x
Welcoming	x	x	x	x	x		x
Well-being (health & wellness)	x	x	x	x	x		x
WHAM (Whole Health Action Management)	x			x			x
Wraparound		x					x

* Has applicability to multiple populations, but availability is limited to specific population(s)

Last updated: 1/8/18