

Trauma-Informed Care Accomplishments

Trauma-Informed Care (TIC) has been important to SCCMHA since 2008. The following report is specifically related to the multiple TIC accomplishments that occurred in 2017 through March of 2018.

National Council Learning Collaborative/Trauma-Informed Care Implementation Team

In April 2017, the agency began a year long trauma-learning collaborative with National Council for Behavioral Health. SCCMHA formed a Trauma-Informed Care implementation team. This team first surveyed over 238 staff and 94 consumers on elements related to the trauma-informed environment of SCCMHA. From the results of the survey the implementation team decided to focus on staff training and development as well as trauma-informed assessments and intake questions.

Weekly trauma messaging was also a project that was birthed out of the Trauma-Informed Care implementation team. Each week, SCCMHA staff receive an email on a trauma related topic specific to that month's trauma theme. This project began in February of 2018 and will continue throughout the year. This is done in partnership with DHHS.

Trauma Training

Approximately 12 separate trauma 101 trainings including specific trainings for non-clinical staff were conducted in 2017 through the beginning of 2018. Approximately 250 SCCMHA and network provider staff were trained as a result. SVRC earn to learn program teachers were all also trained in trauma and Trauma-Informed Care in March 2018.

Beginning in March of 2018, the initiative to train all SCCMHA contracted group homes began. This is an ongoing effort.

System of Care also has trainers for Resource Parent Trauma Training (RPT), a state endorsed trauma training for birth and foster parents of children of trauma. In 2017, approximately 37 RPT trainings were held across the community.

Trauma-Informed Evidence-Based Practices

The importance of trauma-informed Evidence-Based treatment was also a highlight of the trauma accomplishments in 2017. Throughout the past years SCCMHA and its network providers have seen the importance of Trauma-Focused Cognitive Behavior Therapy (TF-CBT). In 2017, approximately 12 clinicians completed the state TF-CBT cohort and were given permission to use the TF-CBT modifier.

Trauma Recovery and Empowerment Model (TREM)-a group for men and women who have a trauma history, is also another trauma specific Evidence-Based treatment for trauma that SCCMHA is providing to consumers. In 2017, approximately 5 groups were run for both men and women (M-TREM and W-TREM) across SCCMHA and its network providers.

In 2017 into 2018, all Evidence-Based Practices/Treatments policy and procedures were edited to include language regarding having a Trauma-Informed environment and providing all EBPs in a Trauma-Informed way.

Community Partnerships and state level involvement

SCCMHA is involved in many community and state level trauma initiatives. Including but not limited to: community trauma committees and boards, state level trauma committees, as well as, community trauma trainings.