



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY

SCCMHA would like to invite you to:

Self Defense

Oliver Johnson from Infinity Martial Arts will come and teach some basic self-defense skills.

July 9, 2019 at 10 A.M.

**in our Supported Employment Building
formerly Family Resource Center
at 1901 Maple St., Saginaw**

**SCCMHA-Office of Customer Services and Recipient Rights
500 Hancock Street
Saginaw, MI 48602**

Please Contact the following SCCMHA Staff with any questions:

Tammy Johnson (989) 797-3436

If you know anyone that may be interested in being added to the mailing list, you or the interested person, may call any of the numbers listed above.

Door Prize!

Free Snacks!