

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
CITIZENS ADVISORY COMMITTEE MEETING
SEPTEMBER 3, 2020 6:00 p.m.
Toll Free Number: (877) 336-1831 / Access Code: 9525591#
Minutes**

Due to the COVID-19 Public Health Emergency this CAC Meeting was held virtually by telephone. Sandra Lindsey, CEO will make opening comments to layout the communication protocol to help with meeting efficiency.

PRESENT: Ann Finta, Cheryl Nelson, Jim Nesbit, Sally Weber, Joan Williams, Arletta French, Deb Nagel, Lisa Sawyer, Tracey Roat, Lyn Bradfield, Tony Krasinski

ABSENT: Vicki Mikolajski-excused, Eileen Vescio-excused, Maggie Davis-unexcused

STAFF: Sandra Lindsey, Kristie Wolbert, Colleen Sproul, John Burages, Ryan Mulder

GUESTS:

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:03 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of August 6, 2020.

Motion by Lisa Sawyer and supported by Sally Weber to amend tonight's agenda (swap out 'Personal Care Technical Requirement from MDHHS Contract' with 'CCBHC Overview' presented by Colleen Sproul). Motion carried.

Motion by Deb Nagel and supported by Lisa Sawyer to approve the minutes of August 6, 2020 as written. Motion carried.

II. BEHAVIOR PLAN GUIDELINES FROM MDHHS CONTRACT

Kristie Wolbert, Executive Director of Clinical Services reviewed a PowerPoint on the Standards for Behavior Treatment Plan Review Committees. The following was noted:

- Behavior Treatment Plans Preamble
- SCCMHA Policy
- Required Protocols
- Purpose / Standards
- Behavioral Treatment Committee Tasks and Functions

The Committee was able to ask questions / make comment. See CAC packet for details.

Motion made by Jim Nesbit and supported by Joan Williams to receive and file the Behavior Treatment Plan Guidelines from MDHHS Contract as presented. Motion Carried.

III. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) OVERVIEW

Colleen Sproul, Director of Health Home, Integrated Care and Care Management presented on CCBHC. The following was noted:

- CCBHC is a new 2-year grant awarded by SAMHSA
- 33 State have organizations participating in CCBHC
- Care Coordination Focus (whole health approach, engaging individuals and make sure that they stay in services, service delivery for Substance Use Disorders / Access to services for veterans, mild/moderate and also enhanced Quality Improvement Program
- Goals: match individuals to EBP (person centered and specific to hopefully increase outcomes)
- Are we making improvements on services, access to care, quality measures?
- State of Michigan was also designated as a state level site for CCBHC (proves that they are interested in furthering this model) – SCCMHA hopes to partner with them
- Requests that CAC participate as the CCBHC Advisory Body for this grant
- Colleen asks if CAC would approve of being the advisory body and be available to solicit information (potential quarterly update during CAC meeting for this business, etc.).
- Sandy asked that a request be made to SCCMHA Board to amend CAC Bylaws to include CCBHC oversight / advisory board role.
- Ad hoc committee / Purpose / Objective / Goals / Responsibilities of CAC (to be mailed to members of CAC committee)

The Committee was able to ask questions / make comment. See PowerPoint Presentation being mailed out after tonight's meeting for details.

Motion made by Deb Nagel and supported by Lisa Sawyer to recommend to Full SCCMHA Board approval of recommended language changes to CAC bylaws (to include CCBHC oversight / advisory board role). Voice vote was held and Motion carried unanimously.

IV. EMPLOYMENT WORKS (SUPPORTED EMPLOYMENT EBP) REQUIREMENTS FROM MDHHS CONTRACT

John Burages, Director of Services for Persons with Mental Illness reviewed a PowerPoint on Employment Works (Supported Employment EBP) Requirements from MDHHS Contract. The following was noted:

- It is recognized that employment is an essential element of quality of life for most people, including individuals with serious mental illness or a developmental disability
- Considered and important part of recovery
- Employment is a typical role for adults in our society
- The Basics: Support to pursue consumers own path to work and career in a competitive, integrated environment
 - Competitive Employment means work
 - In the competitive labor market that is performed on a full-time or part-time basis in an integrated setting; and
 - For which an individual is compensated at or above the minimum wage, but not less than the customary wage and level of benefits paid by the employer for the same or similar work performed by individuals who are not disabled.
 - Integrated setting
 - a setting typically found in the employment community in which applicants or eligible individuals interact with non-disabled individuals,

to the same extent that non-disabled individuals in comparable positions interact with other persons.

- The Process: Pre-planning meeting
 - Annually to prepare for a person's plan of service, a person's options for work will be documented during the pre-planning meeting. A change in the consumer's choice can be made at any time the consumer wishes and be amended in the Individual Plan of Service (IPOS)
 - Exploration of competitive employment options, it is recognized that some individuals may choose other work options such as, self-employment, transitional employment, volunteering, education/training, or unpaid internships as a means leading to future competitive, integrated work.
- For person with mental illness
 - SCCMHA has committed to use the evidence-based practice of Individual Placement and Support (IPS). A definition for the outcome of competitive employment for this specific population are:
 - individual jobs that anyone can apply for rather than jobs created specifically for people with disabilities.
 - These jobs pay at least minimum wage or the customary wage and level of benefits paid by the employer for the same or similar work performed by individuals who are not disabled.
 - the jobs do not have artificial time limits imposed by the social service agency.
- IPS Principles
 - Open to anyone who wants to work
 - Focus on competitive employment
 - Rapid job search
 - Targeted job development
 - Consumer preferences guide decisions
 - Individualized long-term supports
 - Integrated with treatment
 - Benefits counseling included
- Benefits of Employment
 - Increased income
 - Improved self esteem
 - Increased quality of life
 - Improve social networks
 - Reduce hospitalization
 - Reduce substance use
 - Reduced use of mental health services

The Committee was able to ask questions / make comment. See CAC packet for details.

Motion made by Deb Nagel and supported by Tony Krasinski to receive and file the Employment Works (Supported Employment EBP) from MDHHS Contract as presented. Motion Carried.

V. NEW BUSINESS

A. MSHN Citizen's Advisory Council Update

There was not a meeting in July.

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MUTT Update
- CHAP
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

C. FY 2021 Public Hearing – 10/1/20 by Zoom Conference

Sandy / Ryan noted that the date of the FY 2021 SCCMHA Public Hearing is Thursday, October 1, 2020 at 5:30 PM. It will be held via Zoom Conference. The hearing posting and Zoom Conference Info will be sent out closer to the hearing. Ryan was asked to mail a packet of how to connect to public hearing to members of the CAC committee along with the PowerPoint presentation

VI. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Tracey Roat and supported by Jim Nesbit to approve the Attendance Log. Motion carried.

B. Membership

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still CAC vacancies:

1. Community

Sandy noted that she would like to recruit an individual a parent of a child with SED, Primary SUD diagnosis / etc. Sandy will discuss with Colleen and get back with the CAC.

Motion by Arletta French and supported by Tony Krasinski to approve the Membership Log. Motion carried.

VII. CEO REPORT – SANDRA LINDSEY

At the August 26 Executive Limitations Committee, the SCCMHA FY 21 Operating Budget was approved. It will now go to the full Board for approval consideration on September 14. The State of Michigan provided PIHPs / CMHSPs with Medicaid contracts and rates for FY 2021. This is noteworthy as rates rarely are leased before the new fiscal year commences. Sandy also noted that as of right now there is not a proposed State budget cut to CMHSPs, which is encouraging.

SCCMHA is working on updating its strategic plan that will be presented at the FY 2021 Public Hearing on Oct. 1.

Premium pay for residential staff is going to get extended for direct care workers through the first week of January during COVID-19 pandemic (for providers in MSHN region). It may or may not be the same in the rest of the state though.

Non-residential teams will have a complicated year end (federal dollars & provider stabilization dollars were available and this must be sorted out in order close this out).

Finishing up capital improvements at SCCMHA. Renovations on Bayside Lodge as well (flooring and some new equipment). Currently working with interior designer. Some things are going to start arriving in November (so a little bit behind though as October 1 was the preliminary completion date).

Two group rooms at Hancock are mostly completed. Security / locks are being replaced. These efforts were funded by County's bond sale from last year.

Things are going pretty well with SCCMHA and COVID. Not really any outbreaks with SCCMHA staff.

County of Saginaw has informed SCCMHA that they would like to amend CMH creation document (Resolution E and reduce local county match obligation). Sandy and our legal representation are looking to find an audience with the State of Michigan to assist SCCMHA and the County in this disagreement. There will be more news upcoming on this topic. We are standing firm on our belief that this cut cannot unilaterally occur without the County proving financial hardship.

Working on reopening SCCMHA (staff are now mostly back in place, guidance on expectation to face to face activities for services to consumers is now in place, will likely be some sort of reopening CTN/CTS (likely by soft opening with select staff and consumers) by October.

VIII. OTHER INFORMATION

Lyn Bradfield noted that masks and food delivery still available through Region VII / Agency on Aging. If you know someone over 60 please make sure you reach out to 800-858-1637 for more information.

IX. ADJOURNMENT

Motion by Joan Williams and supported by Lisa Sawyer to adjourn the meeting at 7:28. Motion carried.