## Navigating ImprovingMIpractices.org Online Training

## Crisis Prevention: Pre-Intervention Using Verbal De-Escalation

Please allow for approximately 35 minutes to complete the training portion and an additional 15-25 minutes to take the quiz. Total training time = approximately 50 minutes to 1 hour.

Choose this link: <u>improvingMIpractices</u> and you should be directed to this screen:



Choose "*Create an Account*" in the top right corner and follow the steps to create a new account

After you have created a log in, you should see a screen similar to this. Choose *Focus Areas* icon at the top left of the screen



A drop down with several course categories should appear. Scroll down and over to *Work-place Essentials (WE)* 

## ALL CATEGORIES 🚓

Autism Spectrum Disorders

Assertive Community Treatment (ACT)

Benefits to Work (BTW)

**Beyond Behaviors** 

Clubhouse - Psychosocial Rehabilitation (PSR)

Cognitive Behavioral Therapy (CBT)

Common Elements in All Practices

Diagnostic & Statistical Manual of Mental Disorders (DSM-5) Dialectical Behavior Therapy (DBT)

Family Psychoeducation (FPE)

Health Insurance Portability & Accountability Act (HIPAA)

Individual Placement & Support

Infants & Children (IC)

Intellectual & Developmental Disabilities (IDD)

Lesbian, Gay, Bisexual, Transgender, & Queer (LGBTQ)

Level of Care Utilization System (LOCUS) Motivational Interviewing (MI) Older Adults (OA) Pain Management (PM) Person-Centered Planning (PCP) Self-Determination in Long-Term Care (SLC) Substance Use Disorder (SUD) Trauma and the Brain (BDI) Trauma-Informed Care (TIC) Veterans (V)

Workplace Essentials (WE)

You should be directed to a screen like this. Scroll down to **All Courses** in Workplace Essentials (WE) and choose Crisis Prevention



## What are Workplace Essentials (WE)?

The courses available in the Workplace Essentials (WE) category provide best practices in the workplace. They cover workplace incident topics like assessing behaviors, techniques on prevention, and responding to workplace incidents. These WE courses are important for individual employees, but also those employees that are at the managerial and supervisory levels to ensure a safe and secure environment. Other topics covered in these WE courses are crisis prevention through verbal de-escalation, workplace violence prevention, and responding to an event.



\*PLEASE NOTE: this course uses a situation related to Juvenile Justice. This is only an example and <u>does not mean</u> the training *only* relates to Juvenile Justice.

As well, please be mindful there is some strong language used within the videos.

You should be directed to a screen which looks like this, choose the green box: TAKE THIS COURSE



Scroll down to *Module 1* in blue and choose it. There should then be a red "start module" button and you will need to follow all directions to complete the entire module 1.



There should then be a red "start module" button and you will need to follow all directions to complete the entire module 1.

Once the video is complete choose Exit & Return in the top right corner



Lesson 1 should now be marked as complete and you should see Module 2 in blue –choose that



There should then be a red "start module" button and you will need to follow all directions to complete the entire module 2. \*The quiz is at the end of this module. **<u>BE SURE</u>** to choose "*Next*" after the video is complete. This will issue you a code to take the quiz.

The code you need will appear in a YELLOW BOX, write that code down!

Next choose the red "Exit & Return' box at the top left of the screen

\*You are restricted from completing quizzes until you move through the modules as you are directed. You will not be able to take a quiz before completing the module.

You should be taken back to this screen. And there should now be a **BLUE** quiz option. It states you are only allowed 2 attempts to complete and pass. You will need to review the entire training if you do not pass in 2 attempts.



\*You do have the option to save your answers and return to complete if need be. See the GREEN Save Progress button in the top right corner. Once you have answered all 10 questions choose *BLUE Finish Attempt* button at the top right or bottom right of your screen. You will then be asked to Confirm your attempt by choosing the GREEN Confirm button at the top right of the screen.

You will immediately be notified of your score—pass or fail.

If you passed: You should then be taken back to the main screen. You will notice a green check mark by all the modules and the quiz sections.

\*If you failed you can choose the GREEN **Retake this Course** button around middle right of the screen and follow all directions until you pass.

Once you passed the quiz, now you will choose Course Evaluation in blue

\*You are required to complete an evaluation in order to receive credit for completion

Mimproving mpractices		You are logged in as aschabel@scomha.org	
🐐   WHY IMP?   FOCUS AREAS   RESOURCES   SUPPORT / CON	ACT   Q	DASHBOARD 🌲 📋 LOG OUT	
Crisis Prevention Pre-Intervention Using Verbal De-Escalation			
Course <b>Overview</b>	Course <b>Progress</b>	UNENROLL FROM COURSE #	
This training will educate participants about ways in which to handle conflict by utilizing verbal of escalation and conflict resolution techniques. The useful tools identified throughout the training also assist in preventing situations from occurring in the juvenile justice system. This course will be updated in the near future to address current accessibility standards. If you unable to access the content in this section, please contact the imp support team for assistance Duration: 0.5 hour Credit Hours: MCBAP-R (0.0), MCBAP-S (0.0), MI-CEC (0.0)	- III The Enrolled Date: 08/11/2020 Course Incomplete	75% Certificate	
Course Material	About the Content E	xpert(s)	
Lesson 1 🗹	Darrel Z. Blackburn CEO at PRAT LLC		
Lesson 2 🕑	<ul> <li>Mr. Darnell Z. Blackburn has been actively involv received Bachelor of Arts Degree from Michigan : police officer at Michigan State University and for</li> </ul>	Mr. Damell Z. Blackburn has been actively involved in law enforcement for over 24 years. He received Bachelor of Arts Degree from Michigan State University in Psychology and worked as a police officer at Michigan State University and for the City of Auburn Hills serving on the road natrol	
Quiz 🕑	community policing unit, an undercover narcotics     Mr. Blackburn has received a Master's Degree in	community policing unit, an undercover narcotics detective and an investigator. Mr. Blackburn has received a Master's Degree in Business Administration from the University of	
Course Evaluation	<ul> <li>Photenix and is the Founder/UEO of PHAT LLC, a in conflict management, customer service and cu worked for the Michigan Commission on Law Enf enforcement officers in the State of Michigan.</li> </ul>	Phoenix and is the Founder/CEU Of PPAT LLC, a consulting and training company that specialize in conflict management, customer service and cultural competence. For the last 12 years he has worked for the Michigan Commission on Law Enforcement Standards setting standards for all law enforcement officers in the State of Michigan.	

Once you have completed the evaluation, you will be directed back to the main screen where now you can save and/or print your certificate of completion under the *Course Progress* section on the right. Choose the **BLUE Download Certificate** icon

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★   WHYIMP?   FOCUS AREAS   RESOURCES   SUPPORT / CONTACT		
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Course Material	About the Content Expert(s)	
Lesson 1	Damel 2 Bickburn CEO at PRAT LLC	
Lesson 2	Mr. Damell Z. Blackburn has been actively involved in law enforcement for over 24 years. He received Bachelor of Arts Degree from Michigan State University in Psychology and worked as a notice officer at Michiana State University and for the City of Aubium Hills service on the read natival	
Quiz	community policing unit, an undercover narcotics detective and an investigator. Mr. Blackburn has received a Master's Degree in Business Administration from the University of	
Course Evaluation ~	Phoenx and is the Founder/CEO of PRAT LLC, a consulting and training company that specializes in conflict management, oustomer service and cultural competence. For the last 12 years he has worked for the Michigan Commission on Law Enforcement Standards setting standards for all law enforcement officers in the State of Michigan.	

FINAL STEP: You are required to print or save a copy of the certificate in order to submit to SCCMHA Continuing Education Unit to confirm completion. You are to submit a copy of the certificate or submit a copy of your transcript which identifies completion directly to the Continuing Education Unit via email: <u>registrations@sccmha.org</u> or fax to 989-498-4219. (If you need to submit your transcript:: choose Dashboard just under your log in credentials. Then see Transcript section to the right of your screen. Choose BLUE Full Transcript button and that will allow you to download the course you completed in case you couldn't get a certificate to load and/or print).

\*\*SCCMHA is not responsible for maintenance of this website. If you experience any technical difficulties, please use the Support/Contact button at the top of the webpage