

**EXECUTIVE LIMITATIONS COMMITTEE MEETING
SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
FEBRUARY 24, 2021 – 5:00 P.M.**

Due to the COVID-19 Public Health Emergency this Executive Limitations Committee Meeting was held virtually by telephone.

PRESENT: Andrea Schrems, Robert Woods, Tracey Raquepaw, John Pugh, Larry Jones

ABSENT: Leola Wilson

GUESTS:

STAFF: Sandra Lindsey, Laura Argyle, Ryan Mulder

I. OPENING PROCEDURE

Andrea Schrems, Chair called the meeting to order at 5:02 p.m., a quorum was established and verification of posting was determined.

II. PUBLIC PARTICIPATION

There was no public participation.

III. EXPENSE REPORTS & BALANCE SHEET THRU JANUARY 2021

Laura Argyle reviewed the Statement of Net position (balance sheet) & Statement of Revenues, Expenses and Changes in Net Position as of 01/31/2021.

Laura was urged to contact Larry Jones, new EL member to provide a training overview of financial reports presented at this committee and to answer any questions that he may have.

Motion was made by Robert Woods and supported by John Pugh to receive & file EXPENSE REPORT & BALANCE SHEETS THRU JANUARY 2021. Motion carried.

IV. MONTHLY REPORT ON EXECUTIVE LIMITATIONS

Sandy noted that there were no violations of the Executive Limitation Policies.

Motion was made by Robert Woods and supported by John Pugh to receive and file the MONTHLY REPORT ON EXECUTIVE LIMITATIONS. Motion carried.

V. OTHER ITEMS OF IMPORTANCE

Sandy noted that we are taking a look at what is going on at Community Ties North and South (recalling of additional staff, usage of telehealth services, start-up of small groups of face-to-face activities beginning in later March or April perhaps). Stay tuned for additional info.

SCCMHA is working to redesign our Mobile Urgent Treatment Team (MUTT) and renaming it Mobile Response and Crisis Stabilization Service. Historically the service largely focused on children and youth (wellness checks and the development of safety plans to address difficult situations that may occur). The service operated in the evening and for a partial day on weekends and holidays. With additional grant dollars from MDHHS we are redesigning the service to also serve adults and to operate 24/7.

Last fall SCCMHA learned that a large federal research grant submission of which we were apart in partnership between the University of Michigan and John Hopkins Medical School called DECIPHeR, has been funded and will include SCCMHA as an implementation partner. The grant was submitted quite a while ago and we assume decisions about awards to

applicants was delayed due to COVID-19.

The funder Health and Human Service via the National Institute for Health was interested through this grant release titled: *Achieving Cardiovascular Health Equity in Community Health*, in funding research to address how to achieve cardiovascular health equity by optimizing implementation strategies for consumers of community mental health centers. DECIPHER is the acronym title of the grant submission by the university partnership that stands for *Disparities Elimination through Coordinated Interventions to Prevent and Control Health Disease Risk*.

The planned 7 year research partnership is being led by Gail Daumit , MD from John Hopkins and Amy Kilbourne, PhD, MPH from the University of Michigan. The project research implementation strategies will be in partnership with 12 community mental health centers in Michigan and 12 in Maryland. In Michigan, SCCMHA will be one of these sites.

The benefit of participation to our organization and more importantly to those adults with serious mental illness that we serve, will be staff training in methods and strategies from experts in a modality called *IDEAL Goals*. *IDEAL Goals* combines two evidenced based practices: *Life Goals Collaborative Care* and *IDEAL*, which are based upon the Collaborative care model and are proven effective to address heart disease risk factors in persons with serious mental illness. The components include mental and physical health self - management and lifestyle support, behavioral counseling for heart disease risk factors (e.g. tobacco cessation) and care management (e.g. for blood pressure management).

The first meeting with the researchers to begin planning is on March 2, 2021. Stay tuned.

Sandy reported that Board reappointment letters from members whose current terms are scheduled to end on March 31st, are ready to be submitted to Saginaw County BOC.

There was a question about the start time of SCCMHA Board meetings. Ryan was asked to add this matter to the March 8, 2021 Board Agenda under Other Business for some additional discussion / guidance about whether a change in start time would be helpful.

VI. ADJOURNMENT

With no other business a motion was made by Larry Jones with support from Robert Woods to adjourn this meeting at 5:23 p.m. Motion carried.