GAME CHANGER THERAPY SERVICES

Clinic Based Respite/CLS Services









Staff
Our Respite/CLS
staff are personable,
friendly, energetic
and speciality
trained to work with
children and young
adults with the
diagnosis of ASD.



Fun & Functional

Although all of the activities are fun and engaging to our participants, they are also very functional. The social and daily life skills implications that are involved with program participation are truly game changing when thinking about the daily application of skills learned and applied into everyday life.

Program Details

We offer <u>facility</u>, <u>community</u> and/or <u>home based</u> respite/CLS services for children and adolescents diagnosed with Autism Spectrum Disorder (ASD). Our Mission is to help children and young adults reach their fullest potential and live their highest quality of life by meeting their unique challenges with an integrated and exciting program that engages them through their unique interests. Staffing and group allocation is determined by age and stage of each kiddo. Typical group categories fall into one of the following:

(2-7) - (8-12) - (13+)

Clinic Based CLS-

CLS Services focus on life skills and work with clients on functional skills they use daily. All goals are made in collaboration with parents/caregivers. Skill examples include: hand washing, home management, hygiene, teeth brushing and money management.



Clinic Based Respite-

Clinic based respite offers a large selection of activity opportunities for participants. Many activities offered in clinic are facilitated in a group based atmosphere where socialization, peer to peer play/collaboration occur regularly. With the multitude of activities offered in clinics, the ability of participants to exercise choice and activities of preference that are meaningful to each person is possible. Clinic based activities include but are not limited to: rock climbing walls, basketball, laser tag, air hockey, table games, nerf war, video games, coloring, movie time, cooking activities, swings, obstacle courses, brain puzzles, reading time, fort building, and daily living skills.

Community Based Outings-

During the days and weeks the option for seasonal outings are available. All seasonal outings include staffing and structure that provide safety and peace of mind for parents and loved ones. Outings typically occur in small group. Parents/care providers have the option

Typical 3-Hour Respite/CLS Day

Choice
Choice
Relax/Break
Group

to opt in to select outings monthly. Outings facilitated throughout the year are typically seasonal. Examples of these outings include: parks, playgrounds, splash parks, Childrens zoo, baseball games, food outings, fairs/ carnival, local YMCA, Childrens museum, trampoline parks, arcade, bowling alley, putt-putt golf, movie theaters, shopping/ dollar stores, pumpkin farm, planetarium, Edison Ship Museum, apple farms, animal farms, disc golf, Frankenmuth trips, animal shelter visits, festivals, river walk, bike riding, roller blading, painterly pottery and community awareness outings such as fire departments and local police/emergency medical response.

SPECIAL EVENTS

In addition to the many daily activities in center and community based outings, there are also opportunities to engage in special events that occur monthly. These activities include: tie dye shirt making, outdoor movie night, meal making activities, track and field day, soap box derby car racing, scavenger hunts, video game competitions, table tennis competitions, nerf competitions, dance/social events, and themed weeks.

