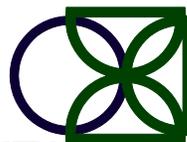


Evidence-based practices are a way to be sure that consumers receive the right treatments. They give the best chance of the greatest success to meet their individual person-centered needs.

Evidence-based practices are also a way for SCCMHA to be sure of the best use of limited resources through the delivery of proven services and supports for persons with disabilities in the Saginaw Community.

For more information about Evidence-Based Practices, please call our Evidence-Based Practice and Trauma-Informed Care Coordinator at 989-272-7372 or go to <https://www.sccmha.org/resources/evidence-based-practices.html>.



## SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

### Main Facility

500 Hancock, Saginaw, Michigan 48602

### Phone

(989) 797-3400

Toll Free 1-800-258-8678

Michigan Relay 711

### 24 Hour Mental Health Emergency Services

(989) 792-9732

Toll Free: 1-800-233-0022

[www.sccmha.org](http://www.sccmha.org)

CS Approved— April 2021



SAGINAW COUNTY  
COMMUNITY MENTAL  
HEALTH AUTHORITY

# Permanent Supportive Housing (PSH)

An Evidence-Based Practice

## What is Permanent Supportive Housing (PSH)?

Permanent Supportive Housing (PSH) is an evidence-based way to get housing help. It puts low-cost housing help that has no time-limit together with wraparound supportive services. It is for people who are homeless and have disabilities. PSH offers decent, safe, and low-cost housing in the community. It gives tenants the rights of tenancy under state and local landlord tenant laws. It is linked to voluntary and flexible support. It has services made to meet tenants' needs and what they like. PSH makes housing affordable for someone on SSI (either through rental help or housing development).

### Principles of PSH

- Functional separation of housing and services.
- Decent, safe, and affordable housing.
- Housing integration.
- Access to housing.
- Flexible, voluntary, and recovery-focused services.

## Who is PSH for?

PSH is meant for:

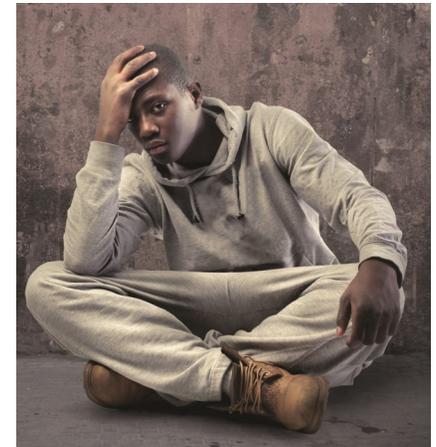
- People who are homeless and have a disability
  - ◊ With a focus on people who have spent time in institutional or group settings (e.g., hospitals, jails or prisons, nursing homes, adult foster care group homes, etc.),
- Those who have never set up their own household (e.g., have always lived with their family).

PSH is from the U.S. Department of Housing and Urban development (HUD). It is provided locally by agencies that hold grants with HUD. When receiving PSH/rental assistance, a participant is required to pay 30% of their income towards their rent. However, income is not required to be eligible for PSH. Like any tenancy, PSH needs a lease. The tenant must follow the rules of the lease because a lease is a legal contract.



*“Permanent supportive housing is a proven solution to homelessness for the most vulnerable chronically homeless people. It pairs housing with case management and supportive services.”*

*-National Alliance to End Homelessness*



### For More Information

Is PSH right for you? Talk about it with your current treatment provider or contact Saginaw County Community Mental Health Authority's Housing Resource Center Supervisor, at 989-498-2263.