Evidence-based practices are a way to be sure that consumers receive the right treatments. They give the best chance of the greatest success to meet their individual person-centered needs.

Evidence-based practices are also a way for SCCMHA to be sure of the best use of limited resources through the delivery of proven services and supports for persons with disabilities in the Saginaw Community.

For more information about Evidence-Based Practices, please call our Evidence-Based Practice and Trauma-Informed Care Coordinator at 989-272-7372 or go to <u>https://</u> <u>www.sccmha.org/resources/evidence-basedpractices.html</u>.





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> Phone (989) 797-3400 Toll Free 1-800-258-8678 Michigan Relay 711

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> www.sccmha.org CS Approved— April 2021



Supported Employment (SE)

An Evidence-Based Practice



What is Supported Employment (SE)?

Supportive Employment (SE), also called "individual placement and support" (IPS), is a way to teach and help people with serious mental illnesses how to get

and keep a job. It focuses on helping them get competitive jobs in the community. It also focuses on providing the supports necessary to make sure they do well at work.



SE helps people find jobs that pay competitive wages in community settings with other people who don't necessarily have disabilities.

Getting and keeping a job is an important part of adult life. SCCMHA knows that most people who live with a serious mental illness want to work. We believe that every person with a disability could work competitively in the community if the right job fit and work setting is found.

What to Expect

- No one is left out
- Vocational rehabilitation and mental health services together
- Competitive jobs
- Fast job search
- Support with no time limit
- Attention to what the consumer likes and does not like
- Help with job applications and interviews
- Resumé help

Consumer choice in the SE process is key. People are ready for work when they say that they are ready. Services are individualized and jobs are seen as regular adult transitions. Job supports may include many kinds of help to support doing well at work and keeping the job. Other parts include:

- Job Permanency
- Work-based Vocational assessments
- Job Diversity
- Community-Based
- Assertive Outreach and Engagement

Microenterprise

Microenterprise is self-employment that gives people in difficult situations the power to make their own business. Microenterprise participants have had difficulty with finding traditional employment in the community.

Examples of microenterprises:

- Jewelry making
- Fishing/Tackle
- Lawn Service
- Vending Machines

To Learn More

For more information on how to get involved with Supported Employment, please talk to your case-manager.