

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
ENDS COMMITTEE MEETING MINUTES
MAY 24, 2021 – 5:15 p.m.**

Due to the COVID-19 Public Health Emergency this Ends Committee Meeting was held virtually by Zoom.

PRESENT: Tracey Raquepaw, Steve Fresorger, Jill Armentrout, Jane Sills

ABSENT: Jordan Wise

GUESTS:

STAFF: Colleen Sproul, Alecia Schabel, Ryan Mulder

I. OPENING PROCEDURE

Jill Armentrout, Chair of Ends Committee, called the meeting to order at 5:16 p.m. A quorum was established and verification of posting was determined.

II. PUBLIC PARTICIPATION

There was no public participation.

III. ELECTION OF OFFICERS – Committee Chair and Vice Chair

Motion made by Tracey Raquepaw with support from Steve Fresorger to cast a unanimous ballot to appoint Jill Armentrout, Chair & Jane Sills, Vice Chair for the Ends Committee. Motion carried.

IV. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CENTERS (CCBHC) – YEAR ONE UPDATE

Colleen Sproul, Chief of Health Services & Utilization Management presented the Certified Community Behavioral Health Centers (CCBHC) – Year One Update for the Ends Committee. The following was reviewed:

- Just completed our first year for CCBHC (April 30, 2021) grant with SAMHSA
- Enrolled 221 adults (goal of 215) and 72 children (goal of 37)
- Four (4) Measurements
 - By the end of the last quarter, the number of organizations collaborating as a result of the grant was 3: Great Lakes, Bay Health Centers, Quest Diagnostic, and Covenant, Visiting Nurse Association (38%).
 - The number of individuals screened for mental health or related interventions was 3,014 (164%).
 - The number of people in the workforce who were trained on practices consistent with goals of the grant was 825 (138%).
 - The number of consumers or family members (secondary consumers) on advisory councils was 29 out of a total goal of 15*: 5 on SCCMHA Citizens Advisory Committee, 4 on SCCMHA Board of Directors, and 20 on Consumer Leadership Group (193%).
- State of Michigan will be rolling out their demonstration CCBHC grant as an "Expansion State" (SCCMHA is one of 14 CCBHCs that will be names as implementation partners to the MDHHS CCBHC Demonstration

See Ends packet for complete details. The Committee was able to ask questions / make comment.

Motion made by Tracey Raquepaw and supported by Jane Sills to receive and file the CCBHC - Year One Update. Motion Carried.

V. MENTAL HEALTH FIRST AID (MHFA) TRAINING UPDATE

Alecia Schabel, CEU Supervisor presented the Mental Health First Aid Training Update for the Ends Committee. The following was reviewed:

What's Wrong? (What concerns does MHFA training address)

- From 1999 to 2016, 630,000 people died from drug overdose. -Centers for Disease Control and prevention
- Nearly 1 in 5 U.S. adults live with a Mental Illness. – National Institute of Mental Health via the National Survey on Drug Use and Health and the Substance Abuse and Mental Health Services Administration
- On average, 123 people die by suicide each day. – American Foundation for Suicide Prevention
- 64.1% of youth with major depression do not receive any mental health treatment. – Mental Health America
- 1 in 5 teens and young adults lives with a mental health condition. – National Alliance for Mental Illness
- 5.13% of youth report having a substance use or alcohol problem. – Mental Health America

Mental Health First Aid is the initial help offered to a person developing a mental health or substance use problem or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves.

What Participants Learn:

- Evidence-Based Practices
- Risk factors and warning signs of mental health and substance use problems
- Information on depression, anxiety, trauma, psychosis and substance use
- A 5-step action plan to help someone who is developing a mental health problem or is in crisis
- Available evidence-based professional, peer and self-help resources

Other presentation topics:

Mental Health First Aid Action Plan

Who We're Reaching

Support for Mental Health First Aid

Mental Health First Aid Works- testimonials

Mental Health First Aid's Value

Dates of SCCMHA Trainings Available

1700 Persons Trained in Saginaw County.

Recently partnered with MSU Extension to bring additional MHFA instructors to SCCMHA training opportunities.

Recently Awarded Adult Block Grant to Cover the cost and materials of training so that it can be offered at no cost through March of 2022

See Ends packet for complete details. The Committee was able to ask questions / make comment.

Motion made by Tracey Raquepaw and supported by Steve Fresorger to receive and file the Mental Health First Aid Training Update. Motion Carried.

VI. REVIEW OF ENDS COMMITTEE POLICIES

Ryan reminded committee members that the SCCMHA Board Policies need to be reviewed annually by Board. The policies distributed at tonight's Ends committee meeting will be formally approved at the June 14th Board meeting. Any recommended changes from committee members, should be returned to Ryan by June 4, 2021. *Note: there are several board policies associated with different committees that will be reviewed by all committees.*

VII. OTHER ITEMS OF IMPORTANCE

VIII. ADJOURNMENT

With no other business a motion was made by Tracey Raquepaw with support from Jane Sills to adjourn this meeting at 5:57 p.m. Motion carried.