

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
ENDS COMMITTEE MEETING MINUTES
JANUARY 25 – 5:00 p.m.**

*Due to the COVID-19 Public Health Emergency this Ends Committee Meeting was held
virtually by telephone.*

PRESENT: Tracey Raquepaw, Larry Jones, Steve Fresorger, Jane Sills

ABSENT: Jill Armentrout, Jordan Wise

GUESTS:

STAFF: Linda Paeglis, Charlotte Fondren, Ryan Mulder

I. OPENING PROCEDURE

Jill Armentrout, Chair of Ends Committee, called the meeting to order at 5:03 p.m. A quorum was established and verification of posting was determined.

II. PUBLIC PARTICIPATION

There was no public participation.

III. WHOLE HEALTH ACTION MANAGEMENT (WHAM)

Linda Paeglis, Health Education Consultant presented the *Whole Health Action Management (WHAM) Report*. The following was noted:

- WHAM is going to be offered by SCCMHA to kids in Transition Age Youth (TAY) department
- Focused on creating new habits and not just stopping unhealthy ones
- Training Support and endorsement for this EBP comes from the National Council on Behavioral Health
- Health Education Consultant (Linda's Background)
- Overview of WHAM
- Whole Health Self-Management Skills
- Whole Health and Resiliency Factors
- WHAM Program Part One and Two
- Requirements to Join
- 5 Keys to Success

The Committee was able to ask questions / make comment. See document for details.

Motion made by Larry Jones and supported by Jane Sills to receive and file the *Whole Health Action Management (WHAM) Report* as presented. Motion Carried.

IV. COMMUNITY TIES NORTH & SOUTH TELEHEALTH ACTIVITIES in the PANDEMIC UPDATE

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disabilities presented an update on CTN/S Telehealth Activities in the COVID-19 Pandemic. The following was noted:

- Virtual Day Program started on November 23, 2020

- 174 consumers attending CTN, 11 consumers from CTS
- Consumers attendance ranges from 1 to 4 times per week
- Tablet, smart phone or computer with video, audio and internet connection required
- Each Friday staff deliver necessary supplies, prizes, etc.
- Current CTN / CTS schedule
- Phase 2 CTS Schedule
- Day Program Timeline of Events

The Committee was able to ask questions / make comment. See document for details.

Motion made by Jane Sills and supported by Steve Fresorger to receive and file the Community Ties North & South Telehealth Activities in Pandemic Update as presented. Motion Carried.

V. OTHER ITEMS OF IMPORTANCE

Technology pilot planning work has commenced for consumers without devices or service to participate in telehealth. Note: devices and internet service cannot be a Medicaid expense. Stay tuned.

VI. ADJOURNMENT

With no other business a motion was made by Steve Fresorger with support from Larry Jones to adjourn this meeting at 5:30 p.m. Motion carried.