

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
CITIZENS ADVISORY COMMITTEE MEETING
June 3, 2021 6:00 p.m.
Minutes**

Due to the COVID-19 Public Health Emergency this CAC Meeting was held virtually by Zoom conference.

PRESENT: Ann Finta, Cheryl Nelson, Joan Williams, Arletta French, Deb Nagel, Tracey Roat, Sally Weber, Jim Nesbit, Lisa Sawyer, Tony Krasinski

ABSENT: Lyn Bradfield-excused, Vicki Mikolajski-excused, Maggie Davis-excused, Eileen Vescio

STAFF: Sandra Lindsey, Jennifer Keilitz, Ryan Mulder

GUESTS:

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:03 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of May 6, 2021.

Motion by Tony Krasinski and supported by Sally Weber to approve the minutes of May 6, 2021 as written. Motion carried.

II. MENTAL HEALTH FIRST AID TRAINING UPDATE

Jennifer Keilitz presented the Mental Health First Aid Training Update for the Citizens Advisory Committee. The following was reviewed:

What's Wrong?

- From 1999 to 2016, 630,000 people died from drug overdose. -Centers for Disease Control and prevention
- Nearly 1 in 5 U.S. adults lives with a Mental Illness. – National Institute of Mental Health via the National Survey on Drug Use and Health and the Substance Abuse and Mental Health Services Administration
- On average, 123 people die by suicide each day. – American Foundation for Suicide Prevention
- 64.1% of youth with major depression do not receive any mental health treatment. – Mental Health America
- 1 in 5 teens and young adults lives with a mental health condition. – National Alliance for Mental Illness
- 5.13% of youth report having a substance use or alcohol problem. – Mental Health America

Mental Health First Aid is the initial help offered to a person developing a mental health or substance use problem or experiencing a mental health crisis. The first aid is given until appropriate treatment and support are received or until the crisis resolves.

What Participants Learn:

- Evidence-Based Practices

- Risk factors and warning signs of mental health and substance use problems
- Information on depression, anxiety, trauma, psychosis and substance use
- A 5-step action plan to help someone who is developing a mental health problem or is in crisis
- Available evidence-based professional, peer and self-help resources

Mental Health First Aid Action Plan

Who We're Reaching

Support for Mental Health First Aid

Mental Health First Aid Works

Mental Health First Aid's Value

Dates of Trainings Available

1700 Persons Trained in Saginaw County.

Recently partnered with MSU Extension to bring additional MHFA instructors to county.

Recently Awarded Grant to Cover Free Trainings Through March of 2022

See CAC packet for complete details. The Committee was able to ask questions / make comment.

Motion made by Deb Nagel and supported by Tracey Roat to receive and file the Mental Health First Aid Training Update. Motion Carried.

III. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [NOV / FEB / MAY / AUG]

No Report.

IV. REVIEW OF CITIZENS ADVISORY COMMITTEE TO SCCMHA BOARD POLICY – 01.01.05

The latest version of the CAC policy was included in tonight's packet.

After review, the Committee recommended a couple of changes that will be formally approved at the June 14 SCCMHA Board of Directors meeting.

Motion made by Jim Nesbit and supported by Lisa Sawyer to receive and file requested changes to 01.01.05 Policy and recommend to CMH Board for approval. Motion Carried.

V. NEW BUSINESS

A. MSHN Citizen's Advisory Council Update

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CHAP
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

C. Confidentiality Agreements

Ryan thanked the several folks already for taking the time to sign and return their copies of the Confidentiality Agreements but we're still looking for one more.

VI. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Deb Nagel and supported by Tracey Roat to approve the Attendance Log. Motion carried.

B. Membership

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still CAC vacancies:

1. Community

Sandy and noted that they still would like to recruit an individual or a parent of a child with SED, Primary SUD diagnosis. This is still a work in progress though.

Motion by Jim Nesbit and supported by Deb Nagel to approve the Membership Log. Motion carried.

VII. CEO REPORT – SANDRA LINDSEY

Action Alerts have gone out asking for participation in automatic way to communicate with your legislature about proposed changes to CMH System (Sen. Shirkey's 'Geared for Change' & Rep. Mary Whiteford's plan). There are hearings for changes proposed by Whiteford. All members of these committees where this legislation is being proposed / discussed to not include members from the Saginaw area unfortunately. Pretty much goes along party lines. Sandy has reached out to our legislators and communicated our belief that these plans are not in the public's best interest or the CMH system as a whole.

Sandy noted that the Director of MDHHS has not been approached by either of authors of these plans (Shirkey or Whiteford). Governor Whitmer has the ability to veto these pieces of legislation but Sandy fear she may not do so as she has other areas that she may be bargaining with Senate and House Republicans and fears we could potentially be

used as a bargaining tool. We'll see how this plays out. Stay tuned as Sandy will continue to forward along requests for action.

Working on SCCMHA Annual Progress Report. Must report to Saginaw County BOC by July 31, 2021. Aim is to memorialize work during COVID-19 pandemic and will include 2020 data, arts and charts focus on what we did to protect consumers and our network.

Workforce shortages everywhere. People are leaving the business and / or are just moving around.

Meeting with key informant to discuss race and culture issues. Changes to Core values, new Workgroup on Cultural Competency as well. Engaging Dr. Paul Elam to assist on this topic. Focus groups and climate assessment on race and culture (develop a workforce more representative of our counties demographics).

Pleased to say that for all of the busy activities going on at the Covenant ED department. There is more Psychiatry there than there has been in a really long time (Psych fellows from CMU Medical Center).

CrisisConnect program with local law enforcement. Data about mental health interface with law enforcement in Saginaw County. Rolling out first to Saginaw City Police later on this summer. iPads will be placed in every patrol car in City. Build out Mobile Response Services team, deployed out of Hancock and have staff available to law enforcement 24/7. Next will be Saginaw Township, followed by BV, and lastly Saginaw County Sheriff's department. Hopeful for police to get good advise out in the field and result in potentially less visits to Emergency Department and/or inpatient hospitalizations. There will be more news upcoming on this project.

New CMH Board member, Cathy Dwan left recently so BOC had to reappoint her seat. Cym Winiecke has been chosen to represent District 1. Orientation with her is scheduled for June 11. She is hopeful that she'll be sworn in at 6/14 Board meeting.

VIII. OTHER INFORMATION

No July meeting.

IX. ADJOURNMENT

Motion by Deb Nagel and supported by Tony Krasinski to adjourn the meeting at 6:57 PM. Motion carried.