

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY  
CITIZENS ADVISORY COMMITTEE MEETING  
NOVEMBER 8, 2021 6:00 p.m.  
Minutes**

**PRESENT:** Ann Finta, Cheryl Nelson, Joan Williams, Arletta French, Deb Nagel, Sally Weber, Jim Nesbit, Lisa Sawyer, Tony Krasinski, Vicki Mikolajski, Tracey Roat, Maggie Davis

**ABSENT:** Eileen Vescio, Lyn Bradfield,

**STAFF:** Sandra Lindsey, Charlotte Fondren, Ryan Mulder

**GUESTS:** Scott Staszak-Game Changer

**I. CALL TO ORDER**

Ann Finta, Chair called the meeting to order at 6:09 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of August 5, 2021.

**Motion by Deb Nagel and supported by Arletta French to approve the minutes of August 5, 2021 as written. Motion carried.**

**II. 2021 SELF DETERMINATION SURVEY AND PLAN OF CORRECTION**

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disability reviewed the 2020 Self-Determination Satisfaction Survey Results. The following was noted:

- Measures performance of self-determination services and supports which incorporates a set of concepts and values including freedom, choice, and control so that consumers can live a self-determined life
- Review of Survey Results & Comments [121 sent and 44 returned – 36%]
- Conclusion
- Provider/Staff Survey Results & Comments [228 sent and 56 returned – 25%]
- Quality Improvement Opportunities
- Performance Improvement Pan (Improvement Opportunities):
  - #4 "I am able to choose who provides my services." Survey results indicate that participants may not be receiving enough information about choices they have as far as service providers.
  - #6 " Services with Self Determination Coordinator were available at times that were good for me." The survey results indicate that participants may not be receiving clear information on availability of our extended hours.
  - #7 "Services with the Fiscal Intermediary were available at times that were good for me." Stuart Wilson CPA has been the only Fiscal Intermediary (FI) choice up to now and they are only open M-Th. during business hours.

The Committee was able to ask questions / make comment. See document for details.

**Motion made by Vicki Mikolajski and supported by Lisa Sawyer to receive and file the 2021 Self-Determination Satisfaction Survey Report as presented. Motion Carried.**

### **III. GAME CHANGER PRESENTATION ON SITE BASED SERVICES AND ABA**

Scott Staszak, Owner-operator of Game Changer Therapy Services presented on Site Based Services and ABA. The following was noted:

- Game Changer offers Clinic Based & CLS / Respite Services now offered (Homebased)
- Age ranges: In Home / Clinic (mostly 8-12 but most benefit is for older population 16-17 though (finding enjoyment in unique activities: Kona Ice truck, community integration. Build kits from Home Depot / Lowes are another.
- Initiated on June 1, 2021
- Survey to Parents was sent out (developed list of 65 clients interested)
- Quality of Life Engagement in Communities (pumpkin farms, children's museum, going out to eat / movies / games
- In Clinic Activities: Legos, rock climbing, trampolines, playing outside (specific ideas for CLS / Respite activities)
- Building a curriculum (hired CLS / Respite Supervisor)
- Hours: 85 clinic hours per week / 54 Hours of Home based
- 27 individuals served in clinic setting (Monday – Saturday) – Really popular on Saturdays in particular
- If Vacancies become available they are offered to folks that showed interest in the past
- With school back in session there are a lot of families changing their mind from June survey
- Aim is to capture as many persons as possible for the program (maximum 6 hours per individual (1 day six hours, 2 day x 3 hours, 3 day x 2 hours, etc.)
- Continue to reach out to caseholders about interest but also spontaneous referrals
- Up to 3 to 1 staffing in clinic (feels is ideal)
- Kokomos and Star Dust have been really popular along with crafts (painting, tie dye, etc.)
- Increasing volume in numbers every week
- Still have availability
- 7-10 reachouts per week and if they are not interested they reach out for 4 more individuals that week
- Working to build relationships with small businesses (Autism inclusion training for their staff – create a list of community resources for parents to check out). Truly integrated community based services.

Sandy thanked Scott for his program and really appreciates his visionary approach for this population. Scott thanked Sandy for the partnership.

The Committee was able to ask questions / make comment. See document for details.

**Motion made by Lisa Sawyer and supported by Arletta French to receive and file the Game Changer Presentation on Site Based Services and ABA. Motion Carried.**

### **IV. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [NOV / FEB / MAY / AUG]**

There was no report.

### **V. NEW BUSINESS**

**A. MSHN Citizens Advisory Council Update**

See page 13 and 14 in tonight's packet.

**Motion made by Vicki Mikolajski and supported by Lisa Sawyer to receive and file the MSHN Citizens Advisory Council Update. Motion Carried.**

**B. Future CAC Agenda Items**

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CHAP
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

**VI. OLD BUSINESS**

**A. Attendance Log**

The Attendance Log was reviewed by the Citizens Advisory Committee.

**Motion by Arletta French and supported by Tracey Roat to approve the Attendance Log. Motion carried.**

**B. Membership**

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still CAC vacancies:

1. Community

Sandy and noted that they still would like to recruit an individual or a parent of a child with SED, Primary SUD diagnosis. This is still a work in progress though.

With Eileen's illness progressing we will need to look for another Community Rep on CAC as well.

**Motion by Deb Nagel French and supported by Vicki Mikolajski to approve the Membership Log. Motion carried.**

**VII. CEO REPORT – SANDRA LINDSEY**

Sandy noted that SCCMHA is working on our CCBHC certification and hopeful that when accomplished we will qualify for enhanced payments (aim is to have provisional certification status by December 1).

SAMHSA CCBHC grant continues to go as well and may be able to be extended by a year or so.

On Monday, Sandy participated in Listening Session on Mental Health which was hosted by Congressman Amos O'Neal here in Saginaw. Deb Nagel and Mike Cierzniewski were on the panel. Had a nice representation of Saginaw leadership to talk about Mental

Health. These sessions are in direct regard to State Republican proposed changes to Mental Health Services in our state. Other attendees included: CEO from Bay-Arenac CMH, Covenant ECC's Matt Diebel, Carl Williams, Lisa Coney, Dr. Ali Ibrahim, Dr. Coughlin from GBHC, and former SCCMHA staffer Heather Beson who now works for GLBHC.

Sandy forecasted that Shirkey Senate Bills (SB 597 & 598) will likely come out of committee at some point shortly but is unknown if they will have necessary votes to be moved forward by committee / passed by full house / or ultimately be signed by Governor's Office.

There was a recent video that was released by CMHA in opposition to these Shirkey Senate Bills. Available on YouTube at: <https://www.youtube.com/watch?v=MtSuQHBue7k> and also another at: <https://www.facebook.com/CMHAMich/videos/1077541796378068/>

Recent press release from Sen. Stabenow about CCBHC and also a Detroit Free Press article that talks about her family experience with mental health which explains her passion on this topic (see Other Information in tonight's packet).

There will be additional guidance on vaccine mandates that were released by White House today. Sandy has not had a chance to review but will be doing so tomorrow. Workforce shortages are everywhere and really scary. Children's staff in particular has taken some hits as well as afterhours crisis positions.

## **VIII. OTHER INFORMATION**

### **IX. ADJOURNMENT**

**Motion by Joan Williams and supported by Deb Nagel to adjourn the meeting at 7:02 PM. Motion carried.**