

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
CITIZENS ADVISORY COMMITTEE MEETING
FEBRUARY 3, 2022 6:00 p.m.
Minutes**

PRESENT: Ann Finta, Cheryl Nelson, Arletta French, Deb Nagel, Jim Nesbit, Lisa Sawyer, Vicki Mikolajski, Tracey Roat

ABSENT: Sally Weber-excused, Lyn Bradfield-excused, Joan Williams-excused, Tony Krasinski, Maggie Davis

STAFF: Sandra Lindsey, Mary Baukus, Colleen Sproul, Ryan Mulder

GUESTS: Dan Durow-TTI Inc.

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:05 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of November 2, 2021.

Motion by Vicki Mikolajski and supported by Deb Nagel to approve the minutes of November 4, 2021 as written. Motion carried.

II. EVIDENCE-BASED PRACTICES (EBP) PRESENTATION

Mary Baukus, Evidence-Based Practices and Trauma Informed Care Coordinator presented on Evidence-Based Practices (EBP). The following was noted:

- What does EBP mean?
- Definitions
- Why focus on EBPs
- EBPs for Adults / Children, Youth or Adults
- EBP Implementation
- Recent Barriers to Implementation
- SCCMHA EBP Information - <https://www.sccmha.org/resources/evidence-based-practices.html>

The Committee was able to ask questions / make comment. See document for details.

Motion made by Tracey Roat and supported by Vicki Mikolajski to receive and file the Evidenced-Based Practices Report as presented. Motion Carried.

III. ASSERTIVE COMMUNITY TREATMENT (ACT) TEAM PROGRAM PRESENTATION

Daniel Durow, Training & Treatment Innovations, Int. (TTI) presented on Assertive Community Treatment (ACT) Program. The following was noted:

- ACT Program Overview
- Philosophy
- Description
- Target Populations
- Admission / Re-Admission Criteria

- Discharge Criteria
- Goals / Modalities of ACT Program
- Outcome Measures
- Resources Available
 - Multi-disciplinary Team
 - Community Visits and Office Visits
 - Medication Reviews
 - Person Centered Planning
 - Individual Plan of Service (IPOS)
 - Referrals to Groups, Housing and Other Community Agencies / Services

The Committee was able to ask questions / make comment. See document for details.

Motion made by Vicki Mikolajski and supported by Deb Nagel to receive and file the Assertive Community Treatment Team update as presented. Motion Carried.

IV. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [NOV / FEB / MAY / AUG]

Colleen Sproul, Chief of Health Services & Utilization Management presented on CCBHC-E (Expansion) Grant. The following was noted:

- SCCMHA CCBHC-E Progress Towards Goals – Feb. 1, 2022
- Timeline (5/1/20 – 4/30/22)
- Enrollment in Services and Outcomes Assessment
 - Adults Enrolled = 472 (73% of predicted enrollment)
 - Youth Enrolled = 231 (208% of predicted enrollment)
- Outcomes NOMS Collected for all Enrolled
- Infrastructure, Development, Prevention and Mental Health Promotion (IPP)
Indicators
 - A4: The number of consumers or family members (secondary consumers) on advisory councils was 29 (63% of council memberships): 5 on SCCMHA Citizens Advisory Committee, 4 on SCCMHA Board of Directors, and 20 on Consumer Leadership Group
 - S1: The number of individuals who have been screened for mental health or related interventions is 6,275.
 - WD2: The number of people in the workforce who have been trained on practices consistent with goals of the grant is 1,611.
 - PC2: The number of organizations reported to be collaborating as a result of the grant is 17: Ascension, Covenant Health System, Covenant Visiting Nurse Association, two organizations with the DECIPHeR Initiative, the Department of Veterans Affairs, Ezekiel Project, Great Lakes Bay Health Centers, Quest Diagnostic, Saginaw Community Health Improvement Plan-Behavioral Health Action Team, 5 local prescribers in collaboration

regarding integrated health behavioral interventions, and collaboration with Conley Security to expand SCCMHA hours.

Motion made by Lisa Sawyer and supported by Deb Nagel to receive and file the CCBHC Update as presented. Motion Carried.

V. NEW BUSINESS

A. MSHN Citizens Advisory Council Update

See page 29 and 30 in tonight's packet. Deb Nagel did not have anything to report on.

Motion made by Lisa Sawyer and supported by Vicki Mikolajski to receive and file the MSHN Citizens Advisory Council Update. Motion Carried.

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CHAP
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

VI. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Deb Nagel and supported by Jim Nesbit to approve the Attendance Log. Motion carried.

B. Membership

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still CAC vacancies:

2. Community

With Eileen's passing sadly we will need to look for another Community Rep. Sandy noted that she still would like to recruit an individual or a parent of a child with SED, Primary SUD diagnosis if possible but this is still a work in progress.

Motion by Vicki Mikolajski and supported by Deb Nagel to approve the Membership Log. Motion carried.

VII. CEO REPORT – SANDRA LINDSEY

COVID-19 cases had doubled in residential settings since Christmas which is concerning. Saginaw County Public Health cases were up overall as well. Hopeful that the trajectory is now going down (with OMICRON becoming the most prevalent variant and appearing

to be running its course). Sandy also reported the COVID-19 Vaccine mandate was struck down by Supreme Court for businesses with greater than 100 employees. The CMS mandate for providers of Medicaid / Medicare is still in place and appears to have an impact on approximately 20 SCCMHA staff and contract providers in certain job classifications.

State's actuary Milliman has forwarded a description of Salary Survey to be completed by CMHSP / PIHP provider networks (notification went out yesterday to SCCMHA providers). Hopeful that this goes well but Sandy noted she knows that this is a big lift. This info is being used to evaluate expenses across the state with the intention of getting to a standard fee schedule across the state.

All three of SCCMHA's union contracts that were set to expire at the end of last year were ratified over the holidays (SEIU, AFSCME and MNA). New language in contracts for the next 3 years.

Board Reappointments are coming up as well at the end of March. More on this at our next meeting.

Emergency Declaration has been extended so there will not be Medicaid drop-offs either (resulting in very stable Medicaid funding for rest of fiscal year).

VIII. OTHER INFORMATION

Sandy encourages members of the CAC to complete their Action Alerts to sign the petitions using the link at <https://www.cmham.org/advocacy> to let your voice be heard about proposed changes to CMH System (SB 597 & 598).

Sandy has written a letter to Ken Horn about this topic that she plans to send once the vote has been officially scheduled. She wants it to be the last voice he hears on this topic. Sandy will keep the CAC apprised on any news on the topic.

IX. ADJOURNMENT

Motion by Lisa Sawyer and supported by Vicki Mikolajski to adjourn the meeting at 7:23 PM. Motion carried.