

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY  
CITIZENS ADVISORY COMMITTEE MEETING  
APRIL 7, 2022 6:00 PM  
Minutes**

**PRESENT:** Ann Finta, Cheryl Nelson, Jim Nesbit, Lisa Sawyer, Vicki Mikolajski, Tracey Roat, Lyn Bradfield

**ABSENT:** Arletta French-excused, Sally Weber-excused, Maggie Davis

**STAFF:** Sandra Lindsey, Ryan Mulder

**GUESTS:** Dean Emerson and Yolanda Bellinger of SVRC, Denise & Melanie Stenger

**I. CALL TO ORDER**

Ann Finta, Chair called the meeting to order at 6:01 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of March 3, 2022.

**Motion made by Jim Nesbit and supported by Vicki Mikolajski to amend tonight's agenda to include "III. Veterans and Family Navigator Program". Motion carried.**

**Motion made by Vicki Mikolajski and supported by Lisa Sawyer to approve the minutes of March 3, 2022 as written. Motion carried.**

**II. SVRC (MY VOICE MY CHOICE, COMMUNITY LIVING SUPPORT, COMMUNITY BASED SKILL BUILDING, COMPETITIVE INTEGRATED EMPLOYMENT, VOCATIONAL REHABILITATION)**

Dean Emerson, Chief Executive Officer at SVRC presented an SVRC / My Voice My Choice Update. The following was noted:

- SVRC / My Voice My Choice Services Available:
- Community Living Supports (CLS)
- Community Based Skill Building (CBSB)
- Volunteer Programming
- Competitive Integrated Employment (CIE)
- Vocational Rehabilitation
- Virtual Community Living Support
- Virtual Skill Building
- CIE Success Stories

The Committee was able to ask questions / make comment. See document for details.

**Motion made by Vicki Mikolajski and supported by Lisa Sawyer to receive and file the SVRC / My Voice My Choice Update as presented. Motion Carried.**

**III. VETERANS AND FAMILY NAVIGATOR PROGRAM**

Matthew Clark, Veteran and Military Family Navigator presented on the Veteran and Military Family Navigator program. The following was noted:

- Overview
- Info on himself
- Purpose of Veteran and Military Family Navigator
- How can VMFN Help
- Referrals to VMFN

The Committee was able to ask questions / make comment. See document for details.

**Motion made by Tracey Roat and supported by Lisa Sawyer to receive and file the Veterans and Family Navigator update as presented. Motion Carried.**

#### **IV. ELECTION OF OFFICERS / SELECTION OF NOMINATING COMMITTEE**

The Citizens Advisory Committee (CAC) discussed Chair and Vice Chair positions and Selection of Nominating Committee. Current officers are Ann Finta – Chair, Vicki Mikolajski – Vice Chair and Cheryl Nelson – Secretary. Other interested members wishing to serve as an officer (Chair, Vice Chair or Secretary) are encouraged reach out. This discussion will continue at the next CAC meeting in May.

#### **V. NEW BUSINESS**

##### **A. MSHN Citizens Advisory Council Update – February 11, 2022**

See page 25 in tonight's packet for the Snapshot from this meeting.

##### **B. Future CAC Agenda Items**

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CHAP
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

#### **VI. OLD BUSINESS**

##### **A. Attendance Log**

The Attendance Log was reviewed by the Citizens Advisory Committee.

**Motion by Lisa Sawyer and supported by Vicki Mikolajski to approve the Attendance Log. Motion carried.**

##### **B. Membership**

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still several vacancies:

Two (2) Community  
One (1) Primary Consumer  
One (1) Secondary Consumer  
One (1) Service Provider

**Motion by Lisa Sawyer and supported by Vicki Mikolajski to approve the Membership Log. Motion carried.**

**VII. CEO REPORT – SANDRA LINDSEY**

Sandy noted that there have not been any COVID positive cases over the last six (6) weeks which is wonderful news. Even though things are looking better it doesn't mean things are going well everywhere though. Workforce shortages, serious behavioral concerns, psychotic breaks, aggressive behavior, self-harm, and serious suicide situations are occurring at a higher than usual rate. This is really hard to hear.

**VIII. OTHER INFORMATION**

**A. 03/24/21 CAC Reappointment Letters [Maggie Davis, Arletta French, Cheryl Nelson, Tracey Roat]**

**B. Lambert / CMHA – PR Results Summary on SB 597 & 598**

**Sandy noted that there has still not been a Senate floor vote likely related to not yet having enough votes.**

**C. First Choice The Loop Newsletter**

**IX. ADJOURNMENT**

**Motion by Tracey Raquepaw and supported by Lisa Sawyer to adjourn the meeting at 06:50 PM. Motion carried.**