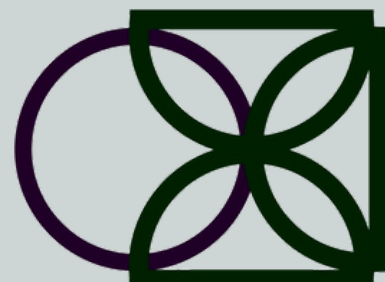


# SCCMHA PROVIDER NEWS

June 2022



## In this edition

- 1-4 CEO Letter
- 4 Audit Reviews
- 5 Training Updates
- 6 June Awareness
- 7 What is TAY? & NAMI
- 8 Double up Food Bucks  
& Walk for Hope
- 9 Bayside Clubhouse
- 10 Friends For Recovery  
Center & Residential  
Corner
- 11-12 A Night to Remember

## A Message from the CEO, Sandra Lindsey

Summer greetings SCCMHA Provider Network members. I hope you and yours are safe and well and enjoying some great Michigan weather. My article this issue like others of the recent past would be to share updates in the state PIHP/CMHSP system and those unique to SCCMHA. Before I get to these updates, I want to begin with some comments on gun violence.

### **A Moment of Reflection on Gun Violence and its Impact**

Our world feels very overwhelming and heartbreaking right now as we almost daily hear reports of gun violence. We expect our schools to be places of safety for students and not the site of yet another incident of mass violence. We mourn the deaths of nineteen young students and two teachers at Robb Elementary School in Uvalde, Texas and their families. We ache for the students and faculty and other school personnel that survived the event but are traumatized and forever changed by this event as is the whole greater Uvalde community from this tragedy.

Gun violence is now the leading cause of death for youth in the United States.

Across the US the weekend of June 4th there were more than a dozen people killed and another seventeen injured as the result of gun violence. This includes in Michigan; the death of one person and injury to three others in Grand Rapids, five persons wounded in Ecorse and closer to home, three persons killed in Bridgeport including a pregnant mother who died of her gunshot injury at the hospital. Her 7-month-old baby was saved and is now without their mother.

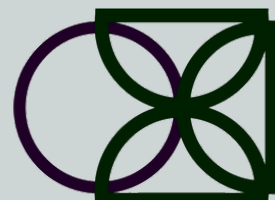
These tragedies are added to the other recent mass gun violence casualties seemingly driven by grievance, racism, and hate; at a supermarket in New York, a medical facility in Oklahoma, a Taiwanese church in California, high school graduation celebrations in Texas and South Carolina, an entertainment district in Philadelphia and nightclub in Tennessee.

This senseless gun violence that leaves a wake of death and injury impacts not just victims and their families left with the trauma of this life changing event, but also erodes the safety of whole communities. Let's also not forget those medical professionals in our local emergency departments that must deal with the aftermath of these shootings, as though the strain of two years of COVID care and death was not enough strain on the humanity of these professionals or the mental health staff like our own, working side by side with these doctors and nurses and from whom they seek debriefing aid comfort.

Have these tragedies not become unbearable to the American consciousness? The polarized politics on guns in our nation and the perpetual suggestion that these tragedies are the result of inadequate mental health care and not gun safety are ridiculous. Grievance and hate are not diagnosable mental health conditions. The refusal of a whole party of elected officials to enact reasonable gun laws directed at those posing the most recent threats since Sandy Hook Columbine, Parkland or Oxford High school last year; those too young, impulsive and not responsible enough to own or have gun access. These same elected officials that suggest guns are not the problem, even when the guns are automatic weapons, designed for warfare and to kill other human beings at a rapid rate, are also those that refuse to act. Though they point to "mental health conditions" as a

*Continued on next page...*

## SUICIDE PREVENTION LIFELINE: 1-800-273-TALK (8255)



mitigating factor for these events, they refuse to consider even red flag laws to limit access for those who have openly threatened gun violence or who are experiencing temporary cognitive and emotional impairment, which should at least for a time, limit their access to guns. Their position is simply irrational, and out of step with most of Americans including responsible gun owners.

It is my desperate hope that by the time this issue of our newsletter is published there will be no additional reports of fatalities and injuries that resulted from gun violence, but the trends this year for these kinds of tragic mass shooting events to cease seems unlikely.

## **New Projects Update:**

### **Unwind to Federal Public Health Emergency (PHE)**

The federal PHE declaration has driven the policies of Medicare and Medicaid since the onset of the COVID-19 pandemic. In recent months, with new COVID cases trending downward and hospitalizations and COVID deaths way down, MDHHS has started to plan and hold meetings with groups doing business with MDHHS in the Medicaid space. Audiences for these meetings have included; CMHSP/PIHPs, FQHC, long term care facility providers and healthcare systems. The purpose of these meetings has been for MDHHS to share planning information in anticipation of the end to the federal PHE and the resulting Medicaid and Medicare changes.

Many of the changes MDHHS is planning for are the unwinding of COVID-19 policy accommodations, but others are economic arrangements with states and the Centers for Medicare and Medicaid Services (CMS) and still others are around Medicaid eligibility.

One of the most complex challenges will be re-establishing the Medicaid Eligibility Redetermination Process. During the pandemic no beneficiary lost Medicaid or Healthy MI eligibility and related coverage, due to the measures prescribed in the conditions of the PHE. MDHHS will have 60 days post the end date of the PHE, to respond to the rewind of policy changes that resulted from the pandemic, including beneficiary Eligibility Redetermination. MDHHS and the Medicaid provider community, including SCCMHA, appreciates the challenges inherent in the restart of this process. Whether or not MDHHS even has the correct addresses for all current beneficiaries, is in question as people may have moved over the two years of the pandemic, as an example of the involved challenges. MDHHS, during their recent provider meeting, did indicate that planning for communication with beneficiaries is in the works.

The other related subject besides eligibility redeterminations and policy accommodation rollbacks will be how many telehealth billing codes will continue to be allowable in the Medicaid and Medicare programs. Stay tuned.

### **Diversity Equity and Inclusion (DEI) Project at SCCMHA**

A presentation of the first phase of the work in DEI space at SCCMHA has resulted in a climate assessment and recommendations. The work of the last year has included staff surveys, staff focus groups and a comprehensive SCCMHA policy review by Paul Elam, PhD., the expert consultant to the project.

Dr. Paul Elam has been delivering presentations about this project, including a Climate Assessment of findings and recommendations to a number of audiences recently including; the SCCMHA Board of Directors, Management Team, Leadership Team and an All Staff Summit last month. He is also scheduled to present at the Citizens Advisory Council at their monthly meeting in August. The SCCMHA DEI Team comprised of 14 staff members will commence work in July with Dr. Elam and myself on the development of a 3-year DEI Implementation Plan.

### **Season of Site Visits/Audits**

It seems to be the year and season for many virtual site visits and audits scheduled yet this summer and into the fall. The oversight events have been scheduled as follows:

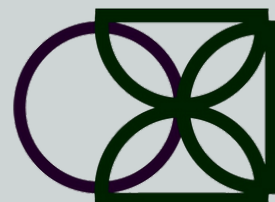
- Medicaid Waivers Site Review (HSW, SED, Child Waivers) – 6/13 thru 6/17
- HUD Shelter Plus Care – 6/27 thru 7/1
- PIPBHC Site Visit with MDHHS and U of M – June 9
- CCBHC Mid-Year Check in with MDHHS – August 9
- CARF Accreditation – The application for a site survey with voluminous documents was submitted last month and we are awaiting our dates for the site visit early this fall. (We believe the visit will likely be scheduled in September.)

### **Contracted Provider Network Agency Funding to Support Staffing Stabilization**

SCCMHA in concert with all of the CMHSP agencies in the Mid-State Health Network region, recognizing the work force shortages everywhere, collectively designed a process for provider agencies to make application for additional funding this year to help with both staff retention and new staff recruitment. SCCMHA received 27 applications that have been approved for this additional funding which started going out to providers as related expenses were experienced last month. Below is a listing of the funding commitments made by

*Continued on next page...*

# SCCMHA PROVIDER NEWS



SCCMHA to our network provider agencies for the rest of the fiscal year.

\$215,558= Oct. - March YTD unusual expenditure reporting by network  
\$200,000= Apr.- Sept. Estimated unusual expenditure reporting  
\$74,454= FY22 Unique provider stabilization payment made based on regional plan  
\$4,433,936= MSHN Staffing Crisis Provider Stabilization applications (27 applications)  
**\$4,923,948 Total Projected Stabilization Funding to Contract Agencies**

## **New MDHHS Projects Coming in FY 2023/2024**

All of these new projects have been on hold due to COVID-19 but are now starting back up.

**Electronic Visit Verification (EVV)**– MDHHS has begun the procurement process for staff members of select programs like Personal Care and Home Health Care services, offered in the MiLink and CMHSP networks. The selection and purchase of an electronic application is necessary for MDHHS to meet the federal standards specified in the 21st Century Cures Act. At present MDHHS is forecasting a Go Live with EVV in the 4th quarter of calendar 2023.

**Conflict Free Assessment & Planning (CFA&P)**– this is a federal Managed Care requirement to protect against financial and clinical conflict of interest between assessments and service planning and payment authorization. There is a seated workgroup of CMHSP providers working with MDHHS on this project. Many concerns are emerging about how this will all sort, as it may mean big changes to CMHSPs, PIHPs, and their networks in terms of structural arrangements and IT system changes, all of which will take time and likely include additional cost.

**1915(i) SPA Medicaid Waiver** - this is another big change as the 1915(i) SPA, will replace the B3 Medicaid Waiver. Unlike the B3 Waiver, it will require individual enrollment and enhanced service monitoring of a very large percentage of the 7,500 persons served by SCCMHA and our Network.

## **MiCAL Crisis and Text Line Staff Training Underway**

All 12 CMHSPs in the MSHN region have agency staff members that are going through training in preparation for the Go Live with MiCAL (new platform to link live crisis and text lines). Common Ground is the contractor selected by MDHHS to staff the MDHHS Service which will connect down-stream to the crisis response lines at CMHSPs. Each PIHP region is systematically being trained on how this new MDHHS platform will work going forward, which will also connect upstream to the new federal 9-8-8 telephone exchange for the federal Behavioral Health Crisis and Text Lines which is combining with the national Suicide Prevention Life Line yet this summer. Stay tuned for additional info once we are fully connected and using the new system.

## **SCCMHA Relaxing of COVID Safety Measures**

SCCMHA has made masking optional for staff and building visitors at 6 of our 8 locations. In addition, group spaces like waiting rooms, staff lunchrooms, conference rooms and training spaces have expanded capacity to 80% of pre-pandemic levels.

The exception will be the need to wear a mask if a consumer asks staff members to do so during both office and home visits.

## **SCCMHA Received Full Certification as a Community Behavioral Health Clinic (CCBHC) in the MDHHS SAMHSA Demonstration as an Expansion State.**

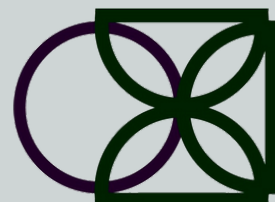
SCCMHA has received full certification as a CCBHC site by MDHHS. Therefore, SCCMHA will be able to continue to draw down prospective payment for billable CCBHC service codes.

Though pleased with our full certification status, there is still much work to do to both expand services and to refine workflows for CCBHC standards and practice.

## **Summer Respite Camp Resumes after 2 Years of COVID Closure**

SCCMHA is very pleased to report that we have organized the following summer respite camp opportunities this season and enrollment is well underway. Camp is a covered service in the Medicaid Specialty Benefit and provides not only an important break for parents and care givers but is also a great consumer experience.

*Continued on next page...*



SCCMHA 2022 Sponsored Camps (settings unique to SCCMHA consumers) Include:

- Hartley Outdoor Education Center – Overnight respite camp (One Session- two overnight days)
- SCCMHA/GameChanger/YMCA Saginaw- Day Respite Camps (2 session weeks/4 days per session)
- Kingdom Life Ministries – offering 30 respite camp days throughout summer
- Center of Attraction- offering 25 respite camp days throughout summer

Additional integrated camp sponsorship (Child/Adult/IDD/SED) throughout the State like Camp Fishtales, Mystic Lake, Spring Hill, Indian Trails, Fowler Center, Camp Timbers, are also setup and welcomed camp options. SCCMHA can authorize registration and payment, but these camps are not classified SCCMHA sponsored camps as we do not have exclusive access to such programs/facilities.

Each respite camper can choose both an overnight and day camp experience if families wish with camp goals and objectives written into IPOS, and additional camp opportunities with clinical IPOS supporting documentation can be further supported and authorized for specialty camp experiences.

In closing, on behalf of the SCCMHA Board of Directors, our administration and the consumers and families it is our honor to serve, thank you for all that you do in support of our service delivery system.

Regards,

Sandra M. Lindsey, CEO

*Congratulations*

To **SVRC** on receiving a three-year CARF Accreditation



To **Autism Systems** on receiving a three-year BHCCE Accreditation

## Audit Reviews

Written by: Melynda Schaefer

The Auditing department has started making graduated changes in response to the reduction in COVID-19 infection rates in the Saginaw area by resuming in-person audits for some providers. After almost 2 years of completing virtual audits, we are excited to get back out to physical locations and see the faces of staff and consumers. We will continue to monitor COVID-19 infection rates and will still be completing a portion of the audit via a desk review. The assigned auditor will reach out to the provider to see if there is a preference of on-site or virtual and proceed accordingly. Items such as policies and event verification documentation may be requested ahead of the audit date to help reduce the amount of time the auditor will be in the home during an on-site review. We encourage all providers to review the audit tool ahead of time so any questions and concerns can be addressed prior to the audit date. If it is helpful to schedule a pre-audit conference, please feel free to request one from the assigned auditor. During this time, the auditor can review the tool and answer any questions you may have. As always, the auditing tool and the FY22 Network Services Provider Manual can be found on our SCCMHA website under ABOUT US – Business Partnerships. The auditing team appreciates all the effort being put in to ensure the consumers we serve receive quality care. We look forward to working with all of you! If you have any questions, please feel free to reach out to the auditing team.

**Melynda Schaefer:** Provider Network Auditing Supervisor

- Melynda.Schaefer@sccmha.org
- 989-797-3491

**Melissa Taylor:** Provider Network Auditor

- Melissa.Taylor@sccmha.org
- 989-272-7295

**Tony Navarre:** Provider Network Auditor

- Tony.Navarre@sccmha.org
- 989-498-2264

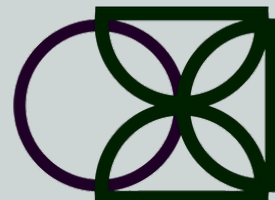
**Tiffany Barnett:** Provider Network Auditor

- Tiffany.Barnett@sccmha.org
- 989-272-7334

**Debbie Jones-Burt:** Residential Placement Liaison/HCBS Coordinator

- Debbie.Jones-Burt@sccmha.org
- 989-797-3504





## Training Updates

### Recipients Rights Training can now be completed online.

During our recent Michigan Department of Health and Human Services Office of Recipient Rights audit it was noted that Saginaw County Community Mental Health Authority (SCCMHA) and its network is once again out of compliance with having staff trained within 30 days of hire.

To rectify the concern of making sure all staff have Recipient Rights training within 30 days of hire, SCCMHA is allowing all staff to complete the online version of Recipient Rights training or Relias Recipient Rights training in place of the in-person class. We hope this will allow staff to obtain training quickly in their hiring process so that staff have the knowledge to assure good care for consumers.

SCCMHA will continue to offer face to face Recipient Rights training as we know not everyone learns the material by reading and testing. Some are visual and audio learners.

The requirement for annual Recipient Rights training is still required. This can be completed in person or online.

### Implicit Bias CEUs needed for Social Worker Licensing

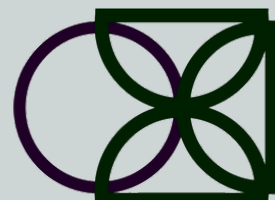
- Licensees and registrants renewing their license on or after June 22, 2022, will be required to complete Implicit Bias training that meets the standards in Administrative Rule 338.7004, prior to renewing your license. You will be required to complete a minimum of 1 hour of implicit bias training for each year of your license cycle.
- Make sure you check your individual license for the expiration date, since renewal periods have changed. It is very possible you could have a very short window of time to complete a LARA required training.
- Licensees are required by Michigan law to retain documentation of meeting CE requirements for a period of four (4) years from the date of application for license renewal or re-licensure. The new rule also requires licensees to retain documentation of meeting the requirements of Implicit Bias training for a period of **6 years** from the date of applying for licensure, registration, or renewal.
- FAQ – How many hours of training do I need?
  - **New Applicants** for licensure or registration are required to have completed 2 hours of implicit bias training within the 5 years immediately preceding issuance of the license or registration.
  - **Renewing** licensees and registrants are required to complete 1 hour of implicit bias training for each year of their license or registration cycle. However, for **initial** renewal after June 1, 2021, licensees will only need to have 1 hour for each year since the rule's promulgation date of June 1, 2021.
  - For example, if you are scheduled to renew your license in August of 2022, you would only be required to have 1 hour of training, even if the length of your license was 3 years. **Remember:** The rule also specifically states that this training is in addition to any continuing education requirements required for renewal.
  - Subsequent renewals will require 1 hour of implicit bias training for each year of the license or registration cycle.
- If you have questions, please refer to the email sent out by Alecia Schabel on Monday, May 16, 2022. If you did not receive this email or have additional questions, please contact [Alecia.Schabel@sccmha.org](mailto:Alecia.Schabel@sccmha.org).

### Training Participant Guideline Manual Reminders

The training department has been experiencing some issues with students not following some of the training guidelines. Please see the below guidelines from page 6 of the manual that participants have not been adhering to. Please make sure your staff are aware of and understand these guidelines prior to training:

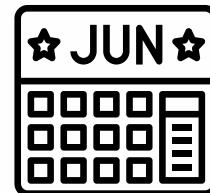
**#1** Cell phone use is prohibited in the classroom and/or virtual training. **PHONES ARE NOT ALLOWED TO BE SITTING ON THE TABLE OR IN SIGHT, THEY MUST BE PUT AWAY.** You must turn your cell phone setting to "silent" or turn it off and put it away before class begins. Checking voice messages, texting, emailing, making calls and playing games are all considered cell phone use and is prohibited in the classroom and/or virtual training. You will be given breaks to use your phone. Attendees will be asked to leave training if found violating this rule. You may give the following numbers to be contacted in the classroom in the event of an emergency or if you are having problems with your virtual attendance: (989) 797-3445 or 989-797-3451.

**#2** Any special accommodation that is needed must be cleared through your Home Manager, Supervisor or Training Coordinator **PRIOR** to attending training. The Home Manager, Supervisor or Training Coordinator is responsible for requesting an accommodation from the Continuing Education Unit at least 24 hours **PRIOR** to the start of training



## June Awareness

Articles written by Tom Caylor



### **LGBTQ Pride Month**

Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) Pride Month is currently celebrated each year in the month of June to honor the 1969 Stonewall Uprising in Manhattan. The Stonewall Uprising was a tipping point for the Gay Liberation Movement, and the last Sunday in June was initially celebrated as "Gay Pride Day," but the actual day was flexible. In major cities across the nation, the "day" soon grew to encompass a month-long series of events. Today, celebrations include pride parades, picnics, parties, workshops, symposia and concerts, and LGBTQ Pride Month events attract millions of participants around the world.

Memorials are held during this month for those members of the community who have been lost to hate crimes or HIV/AIDS. The purpose of the commemorative month is to recognize the impact that lesbian, gay, bisexual and transgender individuals have had on history locally, nationally and internationally.

Michigan is home to an estimated 373,000 residents who identify as LGBTQ. This is nearly 4% of the state's population, and these individuals contribute to the fabric of society, hold positions in every sector of the economy, and live in every corner of the state. Michigan has been at the forefront of advancing civil rights for LGBTQ people, beginning with the nation's first non-discrimination ordinance passed in 1972 in East Lansing and the nation's first Civil Rights Commission to independently recognize that discrimination "because of sex" includes sexual orientation and gender identity in 2018.

Saturday, June 25th is the Great Lakes Bay Pride Festival at Wenonah Park in Bay City: <https://greatlakesbaypride.org>

### **Men's Health Month**

Throughout June, Men's Health Month aims to encourage boys and men to take charge of their overall health by implementing healthy living decisions. This year, as the country has been impacted by the COVID-19 pandemic, it is crucial that men get regular checkups and be aware of the risks for their age, ethnicity and lifestyle.

According to the Centers for Disease Control and Prevention (CDC), 14.9% of men aged 18 and over are in fair or poor health. The following are more statistics:

Consider these statistics:

- 350,000 men die of cardiovascular disease each year.
- More than 700,000 men are diagnosed with cancer each year; 300,000 of those cases will result in death.
- 230,000 men are diagnosed with prostate cancer every year. It's the second leading cause of death in men.
- More than 60% of adult American men are overweight or obese.

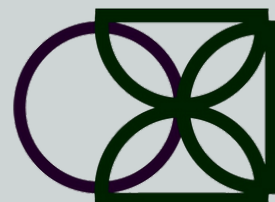
During Men's Health Month, men are urged to take steps to enrich their health and wellness through proper screenings and care.

### **PTSD Awareness Month**

Post-Traumatic Stress Disorder (PTSD) Awareness Day is observed every year on June 27, recognizing a condition that many veterans and non-veterans alike suffer. PTSD can occur when someone experiences or witnesses a traumatic event, and this condition wasn't always understood properly by the medical or military community. Press releases from the US Department of Defense often point to earlier attempts to identify PTSD symptoms in the wake of service in World War II, Vietnam and other conflicts.

In 2010, US Senator Kent Conrad pushed to get official recognition of PTSD via a "day of awareness" in tribute to a North Dakota National Guard member who took his life following two tours in Iraq. Staff Sergeant Joe Biel died in 2007 after suffering from PTSD. He committed suicide after his return from duty to his home state. Biel's birthday, June 27, was selected as the official PTSD Awareness Day, which is now observed every year.

In 2014, the US Senate designated the full month of June as PTSD Awareness Month.



## What is TAY?

Written by: Tom Caylor

**Transition Age Youth (TAY) Services** is a program of Saginaw County Community Mental Health Authority (SCCMHA) that helps youth and young adults, ages 14 to 21, with emotional and behavioral challenges. It guides these consumers from adolescence to a life of independent adulthood, and it offers individualized support to adapt and manage complex situations that often occur during changing times.

Supervised by Hannah Rousseau and staffed by a team of three others, TAY currently has 27 consumers, with an average age of 17 to 19. It helps them explore, develop and achieve their self-determined goals for education, employment, living, social and community support, physical and mental health, and well-being. Services range from task-specific skill building with a peer to intensive counseling with a therapist.

"Youth with emotional and behavioral challenges have a much higher risk than their peers for under-education, underemployment, unstable housing, substance use disorder and criminal justice involvement," Rousseau said. "TAY is a bridge between childhood and adulthood that helps them avoid these problems. We identify what services and skills each consumer needs and provide them. I like to call it 'Adulting 101.'"

Cristiana Brenner is a 21-year-old who has been in TAY for about six months. Having been in and out of counseling since the age of seven, she said the program has had a strong impact on her life. She now lives independently, works two jobs and dreams of someday being a counselor.

"They really cared," she said. "They showed me what I needed to do in order to do what I wanted to do. They pushed me in the right direction. TAY definitely helped prepare me for the outside world."

For more information on TAY, contact SCCMHA at 800-258-8678.



**nami** | **Family Support Group**  
National Alliance on Mental Illness

The National Alliance on Mental Illness (NAMI) is pleased to announce a new Family Support group in the City of Saginaw.

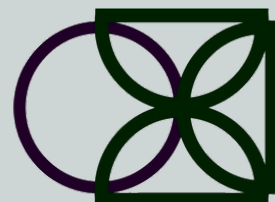
**Where:** New Heart United Methodist Church  
1802 W Michigan Ave, Saginaw 48602

**When:** 1:00 pm on the 3rd Thursday of every month

NAMI Family Support Groups are free, confidential, and safe. We are families helping other families support a loved one with a mental health condition.

For more information, contact NAMI at 810-232-6498  
or [namigenesee@gmail.com](mailto:namigenesee@gmail.com)





## Double Up Food Bucks

### Buy \$1, Get \$1 FREE Fruits & Veggies

- This program is available if you have an active EBT / Bridge card
- Participating locations: Farmer's Markets in Downtown Saginaw, Frankenmuth, Hemlock, & St Charles and Great Giant grocery store

### Farmer's Market Tips

- Take a walk around to estimate funds needed for this trip
- Pick any even number \$20 or less, keeping in mind that this will double Example: \$6 deducted will give \$12 in coins to use
- Locate the info booth, share with market staff how much you would like deducted from EBT card
- Use silver coins first on any Michigan produce, wooden coins can be used for all other edible items at the market
- Coins never expire and can be used all season long

### Grocery Store Tips

- Amount of produce purchased will be reflected in a coupon at the bottom of the receipt
- Use coupon on a future purchase of fruits and vegetables

## 20th Annual Walk For Hope



The Barb Smith 20th Annual Walk for Hope is taking place on **Sunday, August 7, 2022** at Saginaw Valley State University!

The purpose of this 5k walk/run is to raise funds and awareness for mental wellness and suicide prevention, intervention, and aftercare. We estimate approximately 2,000 people will gather in support of this cause. All profits raised will be used in the Great Lakes Bay Region to host events and trainings.

Check-in begins at 8:30am and opening ceremonies starts at 10am. This is a family-friendly, untimed 5K walk/run with raffle prizes and live music!

To Register and join/start a team for the walk go to: [www.srrn.net](http://www.srrn.net)  
If you have any questions, email [info@srrn.net](mailto:info@srrn.net) or call 989-781-5260 X 1

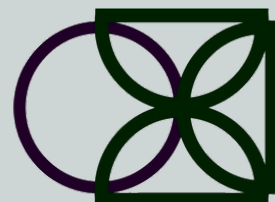


## Contact Information Reminder



With the high volume of electronic correspondence used to update the provider network, please make sure you are keeping our contracts department notified of any contact changes (names, emails, and phone numbers). This includes changes in training, contract, home manager, audit, and billing contacts. Please send these updates to Jennifer Tomaszewski at [Jennifer.Tomaszewski@sccmha.org](mailto:Jennifer.Tomaszewski@sccmha.org). If you would like someone added to our Network Services all provider distribution list, please email [jenna.brown@sccmha.org](mailto:jenna.brown@sccmha.org). Providers have also noted our emails going to their spam folders. Please make sure you add these emails to your contacts so they do not get filtered out of your inbox.





## Bayside Lodge Clubhouse: A Psychosocial Rehabilitation Program



Written by: Tom Caylor

The goal of the Bayside Lodge Clubhouse, located at 2700 W. Genesee in Saginaw and contracted by Saginaw County Community Mental Health Authority, is to help consumers with their employment, independent living and socialization goals. The program, used by an average of 35 people daily, also encourages wellness and education.

The Clubhouse includes a staff of five, including Director Jim Nesbit. It provides psychosocial rehabilitation, promoting personal recovery, successful community integration and satisfactory quality of life for persons who have a mental illness or mental health concern. According to Nesbit, it is member-driven and features an administrative unit, boutique, kitchen and snack bar.

"We're successful because of the relationship between the staff and our consumers," he said. "Consumers are our stakeholders and have a very strong voice in our operation."

The Bayside Lodge Clubhouse also offers after hours social programming, smoking cessation and wellness classes, physical recreational activities, math and reading tutoring, assistance with both formal and informal educational goals and a job club. Proceeds from the boutique, kitchen and snack bar help fund outside programs and activities.

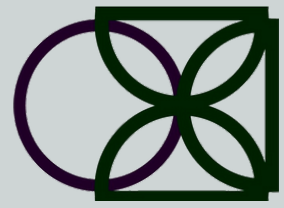
A primary feature is the Transitional Employment Program (TEP). TEP jobs are guaranteed for participants, developed with local area businesses by Clubhouse staff. The positions are temporary and usually six months in length, and these jobs help prepare consumers for longer employment opportunities.

To qualify for the Clubhouse, consumers must be residents of Saginaw County, be diagnosed with a serious mental illness, receive or have received treatment for their mental health disorders, and be at least 18 years old. Medicaid covers funding for the program, and the facility is owned by SCCMHA and operated by Training and Treatment Innovations, Inc.

Are you an employer potentially interested in Transitional Employment Program (TEP)?

Contact: Jim Nesbit, Bayside Lodge Clubhouse  
2700 W. Genesee Ave, Saginaw, MI 48602  
Phone: 989.799.1266 | Email: [jnesbit@ttiinc.org](mailto:jnesbit@ttiinc.org)





## Friends For Recovery Center

Written by: Tom Caylor

The Friends for Recovery Center, located at 2720 W. Genesee in Saginaw, is a nonprofit organization established in 2014 and funded through a contract with Saginaw County Community Mental Health Authority. Serving an average of 60 people monthly, ranging in age from 21 to 70+, the Center is 100 percent peer-led, and offers recovery and hope with a wellness and nutrition theme.

Executive Director Debra Sharp, one of five people who staff the Center, said the facility "gives our consumers a sense of family. They like coming here and we like having them. It's a great place and truly makes a difference in their lives."

"Consumers of mental health services are often socially isolated, lonely and may not have many supports," she said. "At the Center, participants come together to make friends, socialize and relax in an atmosphere of acceptance and understanding from others who have 'been there.'"

The Center features a recreation/game room, library with computer and Internet use, kitchen, exercise room, wellness kiosk, scheduled activities, workshops, support groups, fitness classes, peer support and community resources. Free transportation is also provided to and from the Center.

Recent programs and activities have included YMCA memberships, trips to Kokomo's Family Fun Center in Saginaw, bowling, and classes in yoga, dancing and smoking cessation. The Center also provides food giveaways (with most items being donated by Hidden Harvest) and holiday meals.

To qualify for the Center, consumers must be residents of Saginaw County, be diagnosed with a serious mental illness, receive or have received treatment for mental health disorders, and be at least 18 years old. Medicaid covers funding, and the facility is owned by SCCMHA and operated by Training and Treatment Innovations, Inc.

Contact: Debra Sharp  
Friends for Recovery Center  
2720 W. Genesee Ave  
Saginaw, MI 48602  
Phone: 989.401.7586  
Email: dsharp@ttiinc.org



## Home Manager Renewal Training & MHFA

Written by: Alecia Schabel

Home Manager Renewal training is tentatively scheduled for 9/14 and 10/13 (choice of date to attend).

**You have an opportunity to help develop the training to best meet your needs!**

We are asking you to please complete the survey at the link below. Our goal is to best tailor training to what you would like to get out of Home Manager Renewal Training.

Please complete this survey no later than Friday, July 29, 2022 :  
<https://www.surveymonkey.com/r/5Z26V35>

**Mental Health First Aid Training** will count towards the 16 training hours for Home Managers required annually.

Mental Health First Aid (MHFA) teaches suicide prevention and how to identify, understand, and respond to signs of mental illness and substance use disorders. This training teaches the skills needed to provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care. Normally a \$170 training, MHFA is being offered for Free through March 2023. More information and upcoming training dates can be found here: **Training Schedules : Saginaw County Community Mental Health Authority (sccmha.org)**

**Residential  
Corner** 

# PLEASE JOIN US FOR

# *A Night to* **REMEMBER**

**AN EVENING TO CELEBRATE LIFE & UNITE AGAINST ADDICTION**

**August 27<sup>th</sup> | 6 p.m. | LFA Hall | 2323 Amelith Road, Bay City, MI 48706**

**COORDINATED BY FOUR LOCAL ORGANIZATIONS:**

**Bay County Prevention Network, Families Against Narcotics,  
Neighbors Against Drug Abuse & Peer 360**

PLEASE JOIN US AS WE HONOR  
DESERVING INDIVIDUALS AND  
FAMILIES TO **CELEBRATE LIFE  
& UNITE AGAINST ADDICTION**

# \$25

**TICKET INCLUDES MEAL,  
MUSIC & PRESENTATIONS**



**TO PURCHASE  
TICKETS, SCAN  
HERE WITH YOUR  
PHONE CAMERA  
TO VISIT OUR  
WEBSITE**

*For more information, please call 989-450-9562. Event and table sponsorships available ranging from \$100 - \$2,500 are still available. Please refer to the attached flier for specific information regarding the benefits of sponsorship.*

**Checks for sponsorship can be made out to Auburn United Methodist Church with NADA included in the memo line and mailed to:**  
2798 11 Mile Rd., Auburn, MI 48611

## OUR GOALS

**Increase awareness  
of the epidemic of  
substance use disorder  
in our community and  
across the country.**

**Recognize and honor  
individuals in recovery  
and remember those  
no longer with us who  
have lost their battle  
with addiction.**

**Raise funds to allow  
these four organizations  
to continue their efforts.  
This includes increasing  
prevention and awareness  
of substance use disorder  
as well as helping  
individuals and families  
with their battle against  
addiction.**



# *A Night to* **REMEMBER**

AN EVENING TO CELEBRATE LIFE & UNITE AGAINST ADDICTION

## **SPONSORSHIP LEVELS**

### *Lighting The Path Main Event Sponsor – \$2,500*

**One-minute video to be shown as part of a looping video that evening**

**½ Page Ad in Event Program**

**Logo/Name Included in Advertising (Facebook posts, etc...)**

**6 Event Tickets**

**Information Table**

**Organization Name on Table**

### *Heroes of Hope Sponsor – \$1,000*

**½ Page Ad in Event Program**

**Logo/Name Included in Advertising (Facebook posts, etc...)**

**6 Event Tickets**

**Information Table**

**Organization Name on Table**

### *Champions of Change Sponsor – \$500*

**¼ Page Ad in Event Program**

**Name Included in Advertising (Facebook Posts, etc...)**

**4 Event Tickets**

**Organization Name on Table**

### *Unity Sponsor – \$250*

**Name Listed in Event Program**

**Name Included in Advertising (Facebook Posts, etc...)**

**2 Event Tickets**

**Organization Name on Table**

### *Friends of Recovery Sponsor – \$100*

**Name Listed in Event Program**

**Name Included in Advertising (Facebook Posts, etc...)**

**Organization Name on Table**