# SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY CITIZENS ADVISORY COMMITTEE MEETING August 4, 2022 6:00 PM Notes

**PRESENT:** Ann Finta, Cheryl Nelson, Arletta French, Lisa Sawyer, Vicki Mikolajski

**ABSENT:** Sally Weber-excused, Maggie Davis-excused, Jim Nesbit, Tracey Roat, Lyn

Bradfield

**STAFF:** Sandra Lindsey, Paul Elam, Matt Linkowski, Ryan Mulder

**GUESTS:** 

#### I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:03 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of June 2, 2022. Approval of meeting minutes was tabled until November CAC meeting.

# II. SCCMHA ORGANIZATIONAL DIVERSITY, EQUITY & INCLUSION (DEI) ASSESSMENT REPORT

Sandra Lindsey introduced Paul Elam, PHD and introduced the SCCMHA DEI Climate Assessment and DEI Plan Development Teams. Dr. Elam presented the SCCMHA DEI Assessment Recommendations Report to the SCCMHA Citizens Advisory Committee. The following was noted:

- Key Events Leading to SCCMHA Organizational DEI Assessment
- Opportunities to Improve DEI Identified Employees
- Working Draft: 3 Year Recommendations for Action
- Return for another update to the Board on DEI in approximately 6 months
- A few other efforts in this space going on in Saginaw Community (Women of Colors, MHEF Grant on BH Disparities for Saginaw African Americans & Saginaw Community Foundation grant from MHEF project around barriers to BH Treatment Access (MH & SUD, across all payers as well as uninsured)

The Committee was able to ask questions / make comment. See document for details.

The CAC showed unanimous support for those present.

# III. PARENT MANAGEMENT TRAINING OREGON (PMTO) & PARENTING THROUGH CHANGE (PTC)

Matthew Linkowski, Family Intervention Specialist presented on PMTO & PTC. The following was noted:

- What is PMTO / PTC / PTC-R (Program Overviews)
- Purpose of PMTO
- Behaviors Addressed by PMTO
- Positive Parenting Practices
- Making Parents Experts
- Treatment Outcomes
- www.myparentingresource.org

The Committee was able to ask questions / make comment. See document for details.

# IV. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]

Sandy updated the CAC on CCBHC briefly as Kristie Wolbert was unable to attend tonight. We are going to be visited by senior staff of MDHHS next week (mid-year check in). SCCMHA is one of thirteen sites in State of Michigan. Third Party Billing / Payments continue to be key heavy lift areas. Once we are able to get over this hump she feels this will be a gamechanger. We have Substance Use clinician positions posted for a really long time but have been unable to fill. We're going to be hiring virtual contracts for mild-moderate. Email from Sen. Stabenow that she wants to visit SCCMHA on topic of CCBHC. Aug. 10 this is tentatively schedule for.

#### V. NEW BUSINESS

## A. MSHN Citizens Advisory Council Update - No Meeting

## **B. Future CAC Agenda Items**

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness
- Family Support Subsidy
- Hispanic Outreach

#### VI. OLD BUSINESS

## A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

#### **B.** Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still several vacancies:

- Two (2) Community
- One (1) Primary Consumer
- One (1) Secondary Consumer
- One (1) Service Provider

#### VII. CEO REPORT – SANDRA LINDSEY

Forecast for FY 23 SCCMHA Public Hearing on October 6

There continue to be workforce shortages around the state in particular for Bachelor and Masters level positions. A new job description for SCCMHA supervisors to be clinical supervisors of students is being developed.

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Evelyn McGovern of Women of Colors came for a visit to SCCMHA last week. Their current project around access, experience of care specifically for persons of color for inpatient care. Looking for second year of funding from Michigan Endowment Fund. Talked about work of last year and opportunities in the future. Working on letter of support to WOC. WOC is also getting technical assistance from MSU Extension. We'll see how this goes. A space to invite folks to our DEI Advisory Board perhaps as well.

Annual Report is about to be completed soon. Be on the lookout.

# VIII. OTHER INFORMATION

**A.** MI Kids Now Loan Repayment Program offers medical education debt relief to behavioral health care services providers. Several classifications are now able to submit for potential loan forgiveness up to \$200,000 (8 years of service). 35-38 clinicians from SCCMHA were identified and hopeful for approval in this program.

### IX. ADJOURNMENT

The meeting adjourned at 7:40 PM.