SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY CITIZENS ADVISORY COMMITTEE MEETING NOVEMBER 3, 2022 6:00 PM Minutes

- **PRESENT:** Ann Finta, Cheryl Nelson, Jim Nesbit, Tracey Roat, Lyn Bradfield, Lisa Sawyer, Vicki Mikolajski
- ABSENT: Arletta French-excused (knee surgery), Maggie Davis-excused (tech problem) Sally Weber-resigned
- **STAFF:** Sandra Lindsey, Kristie Wolbert, Jennifer Stanuszek, Charlotte Fondren, Ryan Mulder

GUESTS:

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:01 p.m. Verification of the public posting was acknowledged and a quorum was established.

Motion made by Jim Nesbit and supported by Vicki Mikolajski to amend tonight's agenda to include "III. 2022 COMMUNITY TIES PERFORMANCE SURVEY REPORT" AND IV. "2022 SELF-DETERMINATION SATISFACTION SURVEY REPORT'. Motion carried.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of June 2, 2022 and Notes of August 4, 2022.

Motion made by Tracey Roat and supported by Jim Nesbit to approve the minutes of May 5, 2022 and notes of August 4, 2022 as written. Motion carried.

II. INFANT AND EARY CHILDHOOD MENTAL HEALTH SERVICES

Jennifer Stanuszek, Supervisor Family Services Unit Team I presented on Infant and Early Childhood Mental Health Services. The following was noted:

- What is Infant and Early Childhood Mental Health Services
- What does IECMH look like
- IECMH Services Where and how often?
- Request services / referrals are received from multiple sources (DHS, Child Care Consultation Specialist, Saginaw ISD / Healthy Families America, etc.)
- 3 Infant Mental Health Case holders with caseloads of 20-25, 5 Clinicians for older kids, Consultations with Childcare Centers as well (she has presented recently to CAC)
- Infant Mental Health Team Member provides consultation to Great Start Collaborative home visitors as well

The Committee was able to ask questions / make comment. See document for details.

Motion made by Tracey Roat and supported by Vicki Mikolajski to receive and file the Infant and Early Childhood Mental Health Services update as presented. Motion Carried.

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III. 2022 COMMUNITY TIES PROGRAM PERFORMANCE SURVEY REPORT

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disability the recent 2022 Community Ties Program Performance Survey Report. The following was noted:

- Community Ties Program supports consumers as they experience live by • providing opportunities for meaningful activities, exercising choice, and building relationships and community partnerships
- Due to COVID-19 Pandemic CTN and CTS offered both virtual and in person • programing
- Review of Survey Results:
 - CTN distributed 55 surveys to virtual participants & 82 to in person participants
 - CTS distributed 11 surveys to virtual participants, 34 to in person participants & 21 surveys to those participating in both virtual & in person
 - 87 Total virtual surveys completed & 34 were completed (39% rate)
 - 137 Total in person surveys & 62 were completed (45% rate)
- Survey Comments
- Conclusion
- **Quality Improvement Opportunities** •

The Committee was able to ask questions / make comment. See document for details.

Motion made by Vicki Mikolajski and supported by Tracey Roat to receive and file the 2022 Community Ties Program Performance Survey Report as presented. Motion Carried.

IV. 2022 SELF-DETERMINATION SATISFACTION SURVEY REPORT

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disability reviewed the 2022 Self-Determination Satisfaction Survey Results. The following was noted:

- Measures performance of self-determination services and supports which • incorporates a set of concepts and values including freedom, choice, and control so that consumers can live a self-determined life
- Review of Survey Results & Comments [131 sent and 34 returned 34%] •
- Conclusion
- Provider/Staff Survey Results & Comments [284 sent and 56 returned 20%]
- Quality Improvement Opportunities
- Performance Improvement Pan (Improvement Opportunities): • • Upcoming
- 167 Total Consumers in Self-Determination as of today

The Committee was able to ask questions / make comment. See document for details.

Motion made by Vicki Mikolajski and supported by Jim Nesbit to receive and file the 2022 Self-Determination Satisfaction Survey Report as presented. Motion Carried.

V. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]

Kristie Wolbert noted that we have been really busy with CCBHC efforts. A lot big things we've done during last quarter:

- Crisis Behavioral Health Services (Crisis and MRSS). Goal is to get to 24/7 but currently here from 8:00 AM until 10:00 PM
- Building relationships with Law Enforcement and Community (attending Community Events)
- Screenings / Assessment / Diagnosis (changes being made to EHR)
- Mild / Moderate Outpatient trying to be built up
- Direct Care Organizations are being worked on as well (agreements for Peers, Target Case Management, ACT, Bayside Lodge, FFRC currently). Credentialing is of particular concern at moment
- Outsourcing of Medical Billing to Yeo and Yeo (in process)
- Working on SUD Counseling along with Medical Assistance Treatment (hopefully here at 500 Hancock)
- Evidence-Based Practices List (SBIRT Screening Brief Intervention Referral Treatment). Hope is that clinicians will start using this to better engage individuals
- SCCMHA CCBHC has been Certified
- Fidelity Review for SE Team on first try (be able to bill code for IPS model)
- Benefit Planning Advocate to ensure that benefits are not lost / satisfaction of having employment

VI. NEW BUSINESS

A. MSHN Citizens Advisory Council Update – No Meeting

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

VII. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Tracey Roat and supported by Jim Nesbit to approve the Attendance Log. Motion carried.

B. Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still several vacancies:

Two (2) Community

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> One (1) Primary Consumer One (1) Secondary Consumer Two (2) Service Provider (with Sally's resignation)

Motion by Lyn Bradfield French and supported by Vicki Mikolajski to approve the Membership Log. Motion carried.

VIII. CEO REPORT – SANDRA LINDSEY

Fall Conference was held last week in Traverse City. Sen. Debbie Stabenow was in attendance and very much in support of CCHBC efforts. She was complimentary of Michigan CMH System.

Efforts to privatize CMH System. Action alerts sent out by CMHA earlier this week.

CARF site survey is this week. 3 surveyors working with different areas at CMH. Hopeful to get a 3-year certification. Sandy thanked the SCCMHA team for their efforts especially as we do so virtually for the first time. Exit conference is tomorrow but we will have results for December Board / CAC joint meeting.

Biggest challenge at moment is staff shortages. Retention efforts are working (retention payments, sign on bonuses, elevation of certain clinical classifications, etc.)

Mid-State Region has been selected as Behavioral Health Home Expansion Site. CMHs in MSHN are eligible for specific funding, encounters to adults / kids with chronic health concerns, payments on encounter codes. SCCMHA has received PIPBHC SAMHSA funding that will continue through 2023-24. This will then transition to Health Home expansion.

Annual Report to Saginaw BOC Human Services Committee is next week Monday. May be brought in pieces to CAC perhaps.

IX. OTHER INFORMATION

- A. Bridge Michigan article 'Michigan psychiatric centers cut number of beds despite having more money' -10/04/22
- **B.** Public Health Emergency Extended

X. ADJOURNMENT

Motion by Vicki Mikolajski and supported by Lyn Bradfield to adjourn the meeting at 7:16 PM. Motion carried.