SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY REGULAR MONTHLY BOARD MEETING MINUTES NOVEMBER 14, 2022, 2022 – 5:15 PM ROOM 190/191

PRESENT: Mike Cierzniewski, Andrea Schrems, Deb Nagel, Joan Williams, Lisa Coney, Jane Sills, Robert Woods, Tracey Raquepaw, Jill Armentrout, Cym Winiecke, Steve Fresorger, John Pugh

ABSENT:

- **GUESTS:** Tonya Cece, Lauren Vukovich, Kourty Thomas, Jessica Weber, Kerri Wissmueller, Patti Colpean
- **STAFF:** Sandra Lindsey, Jan Histed, Ryan Mulder

I. CALL TO ORDER

Tracey Raquepaw, Chair called the meeting to order at 5:15 p.m. A quorum was established, and verification of posting was determined.

II. PUBLIC PARTICIPATION

There was no public comment. Social Work Students from SVSU visiting the board meeting were welcomed.

III. BOARD TRAINING FY 2023 SCCMHA STRATEGIC PRIORITIES #5 - 6

Sandra M. Lindsey reviewed the SCCMHA Strategic Priorities 2022-2023 document included in tonight's packet. The final documents are available at: <u>https://www.sccmha.org/news-information/public-notices.html</u>. 1 hour of Training Credit will be given to members present and those joining on the virtual/phone connection.

IV. APPROVAL OF BOARD MINUTES

A. Board Meeting – October 10, 2022

Motion made by Lisa Coney and supported by Robert Woods to approve the October 10, 2022, SCCMHA Board Meeting minutes. Motion carried.

V. APPROVAL OF COMMITTEE REPORTS

- A. Recipient Rights Committee No Meeting Robert Woods, Chair – Deb Nagel, Vice Chair
- B. Governance Committee No Meeting Mike Cierzniewski, Chair – Jane Sills, Vice Chair
- **C.** Ends Committee No Meeting Jill Armentrout, Chair – Tracey Raquepaw, Vice Chair Reported by Andrea Schrems.
- D. Executive Limitations No Meeting Andrea Schrems, Chair – Robert Woods, Vice Chair Reported by Robert Woods.

VI. CEO REPORT

Sandy reported the following:

Our three-year CARF Site Survey occurred at SCCMHA on November 2-4, 20222 virtually. The scope of the survey included virtual tours for Health and Safety Standards including agency vehicles at the Hancock, Albert & Woods, Towerline and Bay Road locations. SCCMHA was surveyed against 1, 730 standards for Governance and Administrative Functions and a wide variety of services rendered to all three primary populations (MIA, SED, IDD) for Children/Youth, Families and Adults. Services included in the review included; Assessment and Referral, Outpatient Treatment, Case Management and Coordination, Community Integration, MH & IDD Integration, Crisis Intervention, Health Home Comprehensive Care, and Intensive Family-Based Services. The results based upon the exit conference, was SCCMHA's best CARF survey to date, with only 2 recommendations and 3 consultive comments. We are awaiting the official written report and are confident that CARF will award a three-year accreditation. See page 54 in tonight's packet for Sandy's thank you to staff.

Diversity Equity and Inclusion staff training starts this month on November 21st led by Dr. Paul Elam. Similar training with Leadership Team occurred on October 13.

Sandy gave her annual presentation to Human Services Committee on November 4 and this went well. There were several community members giving public comment before her presentation so there was not much time for her piece. See page 24 for complete details.

With change in majority in Michigan legislature it is not expected that there will be any lame duck before the 2022 Michigan Legislative Session ends, especially surrounding SB 597 & 598.

Federal Public Health Emergency (PHE) is likely set to expire at the end of January, but nothing official has been published by CMS to state governments. However, MDHHS has already started to circulate policy change documents for public comment. A key change post the PHE, will be to what extent services will be permitted to be provided virtually vs in-person.

Sandy discussed the Michigan Behavioral Health Home. In second quarter of this year, MSHN will begin as an expansion site for MDHHS Medicaid BHH. Saginaw CMH, Newago CMH, CMH for Central Michigan, Lifeways and Shiawassee CMH will be participating in this effort as newly funded MSHN BHH Sites. See page 50 for application details. The State of Michigan is waiting on CMS approval of this waiver for the MSHN BHH expansion. We will be modeling the Saginaw BHH on what we have historically been doing with healthcare coordination/integration with our SAMHSA PIPBHC and CCBHC grant work. Eligible consumers will be Adults with Serious Mental Illness and Youth with Serious Emotional Disorders and co-morbid chronic health conditions. Monthly planning meetings with MSHN have begun, with a soft target to commence BHH Services in April of 2023. There will be more upcoming on this topic so stay tuned.

Motion made by Mike Cierzniewski and supported by Steve Fresorger to receive & file this report as written. Motion carried.

VII. BOARD ACTION

A. Approval of 2023 Board & Committee Meeting Schedule

Motion made by Mike Cierzniewski and supported by Steve Fresorger to table approval until next month's meeting. Motion carried

B. Feedback from CMHA Fall Conference Attendees

Several board members gave comment on the following presentations in particular:

Keynote: Your WHY Matters: Engaging with Children, Youth, and Families. Cole Williams, CEO and Founder, The Delta Project & Son to A Father To reach the top of one mountain only to see the bottom of the next can be overwhelming for some. Yet for others, it can be seen as an opportunity to explore uncharted territory. In his Keynote, Cole Williams will invite us on an exploratory journey where we will have an opportunity to celebrate our milestones and achievements, reflect on lessons learned, and rediscover our "Why". The mission at hand is how do we create a culture of engagement where we feel safe, empowered, and supported when encouraging our families to continue climbing life's mountains.

I Can't Feel Your Pain... Addressing the Empathy Gap

– Floyd Booker, MM, Senior Director of Diversity, Equity and Inclusion, Hope Network Research indicates that even the most conscientious healthcare providers are unaware of how their feelings and beliefs can impede the ability to extend compassionate and quality care. This highly interactive workshop demonstrates how empathy is an essential component of quality healthcare, while providing proven bias mitigation strategies that bridge empathy gaps and improve client experiences. Objectives: 1. Demonstrate how healthcare disparities reflect a societal lack of empathy for historically marginalized and underserved communities. 2. Describe proven strategies that mitigate the adverse effects that implicit bias has on our decisions and actions toward others. 3. Illustrate practical steps to creating nurturing and supportive environments where everyone is welcomed and affirmed.

Integrating Housing and Behavioral Health Services

– Susan Conrad, LMSW, QIDP, QMHP, CMHP, Program Supervisor, OnPoint
– Lauren Todaro, LMSW, CAADC, QMHP, SATP, QIDP, Program Manager, OnPoint The workshop will provide the 'how to' and overview of OnPoint's efforts to integrate housing and behavioral health services through coordinated access, targeted case management, housing first and recovery management principles. The role of administrative and program leaders, direct service staff and integrated funding will be discussed, as will the critical importance of organizational culture and cross-system collaboration and understanding. Objectives: 1. Describe the similarities between recovery-oriented treatment and housing first. 2. Identify strategies to initiate and foster cross-systems collaboration. 3. Discuss the role of housing in recovery.

Introduction to the MichiCANS: Michigan's Child and Adolescent Needs and Strengths Tool

 Kimberly Batsche-McKenzie, MSW, Director, Division of Program and Grant Development and Quality Monitoring, Bureau of Children's Coordinated Health Policy and Supports, Michigan Department of Health and Human Services Lisa Collins, MA-SLP, EdS, Manager of the Access, Workforce Development and Education Section, Bureau of Children's Coordinated Health Policy and Supports, Michigan Department of Health and Human Services

This presentation will provide an overview of the MichiCANS: Michigan's Child and Adolescent Needs and Strengths assessment. This workshop will discuss the development of the brief and comprehensive versions of this strengths-based, information integration tool and how both will be used in Michigan to support decisions at Access/Intake centers, and the Clinical and Care Coordination Service Provider level to guide screening, initial assessment, treatment planning for behavioral health services, and ongoing assessment. This workshop will also review the overarching goals of the MichiCANS and drill down to provide the audience with general information related to domains, modules and how the information gained from this communicationbased tool can be used to facilitate the linkage between the assessment process and the design of individualized service plans. We will also discuss data platform planning. Objectives: 1. Demonstrate knowledge of the development and implementation of the MichiCANS assessment tool. 2. Demonstrate an understanding of Michigan's proposed brief and comprehensive versions of the tool. 3. Demonstrate an understanding of the purpose of the MichiCANS which is to represent a shared story of child/youth and family strengths and needs. Handouts are available HERE.

Motion made by Lisa Coney and supported by Cym Winiecke to receive and file oral reports. Motion carried

VIII. BOARD INFORMATION

- A. CMHA Weekly Update September 2022 links: https://cmham.org/resources/weekly-update/
- B. SCCMHA CAC Minutes https://www.sccmha.org/news-information/board-agendas-minutes.html
- C. Oct 2-8 Mental Illness Awareness Week & October 10 World Mental Health Day
- D. October is National Disability Employment Awareness Month
- **IX. MEDIA / PUBLICATIONS**
 - A. CMHA Weekly Update October 2022 links: https://cmham.org/resources/weekly-update/
 - B. SCCMHA CAC Minutes <u>https://www.sccmha.org/news-information/board-agendas-</u> minutes.html
 - C. Meet the DEI Workgroup
 - D. Public Health Emergency Extended
 - E. November is National Native American Heritage Month
 - F. November is Diabetes Awareness Month
 - G. SCCMHA Annual Presentation to Human Services Committee of the Saginaw BOC
 - H. SCCMHA Behavioral Health Home Application
 - I. CMHA 'No Lame Duck Deals on SB 597 & 598: Bay Idea at the Wrong Time'
 - J. Thanks and Congrats on Outstanding CARF Site Survey
- X. OTHER ITEMS OF INTEREST
 - A. Bridge Michigan article 'Michigan psychiatric centers cut number of beds despite having more money' -10/04/22
 - B. Childcaring Institutions and ED

Sandy is meeting with the State of Michigan about sixty (60) kids that have appeared / reappeared at emergency room. Most of which should not have been in

this environment (no Saginaw kids on list). Reached out to colleague from State of Michigan to see how a formal complaint could be filed but no one was sure how to go about doing so (in response to childcaring institutions drop offs in particular). Hopeful that we will get assistance and answers to her questions. Sandy feels for these organizations as they are understaffed, undertrained and underpaid but something has to be done.

XI. ADJOURNMENT

Motion by Cym Winiecke supported by Joan Williams to adjourn this meeting at 6:18 pm. Motion carried.

Minutes prepared by: Ryan Mulder Executive Assistant to CEO