



H = HEALTH

We operate three free health clinics throughout Saginaw County. Our primary focus is on finding medical homes and referral to a primary care provider for each person we see.

O = OPPORTUNITY

We offer many opportunities including a safe environment to enjoy a cup of coffee and conversation, an exercise room, yoga, walking club, laundry facilities, gardening, and a children's playroom for children to play as you wait for laundry.

P = PHARMACY ASSISTANCE

We operate a licensed pharmacy and are able to provide prescription assistance to those who qualify. Our Community Health Workers can help enroll people who qualify into free or low cost prescription assistance programs.

E = EDUCATION

Many educational classes are offered, including nutrition, pre-diabetes, diabetes, high blood pressure, smoking cessation, Farmers Market and many others.

MISSION STATEMENT

Rooted in the loving ministry of Jesus as healer, we commit ourselves to serving all persons with special attention to those who are poor and vulnerable.

Our Catholic health ministry is dedicated to spiritually centered, holistic care which sustains and improves the health of individuals and communities.

We are advocates for a compassionate, just society through our actions and our words.

PURPOSE

Center of HOPE partners with people and families to develop skills and resources to improve community health.

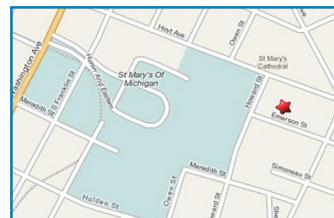
HOURS OF OPERATION

Monday – Friday: 9 am – 4 pm

LOCATION

723 Emerson Street, Saginaw MI 48607
Phone: (989) 907-8775 | Fax: (989) 907-7702

We are located at 723 Emerson in Saginaw, MI next to the campus of St. Mary's of Michigan Medical Center.



CENTER OF HOPE

ST. MARY'S OF MICHIGAN



(989) 907-8775 | www.stmarysofmichigan.org



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PHARMACY ASSISTANCE PROGRAM

We operate a charitable community benefit pharmacy and are able to provide prescription assistance for those who qualify.

Pharmacy Hours

Monday, Wednesday, Thursday & Friday
10 am – 3 pm

Our Pharmacy Assistance Program is designed to help those in need. We assist everyone with pharmacy assistance applications.

COMMUNITY HEALTH NAVIGATORS

Our Community Health Workers guide people to access the available resources in Saginaw County including health care, health insurance, medical homes, and health information. They provide one-on-one Lifestyle assistance for those with diabetes, high blood pressure, and obesity. They care for all those 18 years and older.

WALK-IN CLINIC HOURS

Serving the Uninsured and Underinsured

NASEAU Clinic

East Side Soup Kitchen
940 E. Genesee
Saginaw, MI 48601
Wednesdays
10:30 am – 12:30 pm

Cathedral Clinic

Cathedral of Mary of the Assumption
615 Hoyt Avenue
Saginaw, MI 48607
3rd Saturday of the month
9:00 am – 11:30 am

Family Life Community Clinic

New Life Ministries Church
217 S. 7th Street
Saginaw, MI 48607
2nd Saturday of the month
10 am – 1 pm



SERVICES OFFERED

- Blood Pressure Checks
- Blood Glucose Checks
- Free Medical Clinics
- Application Assistance (including Medicaid & MIChild applications)
- Community and Health Resources
- Community Health Workers
- Pharmacy Assistance
- Registered Nurse Onsite
- Laundry Facilities
- Community Garden
- Walking Club
- Fitness Room
- Children's Play Room
- Children's Reading Corner
- Yoga

LEARNING OPPORTUNITIES

- Diabetes Prevention Program
- Personal Action Towards Health (PATH) for Diabetes
- Dietary Approach for High Blood Pressure (DASH Eating Plan)
- Healthy Cooking Classes

