

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
CITIZENS ADVISORY COMMITTEE MEETING
APRIL 3, 2025, 6:00 PM
Minutes**

PRESENT: Ann Finta, Cheryl Nelson, Jim Nesbit, Vicki Mikolajski, Tracey Roat, Lesia McAfee, Duke Peltier, Bridgett Townsend

ABSENT: Lyn Bradfield-excused, Lisa Sawyer-excused, Deb Nagel-excused, Maggie Davis-excused

STAFF: Sandra Lindsey, Kristie Wolbert, Ryan Mulder

GUESTS: Tom & Kayla

I. CALL TO ORDER

Ann Finta, Chair, called the meeting to order at 6:00 p.m. Verification of the public posting was acknowledged, and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of March 6, 2024.

Motion made by Vicki Mikolajski and supported by Bridgett Townsend to approve the minutes of March 6, 2025, as written. Motion carried.

**II. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC)
ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]**

Kristie Wolbert, Executive Director of Clinical Services updated the CAC on CCBHC Activities. The following was noted:

- CCBHC has served more enrolled people this year with a 17% increase overall (18% increase for children)
- Persons served by Insurance Type (76 % Medicaid, 16.4% other insurance & 7.1% uninsured)
- 71.5% increase to people with mild-to-moderate conditions
- Expanded Crisis Response Services (formerly MUTT but MRSS can service all populations now)
- Deeper connections / collaboration established with local law enforcement through Crisis Services and MRSS
- Working at expanding 24/7 services at 500 Hancock in FY 26 to Behavioral Health Urgent Care (nursing, psychiatry, etc.). Kristie recently visited a similar program in Genessee County for ideas on our development particularly for additional staffing.
- Improved Access to SUD Services / Primary Care
- Addressing Social Determinants of Health
- Continued collaboration with Great Lakes Bay Health Center / Info posted in both offices (even stronger as CCBHC evolves)
- 6382 individuals currently enrolled in CCBHC in Saginaw (68.9% Medicaid eligible)

Motion by Tracey Roat and supported by Vicki Mikolajski to receive and file the CCBHC Advisory Council Update. Motion carried.

III. NEW BUSINESS

A. MSHN Citizens Advisory Council Update – 02/14/25

See page 9 in the packet for key discussion topics.

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow-up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness
- Zero Suicide (Mary Baukus has given an update / orientation)
- Veterans Navigators
- Service Delivery / Barriers
- Community Inclusion / Respite

IV. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Vicki Mikolajski and supported by Bridgett Townsend to approve the Attendance Log. Motion carried.

B. Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still three (3) vacancies:

Three (3) Community

Motion by Jim Nesbit and supported by Vicki Mikolajski to approve the Membership Log. Motion carried.

V. CEO REPORT – SANDRA LINDSEY

National Celebrations in April – Autism Acceptance Month, World Autism Day, and Sexual Assault Awareness Month. See pages 13-14 in tonight's packet.

CMHA Potential Medicaid Reductions document. See page 15-17 in tonight's packet. Nobody knows for sure how the looming \$880 Billion federal Medicaid cuts in the federal Budget through 2034 will look like and what forms they will

take. The CMHA document in the packet reviews the possible ways the federal government might make the cuts. On March 20th Meghan Groen, MDHHS Medicaid Director, presented to an appropriations subcommittee of the state legislature overseeing MDHHS. Her goal was to 1) teach members about Medicaid programs 2) address impact of potentially \$16 Billion in federal Medicaid cuts to MDHHS through 2034. Where and how such cuts will be made is at present uncertain, but they will likely touch beneficiaries as well as many types of healthcare providers, including the public mental health system.

Saginaw CMH along with the CMU Medical Education Partners and SVSU are all being honored with the inaugural 2025 BWell Champion Award. Awards will be made at the BWell Summit Event, by Christina Harrington Saginaw Public Health Officer. The BWell Summit is being held on April 11th at Curtiss Hall on the SVSU campus. The award to SCCMHA is for the development of a Behavioral Health provider resource directory/registry, to assist residents seeking services as well assisting other health care providers make referrals. The award also recognizes the SCCMHA production of 7 short anti-stigma videos. Sandy will accept the award at the luncheon.

See page 21 in the meeting packet for the Op Ed written by Ed Woods, MSHN Board Chair, in opposition to the MDHHS plan to rebid the 10 PIHP contracts for FY 2026. A CMHA Action Alert was distributed at tonight's meeting to oppose the rebid plan.

All SCCMHA Board members up for reappointment were approved by Saginaw County Board of Commissioners. Current SCCMHA Board members that were reappointed included Mo Woods, Susan McCauley, Mike Cierzniewski, and Cym Winiacki.

A Housing Survey was received from Mary Catherine Hannah, Saginaw County Administrator, with a request for dissemination. Sandy encourages CAC members to share the survey with their networks to expand participation. The purpose of the survey is to inform housing affordability for both adequacy of rental housing and home ownership.

SCCMHA has been impacted by the abrupt termination of 3 federal grants connected to COVID issued by MDHHS. Lucky at the time of the grant cancellation notices to SCCMHA, two of the grants had already ended and our loss was only around \$34,000. The grant funds were used for staff recruitment signing bonuses and Mental Health First Aid supplies. SCCMHA will be able to cover the grant funding loss this year with other existing funds.

VI. OTHER INFORMATION

A. April is Autism Acceptance Month, World Autism Day (2nd) & Sexual Assault Awareness Month

B. CMHA Potential Medicaid Reductions

C. SCCMHA being honored as 2025 BWell Champion Award

- D. Letter to D. Nagel re: CAC Appointment 03/17/25**
- E. MSHN Release 'Michigan's Public Health System Should Be Preserved – and Better Supported' – 03/24/25.**

VII. ADJOURNMENT

Motion by Jim Nesbit and supported by Tracey Roat to adjourn the meeting at 7:02 PM. Motion carried.