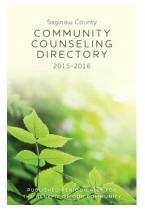


FOR IMMEDIATE RELEASE April 28, 2015 For more information, please contact: Melissa Lee at (989) 272-7209 mlee@sccmha.org

## Saginaw County Community Mental Health Authority Publishes New Counseling Directory



SAGINAW, MI – Saginaw County Community Mental Health Authority (SCCMHA) is pleased to announce the recent publication of the 2015-2016 edition of the Saginaw County Community Counseling Directory. This new directory replaces the 2012 – 2013 edition previously published by SCCMHA.

The Saginaw County Community Counseling Directory offers information about local resources for the Saginaw community in locating marriage and family therapists, psychologists, psychiatrists, social workers, treatment programs, support groups, self-help groups and advocacy organizations relevant to a broad range of mental health and substance use disorders. General information about the types of counselors and counseling is included, along with specific contact information for all resources for advocacy, counseling and support groups in the

Saginaw area. Resources included in the directory are those who requested inclusion and should not be considered an official endorsement by SCCMHA.

Hard copies of the directory are available for free from the Customer Service Office at SCCMHA, and digital copies can be downloaded directly from the SCCMHA website at <u>www.sccmha.org</u> – the link can be found under "Community Resources" below the "Resources" tab on the home page. Directory questions and requests are directed to the SCCMHA Customer Service Office at (989) 797-3452.

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Saginaw County Community Mental Health Authority is the local, separate governmental unit serving Saginaw County, a Community Mental Health Services Program (CMHSP), which provides and manages publicly funded specialty mental health and substance use disorder services.

SCCMHA is headquartered at 500 Hancock Street in Saginaw and provides numerous services including evaluations, screenings, treatments and referrals. SCCMHA assists approximately 5,000 Saginaw County citizens each year.