

Seung Ni Fit Club

3909 Bay Rd
Saginaw, MI
(989) 791-3040

Seung-Ni Martial Arts Complex

6700 Weiss St
Saginaw, MI
(989) 799-3040

Planet Fitness

4572 State St
Saginaw, MI
(989) 799-1300

Pure Barre

30 N Center Rd
Saginaw, MI
(989) 793-2673

Elements

5815 Bay Rd, Ste 100
Saginaw, MI
(989) 401-7171

YMCA

1915 Fordney St
Saginaw, MI
(989) 753-7721

Exercise Express USA

7402 Gratiot Rd
Saginaw, MI
(989) 781-6700

Survival Fitness

3085 Bay Rd, Ste 1b
Saginaw, MI
(989) 284-6117

Sarah Fechter Fitness

6389-6403 State St
Saginaw, MI
(989) 790-7222

Freeland Sports Zone

5690 Midland Rd
Freeland, MI
(989) 695-2000

Diversified Fitness Club

195 Mayer Rd
Frankenmuth, MI
(989) 652-4067

Saginaw Area Gyms



Wellness

**Saginaw County Community
Mental Health Authority**