



Community Ties North February 2026 Newsletter



Headlines

We all enjoyed our winter break and came back to program very excited to see our friends again.

In January, we visited with our animal friends at the Humane Society and Custom Creatures, shopped at Pride & Country Village and the Flint Farmers Market, and made art projects at the Vista Center. Our volunteer opportunities at McNally House and Grace Exchange have also continued into the new year.

Those who chose to stay indoors at CTN were offered cooking class, cardio drumming, science experiments, and a wide variety of crafts.

Just a reminder to make sure that everyone has a change of clothing at CTN and that everything is labeled with their name. We do have a few outdoor activities coming up so please include a warm coat, hat, and gloves. We want to make sure that everyone is always safe and warm.



Program Closures

Feb. 16 – Presidents' Day
Feb. 20 – Staff Meeting Day

Meet Our Participants



Gerald likes coming to CTN to visit with his friends and to have staff help him find things on the computer. His favorite outings are to Dollar Tree and The Junction of Hope.



Latoya likes coming to CTN to have fun with our staff and to work on her number worksheets. Her favorite foods are fish and onion rings.

February Birthdays

Erin Abdalla
Elizabeth Caleb
Kim (staff)



Meet the Staff

Ebony has 20+ years of experience working with people in group homes. Her favorite thing about her job is seeing people that she has worked with in the past and interacting with them now. She would like to advance to a career in case management. She loves to cook and spend time with her family. Her proudest accomplishments are her two kids. Her favorite person is her father. Her motto is "When life gives you lemons, make lemonade" and her bucket list includes going on safari in Africa.

Contact Us

If you have any questions, comments, or concerns please feel free to contact us. We would love to help!

Main Number
(989) 272-7208

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(989) 793-3600

Melissa (Program Coordinator)
(989) 797-3456



February 2026



Outings are subject to change due to weather, staffing, and what individuals choose to participate in each day.

If there is an outing that requires money, we will send a note home.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Custom Creatures Center Courts Cardio Drumming CTN - Groundhog Day	Frankenmuth Snowfest Flint Farmers Market Frankenmuth Library CTN - Exercise Class	McNally House Dollar Tree CTN - Thank a mailman craft CTN - Diamond art craft	Barnes & Noble Grace Exchange Hoty Library for storytime CTN - Bowling	Goodwill Church of God Grocery Shop / Cooking Class CTN - Valentine craft
9	10	11	12	13
Volunteers of America CTN - Friendship Day craft CTN - Scavenger hunt	Church of God Center Courts SVSU Museum CTN - Hygiene Class	McNally House Bridgeport Library CTN - Beauty Day CTN - Valentine cards	Grace Exchange Hurley Museum Grocery Shop / Cooking Class CTN - Cardio drumming	Valentine's Day Party  (lunch will be provided)
Presidents' Day 16	17	18	19	20
SCCMHA & CTN Closed 	Midland Mall Bridgeport Library Humane Society of Bay Co. CTN - Mardi Gras craft	McNally House Ross (window shopping) Midland Mall (walking) CTN - Money management	Grace Exchange CTN - Card & board games CTN - Guys Day CTN - Girls Day	CTN Closed 
23	24	25	26	27
Vista Center Grocery Shop / Cooking Class CTN - Craft Day	Junction of Hope Custom Creatures Frankenmuth Fudge Kitchen CTN - Exercise Class	McNally House Frankenmuth Library CTN - Pom Poms with Maddie CTN - Crochet crafts	Grace Exchange Thrive on Thursday Hurley Hospital CTN - Euchre Day	Church of God Dollar Tree Frankenmuth River Place Shops CTN - Diamond art craft