

The Michigan Department of Health
and Human Services

Presents:

The Eighth Annual
Problem Gambling Symposium

*Recovery...The Beginning
of
The Rest of Your Life*

March 7, 2016
7:30 am to 5:00 pm

Detroit Marriott Livonia
17100 N Laurel Park Dr., Livonia, MI 48152



The Eighth Annual Gambling Disorder Symposium
Recovery.....the Beginning of the Rest of Your Life
March 7, 2016
Detroit Marriott Livonia Hotel
17100 N. Laurel Park Dr., Livonia, MI 48152

Symposium Objectives

- Define potential treatment difficulties for problem gambling and effective practices regarding treatment
- Identify strategies for providing successful continuous care planning
- Identify tools available to strengthen long term recovery outcomes

Agenda

7:30 am Registration and Continental Breakfast

8:15 am Welcome

Alia Lucas, Gambling Disorder Program Manager, Behavioral Health & Developmental Disabilities Administration, Michigan Department of Health and Human Services

HMSA Acknowledgement

Beth Combs, MA, LPC, CAADC, NCC, Director of Clinical Operations, Health Management Systems of America
Lori Mello, MA, LPC, MPA, Program Manager, Health Management Systems of America

8:30 am Retracing the Road to Recovery

■ Qualifies for 1 CE hour for Social Workers and 1 Related for Substance Abuse Contact Hour

Sandra Adell, Professor of Literature, Department of Afro-American Studies at the University of Wisconsin-Madison, and author of an issues-oriented memoir that looks critically at the expansion of casino gambling from the perspective of a woman with a PhD in Literature and position at a major research university who risked losing everything after becoming addicted to slot machine gambling.

The objectives of this presentation are to:

- Discuss how race, ethnic, and gender differences affect a person's decision to seek help.
- Re-examine current discourse about the "zone" in narratives about slot machine gambling.
- Identify a support program for problem gamblers that does not follow the 12 step model.

Sandra Adell will be available for book signing immediately following morning presentations.

9:30 am Problem Gambling: My Story — Joel M., *Recovering Gambler*

The objectives of this presentation are to:

- Understand Gambling Disorder from the perspective of a problem gambler.
- Learn what tools are helpful to a problem gambler in their journey to recovery.
- Enhance participants' knowledge of the problem gambler.

9:45 am Break / Book Signing

10:15 am

Concurrent Workshops

1. When Smart is Dumb: A Look into the Mind of an Emotionally Ignorant Gambler —

Larry Miller, LPC

■ Qualifies for 1.5 CE hours for Social Workers **and** 1.5 Related for Substance Abuse Contact Hours

The objectives of this workshop are to:

- Understand through demonstration how emotional intelligence can be used as a tool for emotional / cognitive regulation and for therapeutic intervention.
- Identify and discuss the 4 quadrants of emotional intelligence.
- Examine the science of addiction and emotions.
- Discuss characteristic features of gambling addictions as it relates in similarity to SUD.

2. Insider's View of Gamblers Anonymous: Open Meeting —

Gamblers Anonymous & GAM-ANON Members

■ Qualifies for 1.5 Related for Substance Abuse Contact Hours

The objectives of this workshop are to:

- Observe Gamblers Anonymous activity through attendance at an open meeting.
- Differentiate between abstinence and the 12 steps of recovery, using step 1 as a learning tool, as demonstrated during the meeting.
- Demonstrate how the 12-steps program can improve and change lives through the translation of personal recovery stories and support. All stories heard at the open meeting are authentic and will be used as learning tools.

3. Strength-Based Recovery Oriented Treatment Plans for Gambling Disorder —

Mark Lewis, LMSW

■ Qualifies for 1.5 CE hours for Social Workers **and** 1.5 Related for Substance Abuse Contact Hours

The objectives of this workshop are to:

- Describe how "Recovery" relates to a person's desire to acquire/reacquire the ability to perform a critical life function that has been lost to disabling symptoms of gambling disorder or developmental condition.
- Identify specific symptoms or conditions that interfere with critical life functions.
- Identify individual level of readiness per 5 factors of participation meant to assist in recovery of critical life functions.
- Design a minimum of 2 objectives (discernible & verifiable behaviors) that match the level of readiness for working toward the recovery of a critical life function.
- Design an assistive and collaborative intervention for each objective.

4. Successful Peer Support in Gambling Disorder —

Colleen Fairclough

■ Qualifies for 1.5 CE hours for Social Workers **and** 1.5 Related for Substance Abuse Contact Hours

The objectives of this workshop are to:

- Identify how the stages of change directly impact recovery.
- Define self-determination and demonstrate the process of goal setting.
- Discuss recovery as it relates to mental health.
- Illustrate the Wellness Recovery Action Plan (WRAP).

11:45 am

Vendors, Exhibits & Networking

12:15 pm

Lunch (included)

1:00 pm

Vendors, Exhibits & Networking

1:30 pm

Repeat of Morning Concurrent Workshops

3:00 pm

Break

3:30 pm

The Dangers of Online Gaming/Gambling and Recovery

■ Qualifies for 1.5 CE hours for Social Workers **and** 1.5 Related for Substance Abuse Contact Hours

Brenda-Joyce G. Orozco Markert-Green, DMFT, LMFT, LLP, LPCC, founder of Afterglow Counseling Mediation and Family Services Centers, adjunct faculty with La Sierra University, Executive Board Member of the MI Association on Problem Gambling and HMSA gambling panel.

The objectives of this presentation are to:

- Define online gaming and its relevance to gambling addiction.
- Understand online gaming risks, and differentiate between benign and problematic gaming behaviors.
- Demonstrate knowledge of diagnostic criteria, treatment modalities, options, and describe responsible gaming tools and safeguards.

5:00 pm

Adjournment

Who Should Attend? CEOs, COOs, CFOs, medical directors, clinical directors, case workers, supports coordinators, and other practitioners at all levels of practice (beginning, intermediate and/or advanced).

Continuing Education Credits:

Social Work: The Michigan Association of Community Mental Health Boards (MACMHB), provider #1140, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. MACMHB maintains responsibility for the program. ASWB Approval Period: 11/10/13-11/10/16. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 5.5 Clinical Continuing Education Clock Hours. Course Delivery Method: Face-to-Face seminar.

Gambling Disorder - PENDING

Substance Abuse: The Michigan Association of Community Mental Health Boards is approved by the Michigan Certification Board for Addiction Professionals (MCBAP) to sponsor educational training for professional certification. MACMHB maintains the responsibility for the program and content. Substance Abuse Professionals participating in this symposium may receive a maximum of 5.5 contact hours.

Certificate Awarded: At the conclusion of this symposium, bring your "Verification and Certificate of Attendance" form to the MACMHB Staff to be initialed. You will turn in the top sheet and retain the bottom sheet which serves as your certificate of participation.

Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the conference or you may contact MACMHB at 517-374-6848 or through our webpage at www.macmhb.org for resolution.

*National Accreditation rules indicate that if you are over 5 minutes late, you forfeit your CEUs for the entire training. Please note that this is a National rule that MACMHB must enforce or we could lose our provider status to provide CEUs in the future. This rule will be strictly followed.

Location and Overnight Accommodations:

Detroit Marriott Livonia
17100 N. Laurel Park Drive, Livonia, MI 48152

Room Rate: \$75 plus taxes
Call 734-462-3100 to make your reservation.
Deadline for discounted rate: February 22, 2016

This event is sponsored by the Michigan Department of Health and Human Services Behavioral Health & Developmental Disabilities Administration, and facilitated by The Michigan Association of Community Mental Health Boards (MACMHB). If you have questions, please contact Christina Ward at cward@macmhb.org or call 517-374-6848.

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March 7, 2016 – REGISTRATION FORM – Attn: Christina Ward
Detroit Marriott Livonia Hotel, 17100 N. Laurel Park Dr., Livonia, MI 48152

3 Ways to Register:

Online - www.macmhb.org/education

FAX – (517) 374-1053;

MAIL – MACMHB, 426 S. Walnut, Lansing, MI 48933

\$30 per person cost shown includes continental breakfast, lunch & conference materials

* Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the training for a full refund less a \$5 administrative fee. If cancellation is received less than 10 business days prior to the training the full charge will be incurred.

☐ I have read and understand the cancellation policy.

___ I am requesting CEU's for social workers Permanent Licensure # _____ (required)

By submitting this registration, I am agreeing to the terms and conditions of the National Accreditation Rules for continuing education and to MACMHB's cancellation policy

(Please Type or Print)

First/Last Name: _____

Title: _____

Agency: _____

Email: _____

Address: _____

City/State/Zip: _____

Area Code/Phone: _____

Special Needs: If you have special dietary or physical needs, please specify: _____
Arrangements for special needs will be honored for those written requests received 10 business days prior to the training. Clearly state your specific needs for dietary restrictions, mobility assistance, interpreters, etc. All attempts for on-site requests will be made.

Emergency Contact Name: _____ Day Phone: _____

Billing Address (if different than above): _____

City/State/Zip: _____

Payment: Payment does not need to accompany registration. However payment must be received by the day of the training.

Please note, confirmation letters are only sent if an email address is provided.

☐ Check Enclosed (payable to MACMHB)

☐ Purchase Order (attached)

☐ Credit Card / PayPal: A link will be sent for PayPal with confirmation of registration.

Questions? Contact MACMHB at 517-374-6848

Please visit our exhibitors:

Development Centers, Inc.
Gambler's Anonymous (GA)
Health Management Systems of America (HMSA)
Michigan Association of Alcoholism & Drug Abuse Counselors
Michigan Association on Problem Gambling
Michigan Gaming Control Board
Mike Burke – Never Enough

The Planning Committee:

Alia S. Lucas, Problem Gambling Program Manager
Deborah J. Hollis, MPA, Director, Office of Recovery Oriented Systems of Care, Michigan Department of Health and Human Services
Beth Combs, MA, LPC, CAADC, NCC, Director of Clinical Operations, Health Management Systems of America
Lori Mello, MA, LPC, MPA, Program Manager, Health Management Systems of America
Sandra Johnson, Disassociated Persons List Coordinator, Michigan Gaming Control Board
Lindsay Smith, J.D., Responsible Gaming Manager, Michigan Lottery
Mark Lewis, LMSW, Evidence-Based and Best Practice Specialist, Division of Quality Management and Planning, Michigan Department of Health and Human Services
David Ledgerwood, Ph.D., LP, Wayne State University, Michigan Association on Problem Gambling, Michigan
Denise Phillips, MSW, ACSW, LMSW, CAADC, NCGC-II, BACC, SAP, Psychotherapist, Michigan Association on Problem Gambling, Michigan
Brenda Markert-Green, DMFT, LMFT, LLP, LPCC, Problem Gambling Panel Provider
Carmen McIntyre, MD, Chief Medical Officer, Detroit Wayne Mental Health Authority
Darlene Owens, MBA, LBSW, CADAC, ADS, Director, Substance Use Disorder Services, Detroit Wayne Mental Health Authority
Melissa Davis, LLMSW, CAADC, Mid-State Health Network