



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY

Learning Links

Tuesday, July 22 – 10 a.m.
Andersen Enrichment Center
120 Ezra Rust Dr., Saginaw, Michigan 48601



Self Defense with
Infinity Marshall Arts

Learn some techniques on how to calm yourself and find
balance after the stress of the holidays

For questions, contact Lauri Brown at (989) 272-7701.

SCCMHA Staff can use Better Together hours to attend.

By entering a Learning Links event, you consent to being photographed, granting SCCMHA the right to use your image in any media for any purpose in perpetuity