

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY  
CITIZENS ADVISORY COMMITTEE MEETING  
MAY 1, 2025, 6:00 PM  
Minutes**

**PRESENT:** Ann Finta, Cheryl Nelson, Tracey Roat, Duke Peltier, Bridgett Townsend, Lyn Bradfield, Lisa Sawyer, Deb Nagel, Maggie Davis, Lesia McAfee

**ABSENT:** Vicki Mikolajski-excused, Jim Nesbit-excused,

**STAFF:** Sandra Lindsey, Holli McGeshick, Heidi Knizacky, Ryan Mulder

**GUESTS:** Tom

**I. CALL TO ORDER**

Ann Finta, Chair, called the meeting to order at 6:00 p.m. Verification of the public posting was acknowledged, and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of April 3, 2025.

**Motion made by Bridgett Townsend and supported by Lisa Sawyer to approve the minutes of April 3, 2026, as written. Motion carried.**

**II. FY 2024 ADULT CONSUMER & YOUTH SERVICES SATISFACTION SURVEY REPORTS**

Holli McGeshick, Quality and Medical Records Supervisor presented The Adult Consumer & Youth Services Satisfaction Survey Reports for the CAC. The following was noted:

Adult Consumer

- SCCMHA Quality Department administered in June 2024
- Overview of Process
- Methodology & Return Rate (2,606 surveys distributed by mail and 413 completed – 16% return rate)
- Respondents were asked to score using 5-Point Likert scale (from 1 to 5)
- Overall Survey Results
- Comments
- This report was reviewed and approved by SCCMHA Quality Governance Council and results posted to SCCMHA website at:
  - <https://www.sccmha.org/about/quality.html>
  - Quality Improvement Opportunities

Youth Services

- SCCMHA Quality Department administered in June 2024
- Overview of Process
- Methodology & Return Rate (1,466 surveys distributed by mail and 97 completed – 7% return rate)
- Respondents were asked to score using 5-Point Likert scale (from 1 to 5)

- Overall Survey Results
- Comments
- This report was reviewed and approved by SCCMHA Quality Governance Council and results posted to SCCMHA website at:
  - <https://www.sccmha.org/about/quality.html>
- Quality Improvement Opportunities

The Committee was able to ask questions / make comments. See document for details.

**Motion made by Deb Nagel and supported by Tracey Roat to receive and file the 2024 Adult Consumer & Youth Services Satisfaction Survey Reports. Motion Carried.**

### **III. QUALITY IMPROVEMENT PROGRAM, FY24 REPORT & FY25 PLAN**

AmyLou was unable to joint tonight's meeting due to a death in the family. This presentation will be tabled until the June 5 CAC meeting.

### **IV. FY 24 EVIDENCE-BASED PRACTICE (EBP) REPORT**

Heidi Knizacky, CEO of APPRECOTS / SCCMHA Research Contractor presented FY 24 Evidence-Based Practice Report for the CAC. The following was noted in the presentation:

- FY 2024 Evidence-Based Practices (EBP) Outcomes *Report Highlights*
- SCCMHA EBP Services by Persons Served
- Measures of Outcome
  - ANSA
  - PECFAS
  - CAFAS
  - GAD-7
  - PHQ-9
  - LOCUS
- Integrated Dual Disorder Treatment (IDDT)
- Assertive Community Treatment (ACT)
- Cognitive Behavioral Therapy (CBT)
- Peer Support Services
- Transition Age Youth (TAY)
- Wraparound
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

**Motion made by Tracey Roat and supported by Lisa Sawyer to receive and file the FY 24 Evidence-Based Practice Report. Motion Carried.**

### **V. REVIEW OF CITIZENS ADVIOSRY COMMITTEE TO SCCMHA BOARD POLICY – 01.01.05 (SIGNING OF CONFIDENTIALITY AGREEMENTS)**

Ryan noted that all SCCMHA Board Policies are reviewed annually so we're bringing this policy to tonight's CAC meeting. *See CAC packet for complete details.*

After review, the Committee recommended a couple of changes that will be formally approved at the June 9 SCCMHA Board of Directors meeting.

We also need to have signed version of 2025 Confidentiality Agreements also. They were distributed to members at meeting.

**Motion made by Bridget Townsend and supported by Deb Nagel to approve process for review of policies as presented. Motion Carried.**

## **VI. SELECTION OF NOMINATING COMMITTEE (2 MEMBERS) FOR BOARD OFFICERS**

The Citizens Advisory Committee (CAC) discussed Chair and Vice Chair positions and Selection of Nominating Committee. Current officers are Ann Finta – Chair, Vicki Mikolajski – Vice Chair and Cheryl Nelson – Secretary.

Ann Finta, CAC Chair asked Jim Nesbit and Lyn Bradfield to participate in a SCCMHA Nominating Committee (both agreed to do so). Other interested members wishing to serve as an officer (Chair, Vice Chair or Secretary) are encouraged reach out Jim or Bridgett. A potential slate of officers is to be brought to the next meeting for further discussion or an election on June 5th.

## **VII. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]**

No report.

## **VIII. NEW BUSINESS**

### **A. MSHN Citizens Advisory Council Update – No Meeting**

### **B. Future CAC Agenda Items**

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow-up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness
- Zero Suicide (Mary Baukus has given an update / orientation)
- Veterans Navigators
- Service Delivery / Barriers
- Community Inclusion / Respite
- Mental Health Court Update **NEW TOPIC**

## **IX. OLD BUSINESS**

**A. Attendance Log**

The Attendance Log was reviewed by the Citizens Advisory Committee.

**Motion by Bridgett Townsend and supported by Maggie Davis to approve the Attendance Log. Motion carried.**

**B. Membership Log**

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still three (3) vacancies:

Three (3) Community

**Motion by Lisa Sawyer and supported by Tracey Roat to approve the Membership Log. Motion carried.**

**X. CEO REPORT – SANDRA LINDSEY**

**BWell Champion Award**

Saginaw County Community Mental Health Authority was named one of three BWell Champion Award recipients at the BWell Summit held at SVSU on Friday, April 11. SCCMHA along with CMU Medical Education Partners, and Saginaw Valley State University. Awards were for contributions to BWell Saginaw's efforts in addressing health concerns in Saginaw County. SCCMHA and partners developed a resource directory for mental health services, as well as an anti-stigma video messaging campaign. Sandy thanked Colleen Sproul, Monique Taylor-Whitson and Lauri Brown from SCCMHA, Michelle Colton and Erica Fields from Great Lakes Bay Health Centers, Jill Hogenson from Child and Family Services, Melvin McDowell and Tony Moten from McDowell Healing Arts Center and Jacqueline List from List Psychological Services for their time and insight in the root causes and barriers for behavioral health services in Saginaw County. She also thanked Andrew Ferguson, the videographer for the anti-stigma video productions, which are all posted to both the SCCMHA and the BWell websites.

**Stand Up for Medicaid Educational Town Hall at SVSU-Curtis Hall on Tuesday, May 6 from 6-8 P.M.**

The purpose of the event was both educational and a Call to Action concerning the impact on beneficiaries, their families, the health care provider community including SCCMHA, and our regional economy from the proposed federal cuts of \$880 Billion dollars through 2034 to all states and U.S. Territories. The event was well timed, well attended and well received. Cathy Macomber, Assistant Dean at the SVSU Social Work School, Nancy Krause from a new Chapter of Indivisible-MI and I planned the event, the outreach to potential attendees, speakers and the take-away information provided at the event. The event was held in one of the second floor ballrooms at Curtis Hall. We had the room set up for 50 guests and welcomed around 200 attendees.

Our program provided information and data about the MI Medicaid Program, including what beneficiary groups were at risk, a summary of the programs in our

state supported by MI Medicaid and information from the MI League for Public Policy about the impact of these federal cuts on Michigan's economy and that of our local communities. Much of the information about the MI Medicaid program came directly from MDHHS. The state anticipates the impact share of the federal cut to Michigan if unchanged, to likely exceed \$16 Billion dollars over the next decade.

Our educational portion of the program was followed by attendees being invited to speak and share their connections with Medicaid and underscore the importance of the program in their lives. The last section of the event was a call to action with information about how audience members could contact their congressional representatives. Contact information for U.S. Senators, Garry Peters, and Elissa Slotkin to attendees, along with contact information for regional congressional representatives in US House Districts 01(Bergman), 02 (Moolenaar), 07 (Barrett), 08 (McDonald-Rivet), and 09 (McClain).

We hired a videographer to tape the event as well as individual attendees willing to tell their stories for promotional purposes. The tape of the event was posted to YouTube, just search "Stand Up for Medicaid."

There was media coverage of the event by WNEM and Mid-Michigan NOW.

The taping of attendee comments has been produced into short videos we are posting to our Facebook page and sharing with other partners.

All the event materials, video tapes and media coverage can be found on our website [www.sccmha.org](http://www.sccmha.org) under the "Newsroom" tab.

## **XI. OTHER INFORMATION**

**A. May is *Mental Health Awareness and Borderline Personality Disorder Awareness Month, Children's Mental Health Awareness Day [7<sup>th</sup>], Children's Mental Health Awareness Week [4<sup>th</sup>-10<sup>th</sup>] & National Nurses Week [6<sup>th</sup>-12<sup>th</sup>]***

**B. Mental Health Awareness Presentation with SCCMHA (S. Lindsey) at Hoyt Library – 05/13/25**

## **XII. ADJOURNMENT**

**Motion by Lisa Sawyer and supported by Tracey Roat to adjourn the meeting at 7:18 PM. Motion carried.**