

# Learning Links

Tuesday, May 26 - 10 a.m. & 11 a.m.  
Andersen Enrichment Center  
120 Ezra Rust Dr., Saginaw, Michigan 48601



## Mental Health and Social Support with SCCMHA Client Service Manager Heather Darabos

Join us as Heather talks about how to build your support system to help improve your mental wellness.

For questions, contact Lauri Brown at (989) 272-7701.

SCCMHA Staff can use Better Together hours to attend.

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