SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY CITIZENS ADVISORY COMMITTEE MEETING MARCH 2, 2023 6:00 PM Minutes

PRESENT: Ann Finta, Cheryl Nelson, Jim Nesbit, Tracey Roat, Lisa Sawyer, Arletta French,

ABSENT: Lyn Bradfield-excused, Vicki Mikolajski-excused, Maggie Davis-excused

STAFF: Sandra Lindsey, Holli McGeshick, Ryan Mulder

GUESTS:

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:02 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of February 2, 2023.

Motion made by Arletta French and supported by Lisa Sawyer to approve the minutes of February 2, 2023 as written. Motion carried.

II. 2022 ADULT CONSUMER SATISFACTION SURVEY REPORT

Holli McGeshick, Quality and Medical Records Supervisor presented the 2022 Adult Consumer Satisfaction Survey Report. The following was noted:

- SCCMHA Quality Department administered in June 2022
- Overview of Process
- Methodology & Return Rate (2,492 surveys distributed by mail and 374 completed 15% return rate)
- Respondents were asked to score using 5-Point Likert scale (from 1 to 5)
- Overall Survey Results
- Comments
- This report was reviewed and approved by SCCMHA Quality Governance Council
 and results posted to SCCMHA website at: https://www.sccmha.org/about-us/quality/consumer-outcomes.html
- Quality Improvement Opportunities
- Summary Brochure of Survey Results

The Committee was able to ask questions / make comment. See document for details.

Motion made by Tracey Roat and supported by Arlette French to receive and file the 2022 Adult Consumer Satisfaction Survey Report. Motion Carried.

III. 2022 YOUTH SERVICES SATISFACTION SURVEY REPORT

Holli McGeshick, Quality and Medical Records Supervisor presented the 2022 Adult Consumer Satisfaction Survey Report. The following was noted:

- SCCMHA Quality Department administered in June 2022
- Overview of Process
- Methodology & Return Rate (1,253 surveys distributed by mail and 130 completed 10% return rate)
- Respondents were asked to score using 5-Point Likert scale (from 1 to 5)

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- Overall Survey Results
- Comments
- This report was reviewed and approved by SCCMHA Quality Governance Council
 and results posted to SCCMHA website at: https://www.sccmha.org/about-us/quality/consumer-outcomes.html
- Quality Improvement Opportunities
- Summary Brochure of Survey Results

The Committee was able to ask questions / make comment. See document for details.

Motion made by Jim Nesbit and supported by Lisa Sawyer to receive and file the 2022 Youth Services Satisfaction Survey Report. Motion Carried.

IV. IMPLEMENTATION OF SUBSTANCE USE DISORDERS AND TREATMENT / MEDICATION FOR ADDICTION TREATMENT (MAT)

Jennifer Kreiner was unable to attend so this presentation is being pushed back to March.

V. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]

This topic was not discussed.

VI. NEW BUSINESS

A. MSHN Citizens Advisory Council Update – 02/10/23

See pages 48-49 in tonight's packet for the Snapshot from this meeting.

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness

VII. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Arletta French and supported by Cheryl Nelson to approve the Attendance Log. Motion carried.

B. Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still several vacancies:

Two (2) Community

One (1) Primary Consumer

One (1) Secondary Consumer

Two (2) Service Provider

Motion by Lisa Sawyer and supported by Arletta French to approve the Membership Log. Motion carried.

VIII. CEO REPORT – SANDRA LINDSEY

Sandy noted SCCMHA is working on a new brochure for SCCMHA services. We continue to make headway but it has taken us several years to get this moving again with everything going on.

Demand for mental health services continues to be very high. Getting between 110-150 new consumers requesting services monthly. Workforce shortages have had an impact, but we continue to do the very best we can. Crisis Center continues to be busy as well. Sandy is working with SOM about volume of adolescents that are presenting at Emergency Department. Hopeful to find some sort of remedy for Child Caring Institutions (they did not receive any sort of wage increase passthrough as the rest of us did). 35 individuals presented in February. Attempting to divert from emergency departments.

Sandy is meeting with MDHHS officials with Michigan Hospitals, their association regarding facilities losing money because patients are experiencing long waits for state hospital placements (Sandy is serving as a key informant to this group). State is attempting to do some reorganization in this area, but movement of new money has been very difficult. On Medicaid side, SOM is doing as much as it can with such expenses.

Completed 22-page Rand Corporation (SAMHSA contractor) for CCBHC Demonstration sites. Very technical.

Staff recruitment is going well in some areas but off some in others. Our network is no different. Staffing of drivers and direct care staff for CTN/CTS are really difficult at present to fill these very necessary positions. Sadly there is not likely not to be major change in this in near future.

Sandy was asked to give testimony on realities of what it is like to be a CMH director (operational challenges on the ground, ideas for appropriations for FY 24, list areas we would like to consideration for funding---estimated that \$4 more for direct care to be able to compete, more GF funding as redeterminations of Medicaid eligibilities are set to begin again with ending of Federal Health Emergency). No one has been discharged from Medicaid / Healthy Michigan since the being of COVID-19 Pandemic. Spenddowns will also go back into effect and GF funding has been used in past in support of these folks. Individuals that have moved and not updated their addresses are of particular concern to Medicaid Eligibles. Recommended that we all speak of this in each of our own spheres of influence.

No change in local hospital psychiatric beds in SOM and there is still and estimated Waiting list of over 300 people waiting for state facility placements.

Women of Colors is submitting grant to Health Endowment Fund for implementation opportunities for persons of color and healthcare access. SCCMHA is helping them with this 2-year grant (imbed additional peers here at SCCMHA and also peer recovery

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coaches). Letter of Support has been written but the submission is later on this year. A lot of work but this is going well.

IX. OTHER INFORMATION

- **A.** First Choice Update 01/06/23 MDHHS Press Release 'Michigan Provides Medicaid Enrollees With Information About Options As Eligibility Requirements Restart Following Recent Federal Legislation' 02/16/23
- **B.** L. Bradfield CAC Reappointment Letter 02/21/23
- C. V. Mikolajski CAC Reappointment Letter 02/21/23

X. ADJOURNMENT

Motion by Cheryl Nelson and supported by Arletta French to adjourn the meeting at 6:48 PM. Motion carried.