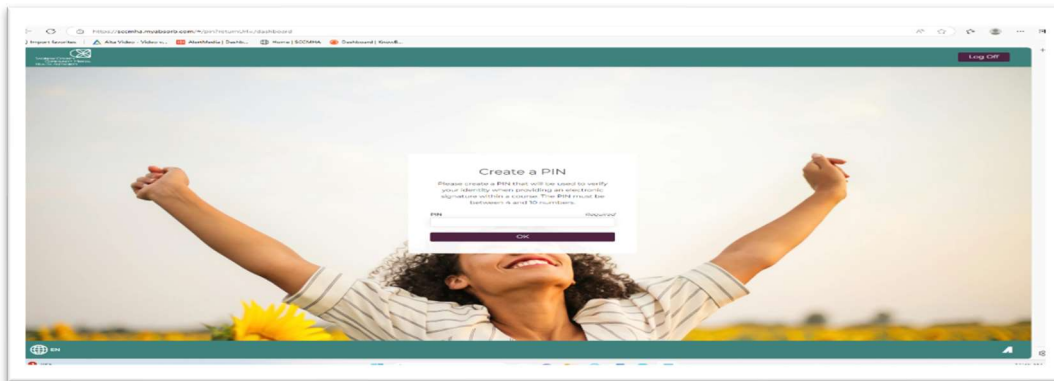


## External Users - Login with Activation Email

### Welcome to SCCMHA's Learning Management System (LMS) - Absorb

1. You will receive an email from Saginaw County Community Mental Health Authority LMS [noreply@myabsorb.com]. Click the link to activate your Learning Management System account (LMS).
2. Once you have opened Absorb, you will be directed to create a PIN.



3. You will then be automatically directed to the Absorb LMS Dashboard

