



Self Determination Delivered October 2026 - December 2026



Things to Do

Frankenmuth Dog Weekend & Scarecrow Fest

When: Sat, Oct 15th - Sun, Oct 16th - 11 AM to 5 PM
Where: Frankenmuth River Place Shops, 925 S. Main St.
Cost: Free Admission, some activities have a small fee.
Pumpkin bowling, painting, pumpkin catapulting, dog performances, and a dog costume contest.



Halloween at the SVRC Market!

When: Friday, Oct 23rd - 5 PM to 6:30 PM
Where: SVRC Marketplace, 203 S. Washington, Saginaw
Cost: Free - Come dressed up in costume.
Vendors will be passing out goodies & more.



Holidays in the Heart of the City

When: Friday, November 20th - 5:30 PM to 8:30 PM
Includes: Free Christmas Concerts, Horse-Drawn wagon rides, open houses at Children's Zoo, Anderson Enrichment Center, Japanese Tea House, and so much more.



Pride Christmas Parade

When: Saturday, November 21st - 11 AM
Where: Parade will begin at corner of Washington and Johnson and go south on S. Washington to Ezra Rust Ave, Saginaw

Dow Gardens Christmas Walk

When: Thursday, December 10th - 5 PM to 8 PM
Where: Dow Gardens, 1809 Eastman Ave. Midland, MI 48640
Take a stroll through the gardens enjoying evenings of candle-light and music.
Cost: Free

Christmas in Kochville

When: Friday, December 11th - 6 PM to 8 PM
Where: Krossroads Park, 5600 Cardinal Square (Across from WalMart). There will be cocoa and cookies, crafts, bonfire, live reindeer, and more!



Creamy Corn Soup

Prep Time: 10 minutes Cook Time: 20 minutes
Total Time: 30 minutes Servings: 4

Ingredients:



- ½ chopped onion
- ¼ cup chopped fresh parsley
- 1 tablespoon butter
- 1 minced garlic clove
- 3 tablespoons flour
- 2 ½ cups milk
- 1 cup chicken broth
- 2 (12oz) cans whole kernel corn, drained
- 2 ½ tablespoons cream cheese
- 1 teaspoon garlic salt
- 1 teaspoon ground black pepper

Directions:

1. Combine onion, parsley, butter, and minced garlic in a pot over medium heat; cook and stir until onions are tender, about 5 minutes.
2. Whisk in flour to make a thick paste; whisk in milk and chicken broth until soup begins to slightly thicken.
3. Stir in corn and cream cheese until heated through.
4. Add garlic salt and black pepper to taste and stir until combined.



SAGINAW COUNTY
COMMUNITY MENTAL
HEALTH AUTHORITY



(989) 792-9732

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Staff Trainings

With the State Mandated Electronic Visit Verification (EVVIE) implemented, please make sure your staff complete their yearly Self Determination trainings in a timely matter. Stuart Wilson's office begins sending out emails at 90, 60, and 30 days before each yearly training expires, giving individuals ample time to complete their trainings. The trainings must be completed before the expiration date, or your staff will not be able to log in to work. The Self Determination Department offers computer lab days for individuals who need assistance with completing the trainings. Please call the Administrative Coordinator, Allison Hamilton at (989) 272-7907 for the computer lab dates and to enroll in a class.

Dance for All

Extreme Dance Arts offers weekly dance classes every Thursday for the entire dance season with participation in the dance recital for a one-time fee of \$20. Class is on Thursdays from 4:30 PM – 5:15 PM at 220 N. Hamilton St. Suite 1 Saginaw, MI. For more information or to register call 989-791-3486.



HEALTHY HABITS



eat healthy food



meditate



keep journal



8 hours of sleep



fresh air and sunshine



listen to favourite music



physical activity



drink more water

SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY

MRSS
MOBILE RESPONSE & STABILIZATION SERVICES

If you are feeling anxious, stressed, or depressed and need someone to talk to, help is available:

Call (989) 272-0275

24 hours a day, 365 days a year



CALL

Dial 211 on your phone



TEXT

Text your ZIP to TXT 211 (898 211)



CHAT

Click Here! Live Chat 24/7



SEARCH

Community Resource Directory

Parents

JUST LIKE ME

Building the village our children deserve.

PARENTS JUST LIKE ME

Parent Support Group



Community



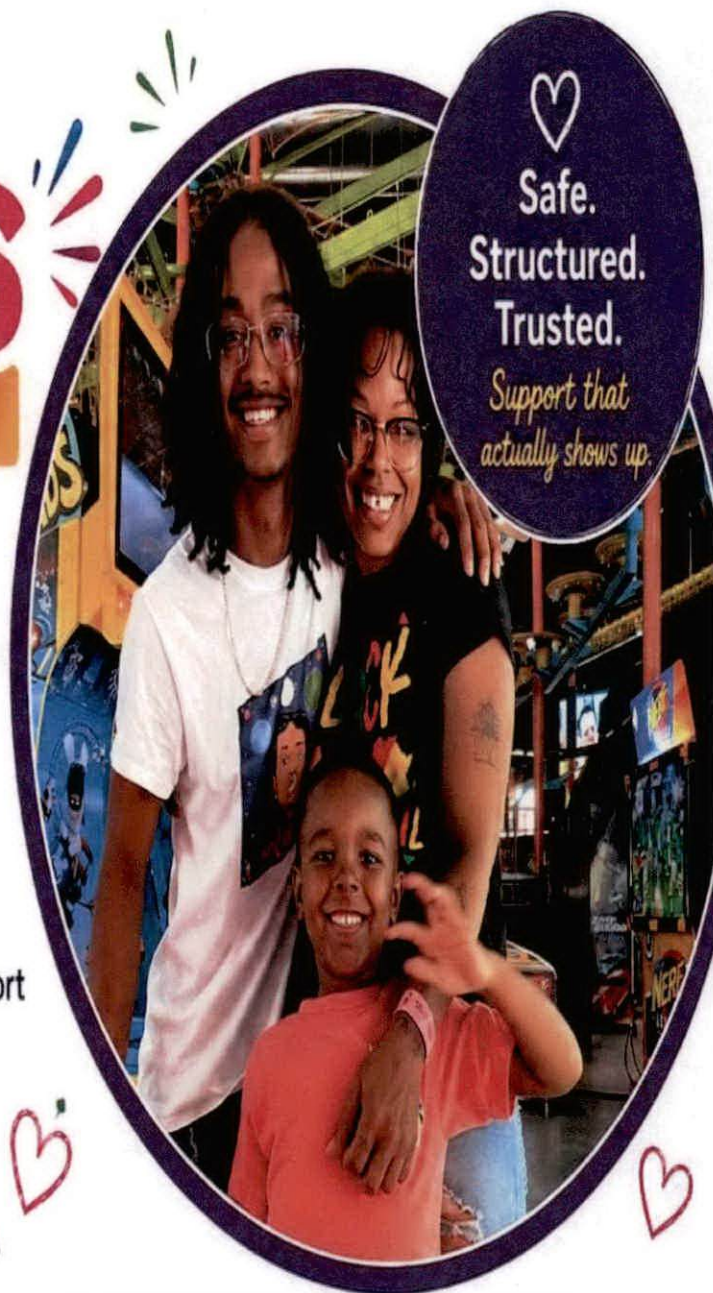
Connection



Support



A safe space for parents and caregivers of neurodivergent children and youth to connect, share resources, and build community.



Safe.
Structured.
Trusted.

*Support that
actually shows up.*



EVERY
4TH SUNDAY
OF THE MONTH!



3:30 PM
TO 5:00 PM

Come as you are. 
Leave with support.



*A Village.
A Brighter
Tomorrow.* 

PARENTS SUPPORTING PARENTS. TOGETHER, WE RISE.



FACT • 3605 Davenport Ave • Saginaw, MI

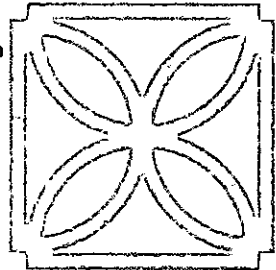
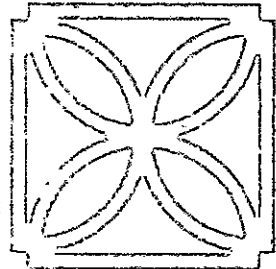
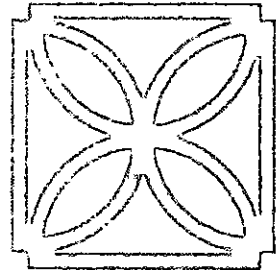
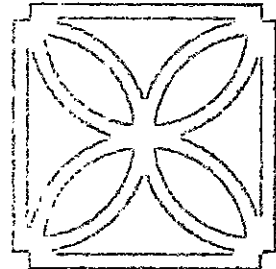
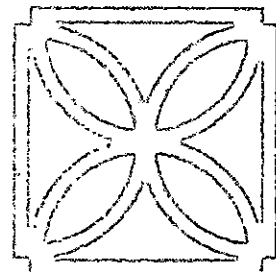


parentsjustlikeme@gmail.com





Self Determination



October 1, 2026

Re: Parents Flyer, Time Sheet/Progress Notes, and Self-Determination Delivered Newsletter

Dear Employer,

Please review and make sure your employees are completing their yearly trainings **before they expire**. Once a training has expired, your employee will **not** be allowed to work until after all expired trainings have been completed.

Also, it is extremely important to make sure that your staff are logging in and out at the physical work location each day. Accurate timekeeping is essential to ensure everyone is getting paid correctly and without delays. Overnights will still need to be completed by paper copy and submitted in person or emailed to payroll@stuartwilsonfi.com. Employers and/or staff may obtain additional copies of the "Self-Directed Time Sheet & Progress Notes" form from our SCCMHA Customer Service Desk located at 500 Hancock in Saginaw. Additional forms are also enclosed.

Last, we hope you enjoy the enclosed Self-Determination Delivered Newsletter! We are always open to suggestions on items you would like to see added to our quarterly newsletter. Please feel free to contact us with any recommendations, questions, or concerns.

Regards,

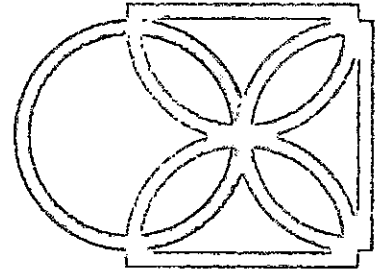
The Self-Determination Department

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Enclosures: Time Sheet/Progress Notes, Parents Like Me Flyer, and Self-Determination Delivered Newsletter

