

Community Ties North October 2023 Newsletter



Headlines

As we head into the Fall season, we are excited to start visiting the Halloween stores, pumpkin farms, and apple orchards. We are definitely enjoying the cooler weather.

This month we started a new program activity called "Sip & Paint" where we get to sip on our favorite beverages while we create artwork that can be displayed throughout the building.

Cooking Class made and enjoyed taco salad, loaded baked potatoes, French fries, cornflake candy and caramel apple bites.

Everyone enjoyed picking out their favorite vehicles at the Frankenmuth Car Show and people watching at the Frankenmuth Octoberfest.

We practiced our American Sign Language at many of the local libraries and CTN staff are learning more signs at each monthly meeting.

The staff at the Flint Art Gallery are always happy to see us when we arrive to try our hand at new types of arts and crafts.









Important Dates

Mondays- Shopping & Fall activities Tuesdays - Art Gallery & Grocery shop Wednesdays- Cooking Class Thursdays - Coffee Club & Goodwill Fridays - Make-overs & Fall activities

*If there is a special outing, we will send notes home.

<u>Program Closures</u>

October 20 - Staff Meeting

October Birthday

Richard M

CONTACT US

As always, if you have any questions, comments, or concerns please feel free to contact us.

We would love to help!

Main Number (989)272-7208

Jennifer (CTN Supervisor) (989)793-3600

Melissa (Program Coordinator) (989)797-3456

Meet the Staff

Melissa Gray has worked for SCCMHA for 12 years and has held the position of CTN Service Coordinator for 6 years. She worked hard to achieve her bachelor's degree. Her favorite thing about her job is seeing the unique personality of each person who attends program. In her time off she likes to travel and find unique people and places to photograph. She hopes that one day to travel to Scotland. Her favorite saying is "Always Keep Fighting" and her son is her absolute favorite person in the world.

October 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Midland Dow Library Guitar Center - Twylena Cardio Drumming	Art Gallery Grocery shopping Barnes & Noble - Melony	Cooking Class Bay City Mall - walking	Cultivate Leaman's Green Applebarn Goodwill of Birch Run - Melony	Make-over Day & Frankenmuth Spirit of Halloween Midland Melony
9	10	11	12	13
Johnson's Pumpkin Farm Bay City Antique Shop - Donovan & Jackie	Art Gallery Grocery shopping Montrose Orchards - Melony	Cooking Class Maria's Mexican Restaurant - Melony & Stephanie	Cultivate -Goodwill of Birch Run - Melony	Make-over Day - Stephanie & Jackie Leaman's Green Applebarn - Yusenia Johnson's Pumpkin Farm - Twylena
16	17	18	19	20
Leaman's Green Applebarn Guitar Center - Twylena	Art Gallery Grocery shopping Movie theater - Stephanie & Jackie Barnes & Noble - Melony	Cooking Class Make-over Day Saginaw Antique Shop - Donovan & Jackie	Cultivate Goodwill of Birch Run - Melony	CTN Closed Training
23	<i>'</i>	25	26	27
Freeland Antique Shop - Donovan & Jackie Panda House luncheon - Stephanie & Isabel	Art Gallery Grocery shopping Montrose Orchards - Melony	Cooking Class Johnson's Pumpkin Farm	Cultivate Goodwill of Clio - Melony	Make-over Day Leaman's Green Applebarn - Yusenia Johnson's Pumpkin Farm - Twylena
30	Halloween 31	_		
Midland Dow Library Guitar Center - Twylena	Halloween Party	_	o change due to weather, ers choose participate in e	<u> </u>