Community Ties North December 2023 Newsletter



## <u>Headlines</u>

During November, we took our first trip to meet the horses at Serenity Equine Facility. We also volunteered at the East Side Soup Kitchen, took a clay sculpting class at SVSU, and went antique shopping.

We would like to extend our great appreciation to Meijer on Gratiot Rd for their generosity, as they have provided our consumers with delicious Thanksgiving and Christmas dinners.

As the weather gets colder, some people are choosing to participate in activities at CTN. We are making crafts, playing games, having trivia competitions, having makeovers, and doing fun exercises.

We are still painting and hiding rocks. If you find one, please be sure to post a picture on our Facebook page called Dream Rocks ~CTN~.





# Meet the Staff

Stephanie has worked as a Mental Health Activity Aid for over 7 years. Her favorite part of her job is seeing the guys and gals smile as soon as they walk through the door. When she is not working, she enjoys spending time with her family, taking long walks, and shopping. She collects sunflowers, angels, Paris themed items and she loves sloths. The person that she looks up to is her mother. One day she would love to see Paris or Italy and she hopes to return to Hawaii and New York.

### **Important Dates**

Mondays- Soup Kitchen Tuesdays - Shopping Wednesdays- Cooking Class Thursdays - Cultivate Fridays - Make-over Day If there is a special outing that need additional funds, we will send a note home.

#### Program Closures

Dec. 8 Staff Meeting Dec. 25 – Jan. 2 Winter Break

Program will be <u>open</u> on Dec. 15 (third Friday of the month)

Program will resume after winter break on Wednesday, January 3

## **December Birthdays**

Stephanie Tina Demarcus Nancy James Jason Torrance Jason Kyle Gerald James Isabel (staff)

## CONTACT US

As always, if you have any questions, comments, or concerns please feel free to contact us. We would love to help!

Main Number (989)272-7208

Jennifer (CTN Supervisor) (989)793-3600

Melissa (Program Coordinator) (989)797-3456

December 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
Outings are subject to change due to weather, staffing, and what the consumers choose participate in each day.				<b>1</b> Make-over Day Skit/Play practice - Melony Burlington - Donavan Christmas Wish List
4	5	6	7	8
Soup Kitchen Cardio Drumming Skit/Play practice - Melony	Grocery Shopping Skit/Play practice - Melony	Cooking Class Serenity Equine Facility Delta Winter Art & Craft Show- Melony & Twylena	Cultivate Skit/Play practice - Melony	CTN Closed
11	12	13	14	15
Soup Kitchen Skit/Play practice - Melony	Art Gallery - Isabel & Twylena Skit/Play practice - Melony Serenity Equine Facility	Elvis Concert	Cultivate Skit/Play practice - Melony Picture collage party - Twylena	Christmas Party (lunch will be provided)
18	19	20	21	22
Soup Kitchen Santa's Workshop Castle Museum - Melony & Felicia	Santa's Workshop Bronners - Melony & Twylena	Santa's Workshop CTN Hot Cocoa and Movie in yout PJ's!	Santa's Workshop Cultivate Castle Museum - Melony & Felicia	Santa's Workshop Bronners to visit Santa - Melony & Felicia Consumer's choice
Christmas Day 25	26	27	28	29
SCCMHA and CTN Closed	SCCMHA and CTN Closed	CTN Closed	CTN Closed	CTN Closed
1/1/2024	1/2/2024	1/3/2024		
SCCMHA and CTN Closed	SCCMHA and CTN Closed	CTN Program Reopens		