## **CTS OCTOBER 2023 NEWSLETTER**

October is here which means lots of fun at CTS! It also means that consumers should have a couple layers of clothing on hand at CTS so that they can be warm and dry from the falling temperatures and changing weather while on outings. (Jacket, sweatshirt, gloves, hat). Outings will continue despite cooler temperatures outside.



### CTS Staff Highlights

**Tiffany Holland** MHAA has been with SCCMHA since 2021 and loves her job. Specifically, Tiffany finds great enjoyment ensuring that consumers experience & enjoy meaningful activities. Tiffany has 2 children 8 & 11 and enjoys supporting them in Cheerleading, Basketball and Football. She enjoys walking and living a healthy lifestyle and always has a smile on her face.





## \*Important Dates\*

Wednesday & Friday Senior Center
10/5 -Johnson's Pumpkin Farm
10/10 - Delta College Swimming
\$6 admission.

10/11 – Bowling at Colonial Lanes

10/13 - Pumpkin Ridge Farms

10/19 - UofM/MSU Tailgate in PM

10/23 - Uncle John's Pumpkin Patch

10/25 – ALL PROGRAM HAYRIDE, Cider & Donuts! Montrose Orchard

10/30 − ALL PROGRAM Halloween Movies & BINGO! 10/31 − ALL PROGRAM Halloween Pizza Party! Lunch will be provided <sup>©</sup>

#### **CONSUMER BIRTHDAYS**

10/19 - Shanequa

10/20 - Elizabeth

#### **CTS Contact Numbers:**

Front Desk – (989) 272-7204 Julie Bitterman CTS Supervisor - (989) 272-7226 Annie Midcalf Service Coordinator (989) 272-7206



# CTS OCTOBER 2023 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 All Program Planning &Budgeting	Mall Walking w/Sarah Working on Goals w/Allie Cardio-Drumming with Rashell & Julie	4 Senior Center w/ Tiffany Nails & Goals w/Rashell YMCA w/Allie & Candace Talent Show w/Sarah	5 Johnson's Pumpkin Farm w/Denise &Tiffany Frankenmuth Library w/Sarah & Allie Spirit Halloween w/Rashell	6 Senior Center w/ Tiffany Halloween Craft w/Rashell Craft day w/Allie Soup Kitchen w/Sarah
9 Rock Painting w/Tiffany YMCA w/Sarah Montrose Telephone Museum w/ Allie &Candace Nails & Goals w/Rashell Recycling w/Julie	10 Delta College Swimming w/Julie &Sarah Consumer Choice w/Rashell Library w/ Allie Park w/ Tiffany	11 Senior Center w/ Tiffany Bowling at Colonial Lanes w/ Sarah &Deborah Game Day w/Allie Goodwill w/Rashell	12 Cooking Class (Pizza) w/Julie &Sarah Mall walking w/ Rashell Craft Day w/Allie Halloween Store w/Tiffany	13 Senior Center w/ Tiffany SVRC Marketplace w/Sarah Pumpkinridge Farms w/Allie Halloween Craft w/Rashell
16 Frankenmuth Library for Halloween stories w/ Julie&Sarah Game Day w/Rashell Craft Day w/Allie	17 Flint Farmer's Market w/Sarah Tie dye with Tiffany Consumer Goals w/Allie Montrose Orchard w/ Rashell	18 Senior Center w/ Tiffany Dance Class at Studio 3 w/ Julie &Sarah Halloween craft w/Rashell YMCA w/ Allie Cheese Haus w/Denise	19 Park for Leaves (craft) w/ Sarah Library w/ Allie Caer Center w/ Rashell PM MSU/UofM Tailgate Party w/ Julie Dollar Tree w/ Tiffany	CLOSED FOR STAFF DEVELOPMENT!
23 Uncle John's Pumpkin Patch w/ Tffany Cooking Class (quesadillas) w/ Sarah&Julie Craft Day w/ Allie Telling time w/Rashell	24 Soup Kitchen/Hoyt Library for Halloween stories w/Sarah&Julie Consumer's Choice w/Rashell Library w/Allie Sam's Club for Lunch w/Tiffany	25 ALL PROGRAM MONTROSE ORCHARD-CIDER-DONUTS	26 Shop for Supplies w/Tiffany Flint Farmer's Market w/ Sarah Craft Day w/ Allie Goodwill w/Rashell Recycling w/Julie	27 Senior Center w/ Tiffany Halloween Craft w/ Rashell Game Day w/ Allie Sam's Club w/ Sarah&Denise
30 ALL PROGRAM HALLOWEEN MOVIE & BINGO	31 ALL PROGRAM HALLOWEEN PARTY- *Pizza lunch will be provided	Bold and highlighted outings are scheduled lunch outings. If your consumer plans to attend, they do not need a lunch, just money. Please make sure to send a lunch on all other days. For ALL PROGRAM DAYS please bring a sack lunch as it's easier to dispose of after eating.	**Just a reminder that on all program days, there will only be one activity offered unless otherwise specified. Please make this known to your consumers. Thank you!	Hello, October