



# Community Ties North November 2023 Newsletter



## Headlines

As we approach the holidays, we continue visit Johnson's Pumpkin Farm and Leaman's Green Applebarn for cider and donuts and Cultivate for hot beverages. We also enjoyed seeing the decorations at the Frankenmuth Scarecrow Festival.

During October we also visited the Flint Art Gallery Vista Center and created artwork that was proudly displayed in their windows. We also had a chance to play musical instruments at the Guitar Center, shop at thrift stores, dine at Maria's Mexican restaurant, and volunteer at the Soup Kitchen.

Cooking class made breakfast burritos, sloppy joes, birthday cake, and monster cookies and enjoyed every bite.

Serenity Equine Facility has offered us the opportunity to work with therapy horses. If you received consent forms for this, please return both forms as soon as possible.

Included with this newsletter/calendar are the Guidelines for Illness and the Winter Reminders. Please read over both informational pages thoroughly.



## Meet the Staff

Isabel is one of our senior staff members, having worked at CTN as an Activity Aid for 13 years. She earned her associate degree from Delta College. Her favorite part of her job is supporting people as they do new things and seeing the smile on their faces. When not working, she is a busy mom and grandmother. She collects angels, enjoys cooking, traveling, helping others, planting flowers and being involved in her community. Her favorite saying is "It is what it is." She looks up to her father. She is bilingual and she hopes to visit her family in Texas and in Mexico City one day soon. She also wants to visit Italy.

## Important Dates

Mondays- Volunteer at Soup Kitchen  
Tuesdays – Grocery shopping  
Wednesdays- Cooking Class  
Thursdays – Cultivate  
Fridays – Makeovers & games

If there is a special outing that need additional funds, we will send a note home.

## Program Closures

Nov. 10 – Veteran's Day  
Nov. 17 – Staff Meeting  
Nov. 23 & 24 – Thanksgiving

Daylight saving time will end on Nov. 5. Don't forget to set your clocks back.



## November Birthdays

Paquita Lawrence Crispin  
Eric Yusenia (staff)

## Contact Us





As always, if you have any questions, comments, or concerns please feel free to contact us. We would love to help!

**Main Number**  
**(989)272-7208**

**Jennifer (CTN Supervisor)**  
**(989)793-3600**

**Melissa (Program Coordinator)**  
**(989)797-3456**

# November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b>	<b>2</b>	<b>3</b>
Outings are subject to change due to weather, staffing, and what the consumers choose participate in each day.		Cooking Class SVRC Marketplace Open choice	Cultivate Castle Museum Bay City Mall - walking	Makeovers - Stephanie Sip & Paint - Melony CTN - Game Day
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>Veterans Day 10</b>
Cardio Drumming Soup Kitchen Fashion Square Mall - walking	Grocery shopping Art Gallery at Vista Center Open choice	Bowling Cooking Class Dollar General	SVSU Museum-Sculpting Cultivate CTN - Craft Day	<b>SCCMHA and CTN Closed</b> 
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Bay City Mall walking Soup Kitchen Open choice	Bay City Antique Store Birch Run - rock hiding	Thanksgiving Party (lunch will be provided)	Cultivate Bronners SVRC Marketplace	<b>CTN Closed</b> 
<b>20</b>	<b>21</b>	<b>22</b>	<b>Thanksgiving 23</b>	<b>24</b>
CTN - Trivia & Word Games Soup Kitchen Fashion Square Mall - rock hiding	SVSU Museum-Sculpting Grocery shopping Bridgeport Library - storytime	Makeovers & Cultivate Cooking Class Bronners	<b>SCCMHA and CTN Closed</b> 	<b>SCCMHA and CTN Closed</b> 
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Guitar Center Soup Kitchen Sage Branch Library - storytime	Grocery shopping Art Gallery at Vista Center CTN - Exercise Class	Makeovers Cooking Class Freeland Antique Store	CTN Movie & Popcorn Day	