

**SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY
CITIZENS ADVISORY COMMITTEE MEETING
FEBRUARY 1, 2024 6:00 PM
Minutes**

PRESENT: Ann Finta, Cheryl Nelson, Jim Nesbit, Vicki Mikolajski, Lyn Bradfield, Tracey Roat, Maggie Davis, Judith Hascall, Duke Peltier, Lesia McAfee

ABSENT: Lisa Sawyer

STAFF: Sandra Lindsey, Charlotte Fondren, Kristie Wolbert, Ryan Mulder

GUESTS: Bridgett Townsend

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:00 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of November 2, 2023.

Motion made by Vicki Mikolajski and supported by Jim Nesbit to approve the minutes of November 2, 2023 as written. Motion carried.

II. COMMUNITY TIES PROGRAM PERFORMANCE SURVEY RESULTS

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disability presented the recent 2023 Community Ties Program Performance Survey Report. The following was noted:

- Community Ties Program supports consumers as they experience community integration as per Home and Community Based Services (HCBS) standards through daily opportunities provided by these programs for meaningful activities, exercising choice, and building relationships and community partnerships.
- Review of Survey Results:
 - 86 Surveys distributed to guardians, consumers, AFC homes, Support Coordinators, Occupational Therapists, and Supervisors for those who attended CTN and CTS distributed 71 surveys to those participating. Of the 157 program surveys distributed, 79 were completed (52%).
- Charlotte explained that the next step would be the formulation of Quality Improvement Plans for areas of concern.

The Committee was able to ask questions / make comments. See document for details.

motion made by Maggie Davis and supported by Lesia McAfee to receive and file the 2023 Community Ties Program Performance Survey Report as presented. Motion Carried.

III. 2023 SELF-DETERMINATION SATISFACTION SURVEY REPORT

Charlotte Fondren, Director of Services for Persons with Intellectual and Developmental Disability reviewed the 2023 Self-Determination Satisfaction Survey Results. The following was noted:

- Measures performance of self-determination services and supports which incorporates a set of concepts and values including freedom, choice, and control so that consumers can live a self-determined life.
- Survey Results & Comments from consumers/consumer families were discussed (169 sent and 54 returned – 32%)
- There was also a presentation of survey results from SD provider staff and Supports Coordinator case holders.
Survey Results were reviewed as well as Comments by those completing surveys. (350 surveys were sent and 73 returned – 21%)
- Performance Improvement Plan (Improvement Opportunities):
 - Upcoming
- As of right now there are currently 223 Total Consumers in Self-Determination services.

The Committee was able to ask questions / make comments. See document for details.

Motion made by Maggie Davis and supported by Lesia McAfee to receive and file the 2023 Self-Determination Satisfaction Survey Report as presented. Motion Carried.

IV. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]

Kristie Wolbert, Chief of Clinical Services gave an update on CCBHC.

- 4139 Enrolled in CCBHC (2921 adults & 1218 children)
- 3196 Sentri CCBHC De
- Evidence-Based Practice Zero Suicide

Motion made by Tracey Roat and supported by Jim Nesbit to receive and file the CCBHC Advisory Council Update as presented. Motion Carried.

V. NEW BUSINESS

A. MSHN Citizens Advisory Council Update – 12/08/23

See pages 13-14 in tonight's packet for the Snapshot from this meeting.

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness
- **Zero Suicide NEW**
- **Veterans Navigators NEW**

VI. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Vicki Mikolajski and supported by Maggie Davis to approve the Attendance Log. Motion carried.

B. Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still four (4) vacancies:

Three (3) Community
One (1) Service Provider

Ryan also noted that the following CAC members' terms are expiring in 2024: Ann Finta, Lisa Sawyer and Jim Nesbit. Each of these members agreed that they would like to be reappointed to the CAC. Ryan will be sure to include their reappointment at the next SCCMHA Board meeting.

Motion by Judith Hascall and supported by Vicki Mikolajski to approve the Membership Log. Motion carried.

Motion by Jim Nesbit and supported by Vicki Mikolajski to recommend Bridgett Townsend for new appointment to the SCCMHA CAC Committee. Motion carried.

VII. CEO REPORT – SANDRA LINDSEY

No Report.

VIII. OTHER INFORMATION

- A. First Choice Holiday Event 2023 Update
- B. Press Release 'SCCMHA providing free mental health first aid to Saginaw County residents and employers' – 01/12/24
- C. [BWell Press Conference Video – 01/23/24](#)
- D. WNEM 'Saginaw Co. Volunteers take part in PIT count to help homeless' – 01/24/24
- E. February is Black History & American Heart Month

IX. ADJOURNMENT

Motion by Maggie Davis and supported by Jim Nesbit to adjourn the meeting at 6:58 PM. Motion carried.