SAGINAW COUNTY COMMUNITY MENTAL HEALTH AUTHORITY CITIZENS ADVISORY COMMITTEE MEETING MAY 2, 2024 6:00 PM Minutes

- **PRESENT:** Ann Finta, Cheryl Nelson, Jim Nesbit, Vicki Mikolajski, Lyn Bradfield, Tracey Roat, Maggie Davis, Duke Peltier, Lisa Sawyer, Bridgett Townsend
- **ABSENT:** Judith Hascall, Lesia McAfee
- STAFF: Sandra Lindsey, Kristie Wolbert, Ryan Mulder

GUESTS:

I. CALL TO ORDER

Ann Finta, Chair called the meeting to order at 6:02 p.m. Verification of the public posting was acknowledged and a quorum was established.

Ann welcomed everyone to tonight's meeting. Review and Acceptance of the Minutes of March 7, 2024.

Motion made by Vicki Mikolajski and supported by Bridgett Townsend to approve the minutes of March 7, 2024 as written. Motion carried.

II. CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHC) ADVISORY COUNCIL – UPDATE [FEB / MAY / AUG / NOV]

Kristie Wolbert, Executive Director of Clinical Services presented an update on CCBHC. The following was noted:

- Map of CCBHC Sites in Michigan
- CMHA Outcomes from Michigan CCBHC Sites
 - Improved Access to Behavioral Health Services
 - Serving More With Less
 - Improved Access to SUD Services
 - Improved Access to Primary Care / Collaboration with Law Enforcement / Increase in Peer Support Services / Service for Veterans
- Saginaw CCBHC Enrollment Demographics

The Committee was able to ask questions / make comments. See document for details.

Motion made by Jim Nesbit and supported by Vicki Mikolajski to receive and file the CCBHC Update. Motion Carried.

III. REVIEW OF CITIZENS ADVISORY COMMITTEE TO SCCMHA BOARD POLICY – 01.01-05 (SIGNING OF CONFIDENTIALITY AGREEMENTS)

Ryan noted that all SCCMHA Board Policies are reviewed annually so we're bringing this policy to tonight's CAC meeting. *See CAC packet for complete details.*

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After review, the Committee recommended a couple of changes that will be formally approved at the June 10 SCCMHA Board of Directors meeting.

We also need to have signed version of 2024 Confidentiality Agreements also. They were distributed to members at meeting.

Motion made by Maggie Davis and supported by Vicki Mikolajski to approve process for review of policies as presented. Motion Carried.

IV. SELECTION OF NOMINATING COMMITTEE (2 MEMBERS) FOR OFFICERS The Citizens Advisory Committee (CAC) discussed Chair and Vice Chair positions and Selection of Nominating Committee. Current officers are Ann Finta – Chair, Vicki Mikolajski – Vice Chair and Cheryl Nelson – Secretary.

Ann Finta, CAC Chair asked Jim Nesbit and Bridgett Townsend to participate in a SCCMHA Nominating Committee (both agreed to do so). Other interested members wishing to serve as an officer (Chair, Vice Chair or Secretary) are encouraged reach out Jim or Vicki. A potential slate of officers is to be brought to the next meeting for further discussion or an election on June 6th.

V. NEW BUSINESS

A. MSHN Citizens Advisory Council Update

B. Future CAC Agenda Items

If the CAC has any other subjects they would like to see covered, they are encouraged to send their ideas to Ryan. Recommendations as of today's meeting include:

- MRSS Follow up
- CMU Co-Location Project
- Transition Aged Youth TAY Program
- School-based Mental Health
- Client Health Self-Management Project
- STARS Rides for Wellness
- Zero Suicide
- Veterans Navigators
- Service Delivery / Barriers

VI. OLD BUSINESS

A. Attendance Log

The Attendance Log was reviewed by the Citizens Advisory Committee.

Motion by Bridgett Townsend and supported by Vicki Mikolajski to approve the Attendance Log. Motion carried.

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B. Membership Log

The Membership Log was reviewed by the Citizens Advisory Committee. It was noted there are still three (3) vacancies:

Three (3) Community

Ryan reported that the SCCMHA Board will take up CAC reappointments at next Monday's meeting.

Motion by Jim Nesbit and supported by Lyn Bradfield to approve the Membership Log. Motion carried.

VII. CEO REPORT – SANDRA LINDSEY

Sandy noted that CCBHC will be SCCMHA's single preoccupation while we work on CCBHC Recertification.

A Saginaw Baby Court is starting and Sandy is beginning to meet with colleagues from Courts and SCCMHA staff to begin planning. New staff member already hired (coordinator). Infant mental health services are being provided by our own staff.

Sandy presented a brief overview of the Medical Diamond development and the recent video from media coverage was viewed by CAC. Aim is to bring learners and their families to the Saginaw community. Includes a new Behavioral Health Center and expansion site for GLBHC, Public Health and potentially SCCMHA as well. Architects are internationally known (specialty urban cores near rivers). Coverage was a follow up to event at Horizons on April 16. Most ambitious piece of development in Saginaw in Sandy's career. We will be hearing more about this planning as things develop.

Will begin work on Annual Report this summer for hopeful release by end of July.

VIII. OTHER INFORMATION

- A. May is Mental Health Awareness Month, Children's Mental Health Awareness Week (May 5-11) & Children's Mental Health Awareness Day (May 7)
- B. WNEM 'Baby court program expanded to Saginaw Co.' 04/14/24
- C. ABC-12 'Photos, models of proposed Saginaw Medical Diamond project revealed' 04/17/24
- D. ABC-12 'New bay court program in Saginaw County working to keep kids with families' 04/18/24

IX. ADJOURNMENT

Motion by Vicki Mikolajski and supported by Tracey Roat to adjourn the meeting at 7:00 PM. Motion carried.