



# Community Ties North September 2024 Newsletter



## Headlines

We have been taking full advantage of the beautiful summer weather and visiting some of our favorite places. We enjoyed the water at Celebration Square Splash Park and we fed the ducks at Stepping Stone Falls. Fishing Club had a lot of “fish tales” to tell after they got back from fishing at Bigelow Park. Cultivate Coffee & Tea for conversation and lunch at many of the local parks are always great group activities. It is a rewarding experience for our “Miracle Poppers” to make popcorn for patients at Hurley Medical Center. We took apples and carrots to Serenity Horse Farm where we got to pet the horses. One of the horses likes to smile for us. For those that prefer to spend their day at CTN, we had makeover days, water gun fights, exercise videos, trivia contests, and our own version of cardio drumming. There is always something fun to do for everyone and we are looking forward to the fall activities coming soon.



## Special Outings Offered

- Cultivate Coffee & Tea
- Hurley Children’s Hospital
- Johnson’s Pumpkin Farm
- Spirit Halloween Store
- Antique Toy & Firehouse Museum

If there is an outing that requires money, we will send a note home.

## Program Closures

- Sept. 2 – Labor Day
- Sept. 20 – Staff Meeting

## September Birthdays

- |        |                 |
|--------|-----------------|
| Jewel  | Aaron           |
| Eddie  | Melanie         |
| Willie | Felicia (staff) |

## Our Vision

- A belief in potential
- A right to dream
- An opportunity to achieve

## Meet the Staff







We would like to welcome Jasmine to CTN, where she will be working as an Activity Aide. She enjoys engaging with individuals and sharing light and laughter to make their day brighter. In her personal time, she enjoys golfing, shopping, exercising, and spending time with her family. She also likes to cook and try new recipes. She is inspired by her mother, who has shown resilience through adversity. Jasmine’s favorite quote is “Be the change that you want to see.”

## CONTACT US

As always, if you have any questions, comments, or concerns please feel free to contact us. We would love to help!

- Main Number (989) 272-7208**
- Jennifer (CTN Supervisor)**  
**(989) 793-3600**
- Melissa (Program Coordinator)**  
**(989) 797-3456**

# September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Labor Day 2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<p><b>SCCMHA &amp; CTN</b> <b>Closed</b></p> 	<p>Spirit Halloween Bay City State Park CTN - Pictionary</p>	<p>Hurley Medical Center Fishing CTN - Music Class</p>	<p>Cultivate Coffee &amp; Tea Grocery shop for Cooking Class CTN - Puzzle Day</p>	<p>Frankenmuth Auto Fest CTN - Cooking Class CTN - Dancing exercises</p>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<p>Cardio Drumming Goodwill CTN - Adult Coloring</p>	<p>Cultivate Coffee &amp; Tea GHS Vista Center CTN - Table Top Games</p>	<p>Hurley Medical Center Frankenmuth River Place Shops CTN - Bingo</p>	<p>Barnes &amp; Noble Saginaw Children's Zoo CTN - Scrapbooking</p>	<p style="text-align: center;">BBQ Disco (lunch will be provided)</p> 
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<p>Antique Toy &amp; Firehouse Museum of Bay City Fishing CTN - Trivia</p>	<p>Delta pool Fall color tour CTN - Bingo</p>	<p>Ice Cream Social Cultivate Coffee &amp; Tea CTN - Arts &amp; Crafts</p>	<p>Bridgeport Library Farm &amp; Flea Market CTN - Cardio Drumming</p>	<p style="text-align: center;"><b>CTN</b> <b>Closed</b></p> 
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<p>Bridgeport Library Garage Sales CTN - Cardio Drumming</p>	<p>Birch Run Pizza Saginaw Children's Zoo CTN - Pictionary</p>	<p>Hurley Medical Center Participant Choice outing CTN - Weight exercises</p>	<p style="text-align: center;">All program outing - Wilderness Trail Zoo</p> 	<p>Cultivate Coffee &amp; Tea Saginaw Farmer's Market CTN - Movie Day</p>
<b>30</b>				
<p>Johnson's Pumpkin Farm Saginaw Children's Zoo CTN - Bulletin Boards</p>	<p><b>Outings are subject to change due to weather, staffing, and what the individual chooses to participate in each day.</b></p>			